

3rd Annual Adamant 20 Miler and Relay
 April 28, 2012
 Adamant, VT

*****OVERALL RESULTS*****

Place	Div/Tot	Name	R	Age	S	City	St	Leg1	Time	Pace
1	1/6	David Herr	I	47	M	Canaan	VT	1:07:45	2:04:58	6:15
2	1/8	Kyle Powers	I	23	M	Waterford	VT	1:07:40	2:11:29	6:35
3	2/8	Thomas Houghton	I	21	M	Calverton	NY	1:13:24	2:11:33	6:35
4	1/8	Jake Marren	I	30	M	Montpelier	VT	1:13:25	2:11:45	6:36
5	2/6	Tim Shea	I	42	M	Montpelier	VT	1:15:58	2:16:12	6:49
6	3/8	David Ozahowski	I	28	M	Thetford	VT	1:15:40	2:17:48	6:54
7	2/8	Jon Copans	I	37	M	Montpelier	VT	1:17:31	2:18:25	6:56
8	4/8	Joseph Kill	I	22	M	Lyndonville	VT	1:11:29	2:18:28	6:56
9	3/6	Rowly Brucken	I	43	M	Northfield	VT	1:16:39	2:18:56	6:57
10	1/5	Craig Peirce	I	51	M	Newport	VT	1:17:07	2:20:59	7:03
11	3/8	Jason Wulff	I	33	M	Waterbury	VT	1:18:13	2:21:09	7:04
12	5/8	Matt Ozahowski	I	26	M	Thetford	VT	1:13:26	2:25:36	7:17
13	4/8	Justin Ryea	I	33	M	S Burlington	VT	1:24:39	2:28:50	7:27
14	4/6	Chris Royer	I	47	M	Coventry	VT	1:19:44	2:29:04	7:28
15		Sue & Bob Emmons	R			S Duxbury	VT	1:19:22	2:29:21	7:29
16		L Stephen/G Gerdel	R			E Montpelier	VT	1:38:47	2:32:45	7:39
17		John & Sue Hackney	R			Montpelier	VT	1:26:29	2:37:53	7:54
18	5/8	Chris Bernier	I	30	M	Waterbury Ctr	VT	1:28:26	2:41:33	8:05
19	2/5	Steven Snook	I	52	M	Newbury	VT	1:28:38	2:42:43	8:09
20	6/8	Michael Klass	I	35	M	Manchester	NH	1:30:47	2:45:32	8:17
21	3/5	Ron Osborn	I	52	M	Johnson	VT	1:38:45	2:55:51	8:48
22	1/3	Chuck Arnold	I	64	M	Burlington	VT	1:33:29	2:57:24	8:53
23	1/3	Amber Van Zuilen	I	28	F	Colchester	VT	1:34:35	2:57:55	8:54
24		J.Martin/D.Erickson	R			M Williamstown	VT	1:42:24	2:58:25	8:56
25	1/1	Jill Smith	I	33	F	S Burlington	VT	1:37:23	3:00:22	9:02
26	7/8	Skip Harris	I	38	M	Essex	VT	1:37:20	3:00:38	9:02
27	6/8	Andrew McAvoy	I	28	M	Montpelier	VT	1:38:50	3:01:30	9:05
28	7/8	Alan McGrath Jr	I	27	M	Lyndonville	VT	1:37:21	3:03:31	9:11
29	4/5	Dave Hammond	I	51	M	Huntington	VT	1:38:11	3:03:34	9:11
30	1/2	Christina Lang	I	40	F	Stoughton	MA	1:40:22	3:06:42	9:21
31	8/8	Rob Mitchell	I	34	M	Rutland	VT	1:31:07	3:09:42	9:30
32	5/5	Randall Gates	I	51	M	N Ferrisburgh	VT	1:37:46	3:10:37	9:32
33	2/3	Crystal Tetrault	I	28	F	Island Pond	VT	1:47:05	3:19:23	9:59
34	5/6	Morgan Ecklund	I	44	M	Calais	VT	1:42:24	3:22:34	10:08
35	8/8	Wade Hackerson	I	25	M	Montpelier	VT	1:49:29	3:29:15	10:28
36	2/3	Russ Cooke	I	60	M	Williston	VT	1:51:41	3:29:38	10:29
37	1/2	Ellie Bouffard	I	51	F	Colchester	VT	1:51:43	3:29:38	10:29
38		G.Pelkey/B.Diedrich	R			F Waterbury	VT	1:51:37	3:32:31	10:38
39	2/2	Sandy Colvin	I	43	F	Montpelier	VT	1:51:39	3:32:32	10:38
40	6/6	Tim Rothfuss	I	42	M	Lebanon	NH	1:55:02	3:35:06	10:46
41	3/3	John Kaeding	I	64	M	Worcester	VT	1:59:16	3:37:41	10:54
42	2/2	Kathy Bean	I	54	F	Boothbay Harbo	ME	2:18:32	4:18:41	12:57
43	3/3	Caitlin Weaver	I	29	F	Lyndhurst	NJ	2:08:13	4:41:20	14:04

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***** AGE GROUP RESULTS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Amber Van Zuilen 28 Colchester VT 2:57:55
Record 2:32:57 by Nicole Yokum in 2010

***** MALE OVERALL RESULTS *****

1 David Herr 47 Canaan VT 2:04:58
New record. Old record 2:10:21 by David Herr in 2010

FEMALE AGE GROUP 01 - 19

MALE AGE GROUP 01 - 19

FEMALE AGE GROUP 20 - 29

1	23	Amber Van Zuilen	28 Colchester	VT 2:57:55
2	33	Crystal Tetrault	28 Island Pond	VT 3:19:23
3	43	Caitlin Weaver	29 Lyndhurst	NJ 4:41:20

MALE AGE GROUP 20 - 29

1	2	Kyle Powers	23 Waterford	VT 2:11:29
2	3	Thomas Houghton	21 Calverton	NY 2:11:33
3	6	David Ozahowski	28 Thetford	VT 2:17:48
4	8	Joseph Kill	22 Lyndonville	VT 2:18:28
5	12	Matt Ozahowski	26 Thetford	VT 2:25:36
6	27	Andrew McAvoy	28 Montpelier	VT 3:01:30
7	28	Alan McGrath Jr	27 Lyndonville	VT 3:03:31
8	35	Wade Hackerson	25 Montpelier	VT 3:29:15

FEMALE AGE GROUP 30 - 39

1	25	Jill Smith	33 S Burlington	VT 3:00:22
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MALE AGE GROUP 30 - 39

1	4	Jake Marren	30 Montpelier	VT 2:11:45
2	7	Jon Copans	37 Montpelier	VT 2:18:25
3	11	Jason Wulff	33 Waterbury	VT 2:21:09
4	13	Justin Ryea	33 S Burlington	VT 2:28:50
5	18	Chris Bernier	30 Waterbury Ctr	VT 2:41:33
6	20	Michael Klass	35 Manchester	NH 2:45:32
7	26	Skip Harris	38 Essex	VT 3:00:38
8	31	Rob Mitchell	34 Rutland	VT 3:09:42

FEMALE AGE GROUP 40 - 49

1	30	Christina Lang	40 Stoughton	MA 3:06:42
2	39	Sandy Colvin	43 Montpelier	VT 3:32:32

MALE AGE GROUP 40 - 49

1	1	David Herr	47 Canaan	VT 2:04:58
2	5	Tim Shea	42 Montpelier	VT 2:16:12
3	9	Rowly Brucken	43 Northfield	VT 2:18:56
4	14	Chris Royer	47 Coventry	VT 2:29:04
5	34	Morgan Ecklund	44 Calais	VT 3:22:34
6	40	Tim Rothfuss	42 Lebanon	NH 3:35:06

FEMALE AGE GROUP 50 - 59

1	36	Ellie Bouffard	51 Colchester	VT 3:29:38
2	42	Kathy Bean	54 Boothbay Harbor	ME 4:18:41

MALE AGE GROUP 50 - 59

1	10 Craig Peirce	51 Newport	VT 2:20:59
2	19 Steven Snook	52 Newbury	VT 2:42:43
3	21 Ron Osborn	52 Johnson	VT 2:55:51
4	29 Dave Hammond	51 Huntington	VT 3:03:34
5	32 Randall Gates	51 N Ferrisburgh	VT 3:10:37

FEMALE AGE GROUP 60 - 99

MALE AGE GROUP 60 - 99

1	22 Chuck Arnold	64 Burlington	VT 2:57:24
2	37 Russ Cooke	60 Williston	VT 3:29:38

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*****RELAY RESULTS*****

Place	Finisher	Name	Leg1	R	Leg1-11	Pace	Leg2-9	Pace	Time	Pace
1	Sue Emmons	Bob Emmons		C	1:19:22	7:13	1:09:59	7:47	2:29:21	7:29
2	Liz Stephen	Greg Gerdel		C	1:38:47	8:59	53:58	6:00	2:32:45	7:39
3	John Hackney	Sue Hackney		C	1:26:29	7:52	1:11:24	7:56	2:37:53	7:54
4	John Martin	David Erickson		C	1:42:24	9:19	1:16:01	8:27	2:58:25	8:56
5	Gail Pelkey	Becky Diedrich		F	1:51:37	10:09	1:40:54	11:13	3:32:31	10:38

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*****LEG 1 11 Miles RESULTS*****

Place	Div/Tot	Name	R	Age	S	City	St	Leg1	Pace
1	1/8	Kyle Powers	I	23	M	Waterford	VT	1:07:40	6:10
2	1/6	David Herr	I	47	M	Canaan	VT	1:07:45	6:10
3	2/8	Joseph Kill	I	22	M	Lyndonville	VT	1:11:29	6:30
4	3/8	Thomas Houghton	I	21	M	Calverton	NY	1:13:24	6:41
5	1/8	Jake Marren	I	30	M	Montpelier	VT	1:13:25	6:41
6	4/8	Matt Ozahowski	I	26	M	Thetford	VT	1:13:26	6:41
7	5/8	David Ozahowski	I	28	M	Thetford	VT	1:15:40	6:53
8	2/6	Tim Shea	I	42	M	Montpelier	VT	1:15:58	6:55
9	3/6	Rowly Brucken	I	43	M	Northfield	VT	1:16:39	6:59
10	1/5	Craig Peirce	I	51	M	Newport	VT	1:17:07	7:01
11	2/8	Jon Copans	I	37	M	Montpelier	VT	1:17:31	7:03
12	3/8	Jason Wulff	I	33	M	Waterbury	VT	1:18:13	7:07
13		Bob Emmons	R	53	M	S Duxbury	VT	1:19:22	7:13
14	4/6	Chris Royer	I	47	M	Coventry	VT	1:19:44	7:15
15	4/8	Justin Ryea	I	33	M	S Burlington	VT	1:24:39	7:42
16		Sue Hackney	R	55	F	Montpelier	VT	1:26:29	7:52
17	5/8	Chris Bernier	I	30	M	Waterbury Ctr	VT	1:28:26	8:03
18	2/5	Steven Snook	I	52	M	Newbury	VT	1:28:38	8:04
19	6/8	Michael Klass	I	35	M	Manchester	NH	1:30:47	8:16
20	7/8	Rob Mitchell	I	34	M	Rutland	VT	1:31:07	8:17
21	1/3	Chuck Arnold	I	64	M	Burlington	VT	1:33:29	8:30
22	1/3	Amber Van Zuilen	I	28	F	Colchester	VT	1:34:35	8:36
23	8/8	Skip Harris	I	38	M	Essex	VT	1:37:20	8:51
24	6/8	Alan McGrath Jr	I	27	M	Lyndonville	VT	1:37:21	8:51
25	1/1	Jill Smith	I	33	F	S Burlington	VT	1:37:23	8:52
26	3/5	Randall Gates	I	51	M	N Ferrisburgh	VT	1:37:46	8:54
27	4/5	Dave Hammond	I	51	M	Huntington	VT	1:38:11	8:56
28	5/5	Ron Osborn	I	52	M	Johnson	VT	1:38:45	8:59
29		Greg Gerdel	R	64	M	Montpelier	VT	1:38:47	8:59
30	7/8	Andrew McAvoy	I	28	M	Montpelier	VT	1:38:50	9:00
31	1/2	Christina Lang	I	40	F	Stoughton	MA	1:40:22	9:08
32		David Erickson	R	59	M	Williamstown	VT	1:40:55	9:11
33	5/6	Morgan Ecklund	I	44	M	Calais	VT	1:42:24	9:19
34	2/3	Crystal Tetrault	I	28	F	Island Pond	VT	1:47:05	9:45
35	8/8	Wade Hackerson	I	25	M	Montpelier	VT	1:49:29	9:58
36		Becky Diedrich	R	47	F	Berlin	VT	1:51:37	10:09
37	2/2	Sandy Colvin	I	43	F	Montpelier	VT	1:51:39	10:09
38	2/3	Russ Cooke	I	60	M	Williston	VT	1:51:41	10:10
39	1/2	Ellie Bouffard	I	51	F	Colchester	VT	1:51:43	10:10
40	6/6	Tim Rothfuss	I	42	M	Lebanon	NH	1:55:02	10:28
41	3/3	John Kaeding	I	64	M	Worcester	VT	1:59:16	10:51
42	3/3	Caitlin Weaver	I	29	F	Lyndhurst	NJ	2:08:13	11:40
43	2/2	Kathy Bean	I	54	F	Boothbay Harbor	ME	2:18:32	12:36

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*****LEG 2 9 Miles RESULTS*****

Place	Div/Tot	Name	R	Age	S	City	St	Time	Pace
1		Liz Stephen	R	25	F	E Montpelier	VT	53:58	6:00
2	1/6	David Herr	I	47	M	Canaan	VT	57:13	6:22
3	1/8	Thomas Houghton	I	21	M	Calverton	NY	58:09	6:28
4	1/8	Jake Marren	I	30	M	Montpelier	VT	58:20	6:29
5	2/6	Tim Shea	I	42	M	Montpelier	VT	1:00:14	6:42
6	2/8	Jon Copans	I	37	M	Montpelier	VT	1:00:54	6:46
7	2/8	David Ozahowski	I	28	M	Thetford	VT	1:02:08	6:55
8	3/6	Rowly Brucken	I	43	M	Northfield	VT	1:02:17	6:56
9	3/8	Jason Wulff	I	33	M	Waterbury	VT	1:02:56	7:00
10	3/8	Kyle Powers	I	23	M	Waterford	VT	1:03:49	7:06
11	1/5	Craig Peirce	I	51	M	Newport	VT	1:03:52	7:06
12	4/8	Justin Ryea	I	33	M	S Burlington	VT	1:04:11	7:08
13	4/8	Joseph Kill	I	22	M	Lyndonville	VT	1:06:59	7:27
14	4/6	Chris Royer	I	47	M	Coventry	VT	1:09:20	7:43
15		Sue Emmons	R	56	F	S Duxbury	VT	1:09:59	7:47
16		John Hackney	R	66	M	Montpelier	VT	1:11:24	7:56
17	5/8	Matt Ozahowski	I	26	M	Thetford	VT	1:12:10	8:02
18	5/8	Chris Bernier	I	30	M	Waterbury Ctr	VT	1:13:07	8:08
19	2/5	Steven Snook	I	52	M	Newbury	VT	1:14:05	8:14
20	6/8	Michael Klass	I	35	M	Manchester	NH	1:14:45	8:19
21		John Martin	R	60	M	Williamstown	VT	1:16:01	8:27
22	3/5	Ron Osborn	I	52	M	Johnson	VT	1:17:06	8:34
23	6/8	Andrew McAvoy	I	28	M	Montpelier	VT	1:22:40	9:12
24	1/1	Jill Smith	I	33	F	S Burlington	VT	1:22:59	9:14
25	7/8	Skip Harris	I	38	M	Essex	VT	1:23:18	9:16
26	1/3	Amber Van Zuilen	I	28	F	Colchester	VT	1:23:20	9:16
27	1/3	Chuck Arnold	I	64	M	Burlington	VT	1:23:55	9:20
28	4/5	Dave Hammond	I	51	M	Huntington	VT	1:25:23	9:30
29	7/8	Alan McGrath Jr	I	27	M	Lyndonville	VT	1:26:10	9:35
30	1/2	Christina Lang	I	40	F	Stoughton	MA	1:26:20	9:36
31	2/3	Crystal Tetrault	I	28	F	Island Pond	VT	1:32:18	10:16
32	5/5	Randall Gates	I	51	M	N Ferrisburgh	VT	1:32:51	10:19
33	1/2	Ellie Bouffard	I	51	F	Colchester	VT	1:37:55	10:53
34	2/3	Russ Cooke	I	60	M	Williston	VT	1:37:57	10:53
35	3/3	John Kaeding	I	64	M	Worcester	VT	1:38:25	10:57
36	8/8	Rob Mitchell	I	34	M	Rutland	VT	1:38:35	10:58
37	8/8	Wade Hackerson	I	25	M	Montpelier	VT	1:39:46	11:06
38	5/6	Tim Rothfuss	I	42	M	Lebanon	NH	1:40:04	11:08
39	6/6	Morgan Ecklund	I	44	M	Calais	VT	1:40:10	11:08
40	2/2	Sandy Colvin	I	43	F	Montpelier	VT	1:40:53	11:13
41		Gail Pelkey	R	47	F	Waterbury	VT	1:40:54	11:13
42	2/2	Kathy Bean	I	54	F	Boothbay Harbor	ME	2:00:09	13:21
43	3/3	Caitlin Weaver	I	29	F	Lyndhurst	NJ	2:33:07	17:01