

CVR Capital City Stampede 10K
2010 CVR/ORS Race Series Race #2
USATF Certified. Registration No. USATF #VT09011RF
Montpelier, VT 06/12/2010

***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 19 & under

Record 38:56 by Caitlin Compton in 1999

MALE AGE GROUP 19 & under

1 34 Evan Smith 16 Remsen NY 46:33
Record 32:37 by Brent Coon in 1985

FEMALE AGE GROUP 20 - 29

1 56 Helen Smith 24 Winooski VT 50:50
2 67 Gina Page 28 Shrewsbury VT 54:27
3 68 Emily Wagner 23 Medford MA 54:32
4 69 Sara Erickson 26 Barre VT 54:34
5 93 Emily Cobb 24 So. Royalton VT 1:03:05
6 97 Nancy Warner 28 Bethel VT 1:04:57
Record 35:28 by Lea Hayer in 1983

MALE AGE GROUP 20 - 29

1 10 Joseph Kill 20 Randolph VT 41:06
2 21 Andrew Henderson 27 Montpelier VT 43:53
3 38 Andrew McAvoy 26 Montpelier VT 47:29
4 98 P. Riley Killoran 29 East Calais VT 1:05:02
Record 30:26 by Eric Morse in 1993

FEMALE AGE GROUP 30 - 39

1 6 Tracy Joslin 36 Waitsfield VT 39:29
2 17 Courtney Kutler 34 So. Burlington VT 42:44
3 19 Sarah London 30 Montpelier VT 42:54
4 30 Pamela Clapp 38 Waterbury VT 46:02
5 50 Beth Boutin 35 Montpelier VT 49:39
6 57 Thao Nguyen 34 Williston VT 51:42
7 58 Stacy Bocskor 35 Northfield VT 52:26
8 64 Abby Fish 33 Waterbury VT 53:32
9 66 Chandra Nellis 30 Fort Bragg CA 53:48
10 72 Sarah Jarvis 39 Montpelier VT 56:06
11 76 Jaime Gadwah 33 Waterford VT 57:23
12 82 Christie Larson 32 Duxbury VT 58:58
13 84 Pratima Cranse 31 Ithaca NY 1:00:06
14 89 Hilary Sales 35 Montpelier VT 1:01:49
15 95 Michelle Berthiaume 34 Colchester VT 1:04:12
16 99 Patti Daniels 35 Grand Isle VT 1:05:11
Record 36:43 by Gina Sperry in 1991

MALE AGE GROUP 30 - 39

1 2 Chadwick Shepard 35 Williston VT 37:15
2 3 Jon Copans 36 Montpelier VT 37:25

3	5	Jon Floyd	37	Waterbury Ctr.	VT	38:07
4	15	Dustin Rand	35	Montpelier	VT	42:20
5	26	Todd Page	32	Shrewsbury	VT	45:10
6	42	Brooke Taber	35	So. Burlington	VT	47:54
7	47	Josh Roil	32	Marshfield	VT	48:59
8	53	David Cameron	39	Barre	VT	50:04
9	63	Kevin Nadzen	36	East Montpelier	VT	53:20
10	81	John Grenier	33	Waterbury Ctr.	VT	58:50
11	85	Kevin Cranse	35	Philadelphia	PA	1:00:08
12	86	Jason Boyd	37	Northfield Falls	VT	1:00:35

Record 30:50 by Eric Morse in 1995

FEMALE AGE GROUP 40 - 49

1	16	Kathy Provencher	40	Waterbury Ctr.	VT	42:35
2	20	Dot Martin	49	Montpelier	VT	43:02
3	24	Jennifer Miller-Ars	40	Middlesex	VT	44:43
4	33	Meg Laferriere-Horr	41	Rutland	VT	46:24
5	45	Patti Walsten	48	So. Burlington	VT	48:49
6	48	Meg Meyer	44	New Haven	VT	49:01
7	54	Ellie Bouffard	49	Colchester	VT	50:18
8	65	Kelly Collar	44	Moretown	VT	53:33
9	74	Dawn Skorczewski	45	Waterford	VT	57:13
10	77	Becky Diedrich	45	Berlin	VT	57:45
11	78	Sandy Colvin	42	Montpelier	VT	57:46
12	79	Whitney Machnik	47	Middlesex	VT	57:50
13	87	Denise Ricker	44	Montpelier	VT	1:01:01
14	90	Beth Martell	44	Essex Jct.	VT	1:01:49
15	94	Ellie Brady	44	So. Burlington	VT	1:03:57
16	96	Brenda Berardinelli	41	Essex Jct.	VT	1:04:47
17	101	Laurie Ely	41	Jericho	VT	1:08:02

Record 38:29 by Sue Barber in 1997

MALE AGE GROUP 40 - 49

1	1	Jim Paige	49	Morrisville	VT	36:09
2	4	Tim Francis	49	Rockport	MO	38:05
3	8	Brent Ehrlich	48	Montpelier	VT	39:54
4	9	Andrew Tripp	40	Montpelier	VT	40:20
5	11	Sean Mitchell	42	Burlington	VT	41:23
6	12	Michael Wolfe	47	Newton	MA	41:27
7	13	Mack Gardner-Morse	49	Calais	VT	41:33
8	14	Thomas Rogers	43	Winooski	VT	42:17
9	22	Scott Nichols	44	Essex	VT	44:04
10	28	Morgan Ecklund	43	Calais	VT	45:39
11	70	Tony Martinez	40	Marshfield	VT	55:09

Record 34:00 by Randy Sightler in 2001

FEMALE AGE GROUP 50 - 59

1	35	Susan Emmons	54	So. Duxbury	VT	46:36
2	36	Nina Changelian	55	Waterbury Ctr.	VT	47:00
3	44	Ruth Blauwiel	56	Colchester	VT	48:08
4	49	Ann Bushey	52	Montpelier	VT	49:32
5	52	Carlie Krolick	55	Charlotte	VT	49:55
6	71	Andrea Halnon	56	Lincoln	VT	55:27
7	75	Chris MacLean	55	Waterbury Ctr.	VT	57:15
8	100	Lynda McDermott	52	Braintree	VT	1:05:21
9	104	Stacey Smith	52	Remsen	NY	1:10:35

Record 41:41 by Moira Durnin in 2001

MALE AGE GROUP 50 - 59

1	7	Bob Emmons	51	So. Duxbury	VT	39:35
2	18	Tim Noonan	54	Montpelier	VT	42:45
3	23	Charles Windisch	56	Essex Jct.	VT	44:16
4	25	Andy Shuford	50	Montpelier	VT	44:46
5	27	Russ Cooke	58	Williston	VT	45:11
6	29	Dave Hammond	50	Huntington	VT	45:49
7	32	Bill Holland	59	Montpelier	VT	46:18
8	37	Steve Burkholder	58	Montpelier	VT	47:04
9	40	Russell K. Statman	50	Plattsburgh	NY	47:49
10	41	Forrest Lemoine	55	Shelburne	VT	47:50
11	43	Michael Gordon	53	Essex Jct.	VT	48:01
12	46	Tom McLinden	58	Stowe	VT	48:57
13	51	Thomas Hogeboom	59	Hardwick	VT	49:54
14	55	Steve Smith	52	Remsen	NY	50:31
15	73	Jim Shea	51	East Montpelier	VT	56:47
16	88	Michael Chernick	56	Montpelier	VT	1:01:26

Record 34:44 by Doug MacGregor in 1990

FEMALE AGE GROUP 60 - 69

1	59	Dot Helling	60	Montpelier	VT	53:02
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Record 46:38 by Patty Foltz in 2008

MALE AGE GROUP 60 - 69

1	31	Richard Boisseau	63	St. Johnsbury Ctr.	VT	46:14
2	39	Greg Gerdel	63	Montpelier	VT	47:32
3	60	John Kaeding	62	Worcester	VT	53:04
4	62	Mike Shover	61	Bradford	VT	53:12
5	91	Dick Ferno	66	Williamstown	VT	1:02:22
6	92	Roger Cranse	69	Montpelier	VT	1:02:55
7	102	Geoff Miller	63	Hinesburg	VT	1:08:03

Record 40:50 by Chuck Arnold in 2009

FEMALE AGE GROUP 70 - 99

MALE AGE GROUP 70 - 99

1	61	Hugh Wilson	70	Dorval	QC	53:09
2	80	Jean Bernaquez	78	Montreal	QC	58:00
3	83	Lewis Kirshner	70	Waterford	VT	59:04
4	103	Gerry Carlson	78	Middlesex	VT	1:08:56

Record 49:37 by Jean Bernaquez in 2006

Many thanks to these volunteers:

- Robert Murphy
- Jane Valentine
- Pam Erickson
- Dave Erickson
- Caroline Zelinga
- Sandy Ferno
- John Martin
- Darragh Ellerson
- Megan Valentine
- Jess Cover

-- Race Director John Valentine