

Central Vermont Runners

Meeting Minutes

Monday November 3, 2014

Approximately 20 members in attendance.

- Approval of minutes from Annual meeting on Aug 18 as printed in Newsletter
- Treasurer's Report - John distributed a report of the balance of the account, which also showed some expenses and deposits, since April 1, 2014. Discussed some of our expenses and our net income. This led to a discussion about our races and how much income we feel is needed to sustain the club. Nothing formal was discussed, but we did note in comparison to previous years, our income is lower than in past years. We made mention that if we get concerned about this, and feel the club needs to generate more income to cover expenses and keep the club running; we could do a number of things, such as raise race fees, donate less to charities, and find ways to lower expenses. We concluded it is worth keeping an eye on, but no formal changes need to be made right now.
- Membership Report – Donna reported we have a couple new members since the last meeting, which is not unusual for this time of year.
- Race Updates –Race Directors
 - ❖ Northfield – Went well
 - ❖ Sodom Pond – Went well, good weather
 - ❖ Leafpeepers – Had fewer runners in the 5k but same in half marathon. Discussed ideas for increasing attendance to this race as numbers are down year over year. Ideas such as creating some sort of team competition, maybe a category for teams to compete, corporate teams? We could market those Vermont Businesses that participate in Corporate Cup.
 - Fallen Leaves – 83 runners at the first of the series. Went well.
 - New Year's Eve – Planning has literally just begun. Sandy Colvin is scheduled to meet with the director of Montpelier Alive to see if we can coordinate efforts for New Year's Eve Celebrations.
- Clothing – Jeff announced he has a new volunteer for the position of Clothing Coordinator: Mary Stridsberg. Mary brings enthusiasm and ideas for helping to sell CVR clothing to our membership.
- Volunteer Coordinator -- Pam Eaton is our volunteer coordinator. Make sure to reach out for her help in getting volunteers at your race.
- Proposed race calendar for 2015

Event	2015 Race Director(s)	Proposed 2015 Date
Frostival 5k	Sean Murphy & Sandy Colvin	Saturday, January 31, 2015

Adamant20 Miler&Relay	Eric Ryea & Donna Smyers	Saturday, May 2, 2015
Mutt Strutt	Brittany Lafirara	Sunday, May 10, 2015
Barre Town Spring Run	Andrea McLaughlin	Saturday, May 17, 2015
Kids Track Meet	Tim Noonan & Dot Helling	Friday, May 29, 2015
Capital City Stampede	John Valentine	Saturday, June 06, 2015
Worcester 4 Miler	Roy Belcher	Sunday, June 14, 2015
Paul Mailman 10 Miler	Andy Shuford & Andrea McLaughlin	Sunday, June 21, 2015
Bear Swamp Run	Tim Noonan	Saturday, July 11, 2015
Barre Heritage Fest Trail Race	Lori Lacroix	Sunday, July 26, 2015
Berlin Pond	Jeff Prescott & Sue Emmons	Thursday, August 13 or 20, 2015
NSB 5k & Mile	Rowly Brucken & June Burr	Saturday, September 5, 2015
Sodom Pond	Tim Noonan	Wednesday, September 16, 2015
Leaf Peepers Half 5k	Roger Cranse	Sunday, October 04, 2015
Fallen Leaves #1	Tim Noonan	Saturday, November 07, 2015
Fallen Leaves #2	Tim Noonan	Saturday, November 14, 2015
Fallen Leaves #3	Tim Noonan	Saturday, November 21, 2015
New Year's Eve	Position Available	Thursday, December 31, 2015

Not all race directors were at the meeting but those who were in attendance made some edits or commented on dates. This schedule is still to be determined and will most likely have more edits in the near future. The Frostival is cancelled, but Sean has indicated he would like to have a race in late January or early February if the church would be interested in hosting the pancake breakfast as the two events went well together. He will keep the club posted as he considers this and talks to the church. Sandy Colvin has indicated she is stepping down as Race Director for New Year's Eve 2015. And Dot Helling volunteered to help Tim Noonan with the Kids Track Meet.

A new CVR member, joined the meeting to let the club know about the planning of a new race in Northfield in April, 2015. The proceeds to go to Northfield Teen Center. The suggested race date didn't conflict with any CVR events.

- The following races are proposed for the ORS/CVR Race Series 2015:
 1. New Year's Eve 5K 12/31/2014
 2. [GMAA Kaynor's Sap Run](#) 10K
 3. [Barre Town Spring Run](#) 5K
 4. [Capital City Stampede](#) 10K
 5. [Paul Mailman Montpelier 10-Miler](#)
 6. [Montpelier Mile](#)
 7. [Bear Swamp Run](#)

8. [Berlin Pond Five Miler](#)
9. [Northfield Savings Bank 5K & 1-Mile](#)
10. [Sodom Pond Run](#)
11. [Common to Common 30K](#)
12. [Leafpeepers Half Marathon](#) / [Leafpeepers 5K](#)

Members discussed this race series and agreed to leave as is for 2015.

- Spirit of Club Award committee – Tim Noonan, Darragh Ellerson and Bob Murphy will be nominating the recipient of the spirit of the club award.
- Nominating committee for officers and executive committee members – we may not need this as all positions have agreed to stay on another year.
- Long winter runs discussion – Jeff Prescott has coordinated long runs in the winter, he agreed to continue to do so, but indicated he was very busy in January. June Burr agreed to help with the month of January.
- Annual Meeting will be held on March 15th. Location to be determined.
- Proposed 2015 Meeting dates: Sun Mar15, Mon May 18, Mon Aug 17, Mon Nov 9
- Annual Volunteer Banquet discussion. Members discussed about 6 different locations for the annual dinner. Recognizing we don't have the resources or time to let this discussion go on too long, members decided to do a vote at the meeting. The location receiving the most votes was the Commodore Inn, located in Stowe Vermont. Donna and John will continue with planning. Date is January 15th.
- Meeting adjourned 8:25 pm.