

Central Vermont Runners – Secretary’s Notes

June 2nd, 2005 Meeting

Compiled by Sandy Colvin

Record number of people in attendance – Betty Rose, Priscilla Carr, Phyllis Aresenault Berry, Sam Davis, Norm Robinson, Dot Helling, Sandy Colvin, Bob Bisson, Roger Cranse, Bob Murphy, Andrea McLaughlin, Donna Smyers, Nancy Rice, Darragh Ellerson, Mack Gardner-Morse, Michael Chernick, Ariana Monti, and Kevin Leski.

Sportshoe Center – Unclear if they are going to give the club a discount in the store or not. Bob Bisson volunteered to speak to the manager about this and get a final answer.

Reach The Beach Relay – Priscilla Carr is putting together a woman’s team. They need a total of 6-12 runners, and have about 5 so far. It is in September, and the race is a 200 mile race from Bretton Woods to Hampton Beach. Each runner takes turns running various distances of the relay. Contact Priscilla if you are interested in being on the team.

Vermont 100 – CVR will have an Aid station at Pollys , around mile 95. Betty Rose and Cyndy Cross are looking for volunteers to help them man the aid station Sunday July 17, from 4:45 to 9:15 am. Please contact Betty Rose if you are interested.

Betty thanked all the volunteers who helped work at the CVR table over the weekend at the **Onion River Sports “Club Days”**.

CVR Equipment Storage – All equipment will be stored at Betty Rose house in her garage. If you are a race director or volunteer and need any of the CVR equipment, contact Betty to arrange getting what you need.

Newsletter – Nancy Rice is the new editor of the CVR newsletter. Thanks to Nancy for a great job on the first newsletter. Bob Murphy is going to work with Nancy to get the past 25 years of CVR newsletters stored at the Vermont Historical Society on Washington Street in Barre. The next issue will be out in July. Anyone with anything they want put in the newsletter contact Nancy via e-mail at Nansue_2000@yahoo. Decided membership app will always be a part of the newsletter, and we will try and get a complete list of our membership in one of our future newsletters. If you are a race director, please remember to send Nancy your race results. And, if you have anything you want to share, a story, a thought, or race experience, please email or send it to Nancy. The newsletter schedule was set with a newsletter to be produced before each of the scheduled Club meetings (mid to late July and October and early January).

Treasurers Report – The club balance is \$3,600. We all reviewed some of the most recent expenses and discussed with Priscilla Carr, the club treasurer. Priscilla is

concerned the most recent mailing was very expensive between printing and mailing costs. Suggestions from others include, changing printers, not sending the mailing to everyone on the list, maybe limiting it to certain towns, purge names, especially those that have been returned. Are we tracking those that have been returned?

Club Uniforms – Sandy Colvin is still working on getting singlets for everyone.

Hand Held Timing Clocks – Donna Smyers got them fixed. Does anyone have paper for them? If so, let Donna know. In the meantime, Donna will order more.

New Club Equipment – Everyone thinks we need some signs announcing an upcoming race. All the races need this. In the past we have made paper versions, hard to read etc. Therefore the club voted to have Betty Rose spend up to \$500.00 on getting these signs.

Capital City Stampede – Sam Davis the race director for the past 14 years spoke about the race, why he will no longer be the director, which can mostly be attributed to the fact that he has seen a nice surge of involvement from others in the club and he feels confident the race will be in good hands. The new race director as of next year will be John Valentine. Sam spoke about how much he has enjoyed being race director, it was a great speech and everyone applauded and thanked Sam for his years of service to the club.

Reports from Race Directors –

Tim Noonan – Needs help on August 18th for the Triple Track at the Montpelier High School. Please contact Tim if you can help.

Capital City Stampede – Sam Davis – Needs volunteers for the June 11th Race. Especially needed are volunteers for the turnaround, and other traffic locations on the course. About 4-5 more volunteers would be great.

Dave Kissner – Paul Mailman 10 Miler. Needs more volunteers, the date is June 25th, 8:45. Contact Dave or Betty Rose if you can help.

Berlin Pond – August 11th. The course is new and will be 5 miles this year. It is a Thursday night race and if you can volunteer, contact Dot Helling.

Bob Bisson – Barre Homecoming Downtown 5k. July 30th at 12:00. New course, which will finish right before the parade begins, meaning a nice crowd for the finishers. Race is also at a new time this year. Bob has some great sponsors lined up, but still needs some volunteers. If you are interested contact Bob.

Leaf Peepers – Roger Cranse is doing great so far as the new race director of CVR's biggest event, and is on track in planning. However he could use more volunteers to get involved on the various committees. The next planning meeting is June 8th at Rogers house. Contact Roger if you can make it or want to be involved.

Onion River Sports is still giving gift certs, but just to be sure, Michael Chernick volunteered to check with them to verify they will be at the various races with gift certs.

Spirit of the Club Award - It was moved, seconded and approved, to make the Spirit of the Club Award an annual honor with a standing committee of two previous recipients plus one club officer (elected or non-elected) to make the selection of the honoree.

Run Girl Run - Andrea McLaughlin discussed the program and asked for a club donation. She works with 5th -8th graders who participate in the Yam Scram and Race for the Cure. There are a variety of activities and training that Andrea is in charge of coordinating for the girls. The club voted to give Run Girl Run \$250.00 donation. Run Girl Run is sponsored by Blue Cross Blue Shield and the Heart Association.

NEXT MEETING: Thursday August 4th, 2005 – to be held at the home of Betty Rose.