

Berlin Pond Five Miler  
 2012 CVR/ORS Race Series #8  
 USATF #VT05001RF  
 Berlin, VT August 9, 2012

Place	Div/Tot	Name	Age	S	City	St	Time	Pace
1	1/4	ERIC MORSE	47	M	BERLIN	VT	27:39	5:32
2	1/7	JIM PAIGE	51	M	MORRISVILLE	VT	28:50	5:46
3	1/4	YOSEF REGEV	22	M	LYNDONVILLE	VT	30:42	6:09
4	2/4	PAT KELSEY	21	M	LYNDONVILLE	VT	32:51	6:35
5	2/7	JOHN REMY	54	M	WILLISTON	VT	32:56	6:36
6	1/5	ROB MCDOUGALL	37	M	SO. BURLINGTON	VT	33:10	6:38
7	2/4	SEAN MURPHY	45	M	MONTPELIER	VT	34:07	6:50
8	3/4	SCOTT NICHOLS	46	M	ESSEX	VT	34:42	6:57
9	1/5	CHRISTINA PERRY	30	F	COTTONWOOD HEIG	VT	34:55	6:59
10	1/1	DOT MARTIN	51	F	MONTPELIER	VT	35:16	7:04
11	2/5	NICHOLAS CORNELL	30	M	TUNBRIDGE	VT	35:34	7:07
12	3/4	ERIK NIELSEN	27	M	MONTPELIER	VT	35:46	7:10
13	2/5	RICHARDA ERICSON	36	F	MONTPELIER	VT	36:24	7:17
14	3/7	ANDY SHUFORD	52	M	MONTPELIER	VT	36:48	7:22
15	4/7	TIM NOONAN	56	M	MONTPELIER	VT	37:07	7:26
16	4/4	SEAN HAMEL	24	M	WATERBURY	VT	38:06	7:38
17	3/5	DAVID METRAUX	33	M	GREENSBORO	VT	38:35	7:43
18	1/4	JOHN MARTIN	60	M	MONTPELIER	VT	38:46	7:46
19	5/7	DAVID ERICKSON	59	M	BARRE	VT	39:12	7:51
20	4/5	STERLING MILLER	36	M	NORTHFIELD	VT	39:48	7:58
21	1/5	MELISSA PRINDIVILLE	40	F	BERLIN	VT	39:50	7:58
22	1/2	BOB MURPHY	72	M	BARRE	VT	40:59	8:12
23	5/5	ERIC RIDLON	32	M	MORRISVILLE	VT	41:00	8:12
24	2/5	MARES CHAYER-RANDALL	40	F	ESSEX JCT.	VT	41:04	8:13
25	6/7	JIM SHEA	53	M	EAST MONTPELIER	VT	41:23	8:17
26	4/4	JASON PARRY	48	M	ST. ALBANS	VT	41:27	8:18
27	2/4	BILL HOLLAND	61	M	MONTPELIER	VT	41:47	8:22
28	1/1	PATRICK BROCK	12	M	BARRE	VT	43:18	8:40
29	3/5	ANGELA LACROIX	33	F	BARRE	VT	43:26	8:42
30	3/5	LAURIE SALIGMAN	44	F	MONTPELIER	VT	44:10	8:50
31	1/1	DOT HELLING	62	F	MONTPELIER	VT	44:39	8:56
32	3/4	BILL EVERETT	60	M	ESSEX JCT.	VT	44:43	8:57
33	1/1	VICTORIA GINGRAS	27	F	WATERBURY	VT	46:22	9:17
34	7/7	JOHN MAHONEY	58	M	BURLINGTON	VT	47:49	9:34
35	4/5	ROBIN PARRY	45	F	ST. ALBANS	VT	48:46	9:46
36	5/5	SIMONE PUSKAR	44	F	MILTON	VT	49:58	10:00
37	4/4	RON RIDLON	65	M	MORRISVILLE	VT	51:38	10:20
38	4/5	CARA HANSEN	34	F	BERLIN	VT	53:17	10:40
39	5/5	EDISA MULLER	34	F	MONTPELIER	VT	54:03	10:49
40	2/2	ROGER CRANSE	71	M	MONTPELIER	VT	57:08	11:26
41	1/1	GEROW CARLSON	80	M	MONTPELIER	VT	1:03:44	12:45

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\*\*\*\*\* AGE GROUP RESULTS \*\*\*\*\*

FEMALE AGE GROUP 1 - 19

Place	O'All Name	Age	City	St	Time	Pace
Record	33:33	by Heather McLaughlin in 2006				

FEMALE AGE GROUP 20 - 29

Place	O'All Name	Age	City	St	Time	Pace
1	33 VICTORIA GINGRAS	27	WATERBURY	VT	46:22	9:17
Record	32:16	by Megan Valentine in 2007				

FEMALE AGE GROUP 30 - 39

Place	O'All Name	Age	City	St	Time	Pace
1	9 CHRISTINA PERRY	30	COTTONWOOD HEIGHTS	UT	34:55	6:59
2	13 RICHARDA ERICSON	36	MONTPELIER	VT	36:24	7:17
3	29 ANGELA LACROIX	33	BARRE	VT	43:26	8:42
4	38 CARA HANSEN	34	BERLIN	VT	53:17	10:40
5	39 EDISA MULLER	34	MONTPELIER	VT	54:03	10:49
Record	34:09	by Lissa Knauss in 2011				

FEMALE AGE GROUP 40 - 49

Place	O'All Name	Age	City	St	Time	Pace
1	21 MELISSA PRINDIVILLE	40	BERLIN	VT	39:50	7:58
2	24 MARES CHAYER-RANDALL	40	ESSEX JCT.	VT	41:04	8:13
3	30 LAURIE SALIGMAN	44	MONTPELIER	VT	44:10	8:50
4	35 ROBIN PARRY	45	ST. ALBANS	VT	48:46	9:46
5	36 SIMONE PUSKAR	44	MILTON	VT	49:58	10:00
Record	33:49	by Dot Martin in 2007				

FEMALE AGE GROUP 50 - 59

Place	O'All Name	Age	City	St	Time	Pace
1	10 DOT MARTIN	51	MONTPELIER	VT	35:16	7:04
Record	34:01	by Sue Hackney in 2008				

FEMALE AGE GROUP 60 - 69

Place	O'All Name	Age	City	St	Time	Pace
1	31 DOT HELLING	62	MONTPELIER	VT	44:39	8:56
New record.	Old record 45:54	by Dot Helling in 2011				

FEMALE AGE GROUP 70 - 79

Place	O'All Name	Age	City	St	Time	Pace
Record	55:59	by Betty Lacharite in 2007				

FEMALE AGE GROUP 80 - 99

Place	O'All Name	Age	City	St	Time	Pace

MALE AGE GROUP 1 - 19

Place	O'All Name	Age	City	St	Time	Pace
1	28 PATRICK BROCK	12	BARRE	VT	43:18	8:40
Record	27:13	by Gabriel Proctor in 2009				

MALE AGE GROUP 20 - 29

Place	O'All	Name	Age	City	St	Time	Pace
1	3	YOSEF REGEV	22	LYNDONVILLE	VT	30:42	6:09
2	4	PAT KELSEY	21	LYNDONVILLE	VT	32:51	6:35
3	12	ERIK NIELSEN	27	MONTPELIER	VT	35:46	7:10
4	16	SEAN HAMEL	24	WATERBURY	VT	38:06	7:38

Record 28:07 by Nathan Fields in 2006

MALE AGE GROUP 30 - 39

Place	O'All	Name	Age	City	St	Time	Pace
1	6	ROB MCDOUGALL	37	SO. BURLINGTON	VT	33:10	6:38
2	11	NICHOLAS CORNELL	30	TUNBRIDGE	VT	35:34	7:07
3	17	DAVID METRAUX	33	GREENSBORO	VT	38:35	7:43
4	20	STERLING MILLER	36	NORTHFIELD	VT	39:48	7:58
5	23	ERIC RIDLON	32	MORRISVILLE	VT	41:00	8:12

Record 27:56 by Marc Gilbertson in 2006

MALE AGE GROUP 40 - 49

Place	O'All	Name	Age	City	St	Time	Pace
1	1	ERIC MORSE	47	BERLIN	VT	27:39	5:32
2	7	SEAN MURPHY	45	MONTPELIER	VT	34:07	6:50
3	8	SCOTT NICHOLS	46	ESSEX	VT	34:42	6:57
4	26	JASON PARRY	48	ST. ALBANS	VT	41:27	8:18

Record 27:17 by Eric Morse in 2011

MALE AGE GROUP 50 - 59

Place	O'All	Name	Age	City	St	Time	Pace
1	2	JIM PAIGE	51	MORRISVILLE	VT	28:50	5:46
New record. Old record 31:45 by Bob Emmons in 2009							
2	5	JOHN REMY	54	WILLISTON	VT	32:56	6:36
3	14	ANDY SHUFORD	52	MONTPELIER	VT	36:48	7:22
4	15	TIM NOONAN	56	MONTPELIER	VT	37:07	7:26
5	19	DAVID ERICKSON	59	BARRE	VT	39:12	7:51
6	25	JIM SHEA	53	EAST MONTPELIER	VT	41:23	8:17
7	34	JOHN MAHONEY	58	BURLINGTON	VT	47:49	9:34

MALE AGE GROUP 60 - 69

Place	O'All	Name	Age	City	St	Time	Pace
1	18	JOHN MARTIN	60	MONTPELIER	VT	38:46	7:46
2	27	BILL HOLLAND	61	MONTPELIER	VT	41:47	8:22
3	32	BILL EVERETT	60	ESSEX JCT.	VT	44:43	8:57
4	37	RON RIDLON	65	MORRISVILLE	VT	51:38	10:20

Record 32:30 by Ed McSweeney in 2010

MALE AGE GROUP 70 - 79

Place	O'All	Name	Age	City	St	Time	Pace
1	22	BOB MURPHY	72	BARRE	VT	40:59	8:12
New record. Old record 43:33 by Charles Christianson in 2011							
2	40	ROGER CRANSE	71	MONTPELIER	VT	57:08	11:26

MALE AGE GROUP 80 - 99

Place	O'All	Name	Age	City	St	Time	Pace
1	41	GEROW CARLSON	80	MONTPELIER	VT	1:03:44	12:45