

7th Annual Adamant 20 Miler and Relay
 May 7, 2016
 Adamant, VT

*****OVERALL RESULTS Individual and Relay*****

Place	Div/Tot	Name	R Div	Time	Pace
1	1/3	Leah Frost	I F3039	2:15:34	6:47
2	1/2	Boyles/Gardner-Morse	R M	2:16:24	6:50
3	1/6	Jon Rea	I M2029	2:17:17	6:52
4	2/6	Casey Hubbard	I M2029	2:18:13	6:55
5	3/6	Ross Saxton	I M2029	2:22:25	7:08
6	4/6	Joseph Kill	I M2029	2:23:47	7:12
7	5/6	Caleb Clark	I M2029	2:27:36	7:23
8	1/2	Tim Lamson	I M4049	2:30:51	7:33
9	2/2	Bradley/Bradley	R M	2:31:27	7:35
10	1/7	Jim Flint	I M5059	2:32:10	7:37
11	1/2	Dot Martin	I F5059	2:39:51	8:00
12	1/6	Dylan Broderick	I F2029	2:40:21	8:02
13	2/2	Sue Hackney	I F5059	2:40:25	8:02
14	1/4	Chris Leforce	I M3039	2:42:46	8:09
15	1/4	Chris Andresen	I M6069	2:43:03	8:10
16	2/2	Ben Ellingson	I M4049	2:46:22	8:20
17	2/4	Chuck Arnold	I M6069	2:47:31	8:23
18	2/7	Bobby Glide-Em	I M5059	2:50:12	8:31
19	2/6	Sarah Bryan	I F2029	2:54:57	8:45
20	1/2	Colvin/Jancaitis	R F	2:55:07	8:46
21	3/6	Karen Krupa	I F2029	2:55:39	8:47
22	3/7	Thomas Nuovo	I M5059	2:55:39	8:47
23	1/4	Karen Oppenheimer	I F4049	3:00:00	9:00
24	4/7	Mark Mulder	I M5059	3:01:39	9:05
25	2/4	Sandra Dickin	I F4049	3:01:50	9:06
26	3/4	Eryn Randall-Mullins	I F4049	3:02:46	9:09
27	5/7	Tom Cardinal	I M5059	3:02:47	9:09
28	4/4	Katrina Phillips	I F4049	3:05:36	9:17
29	1/1	John Hackney	I M7099	3:06:42	9:21
30	1/2	Carlie Krolick	I F6069	3:07:32	9:23
31	2/4	Alan McGrath Jr	I M3039	3:07:41	9:24
32	6/6	Benjamin Deede	I M2029	3:09:58	9:30
33	6/7	Mark Howard	I M5059	3:10:18	9:31
34	4/6	Brittain Lovett	I F2029	3:13:40	9:41
35	3/4	Derek Macdonald	I M3039	3:14:00	9:42
36	4/4	Douglas Farnham	I M3039	3:15:54	9:48
37	2/3	Jessica Parker	I F3039	3:15:58	9:48
38	7/7	Dodge Bingham	I M5059	3:22:13	10:07
39	5/6	Alyssa Malone	I F2029	3:23:03	10:10
40	1/1	Deangelis/Kissam	R C	3:28:41	10:27
41	3/4	John Izzo	I M6069	3:28:53	10:27
42	2/2	Pelkey/Blow	R F	3:36:32	10:50
43	2/2	Janis Campbell	I F6069	3:40:25	11:02
44	4/4	John Kaeding	I M6069	4:01:38	12:05
45	6/6	Shaina Kasper	I F2029	4:24:01	13:13
46	3/3	Corey Elane Austin	I F3039	4:39:29	13:59

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***** AGE GROUP RESULTS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Leah Frost 32 Glover VT 2:15:34
 New record. Old record 2:23:14 by Leah Frost in 2015

***** MALE OVERALL RESULTS *****

1 Jon Rea 29 Stowe VT 2:17:17
 Record 2:04:58 by David Herr in 2012

FEMALE AGE GROUP 01 - 19
 MALE AGE GROUP 01 - 19
 FEMALE AGE GROUP 20 - 29

1 12 Dylan Broderick 25 Montpelier VT 2:40:21

2	19 Sarah Bryan	25 Burlington	VT 2:54:57
3	21 Karen Krupa	25 S Burlington	VT 2:55:39
4	34 Brittain Lovett	29 Charlotte	VT 3:13:40
5	39 Alyssa Malone	25 Burlington	VT 3:23:03
6	45 Shaina Kasper	26 Montpelier	VT 4:24:01
	MALE AGE GROUP 20 - 29		
1	3 Jon Rea	29 Stowe	VT 2:17:17
2	4 Casey Hubbard	28 Marshfield	MA 2:18:13
3	5 Ross Saxton	28 Calais	VT 2:22:25
4	6 Joseph Kill	26 Braintree	VT 2:23:47
5	7 Caleb Clark	27 Calais	VT 2:27:36
6	32 Benjamin Deede	29 Worcester	VT 3:09:58
	FEMALE AGE GROUP 30 - 39		
1	1 Leah Frost	32 Glover	VT 2:15:34
2	37 Jessica Parker	33 Fairfax	VT 3:15:58
3	46 Corey Elane Austin	36 Waterbury Ctr	VT 4:39:29
	MALE AGE GROUP 30 - 39		
1	14 Chris Leforce	37 Colchester	VT 2:42:46
2	31 Alan McGrath Jr	31 Lyndonville	VT 3:07:41
3	35 Derek Macdonald	37 S Burlington	VT 3:14:00
4	36 Douglas Farnham	35 Montpelier	VT 3:15:54
	FEMALE AGE GROUP 40 - 49		
1	23 Karen Oppenheimer	42 Shelburne	VT 3:00:00
2	25 Sandra Dickin	49 Colchester	VT 3:01:50
3	26 Erin Randall-Mullins	41 Colchester	VT 3:02:46
4	28 Katrina Phillips	45 Montpelier	VT 3:05:36
	MALE AGE GROUP 40 - 49		
1	8 Tim Lamson	49 Adamant	VT 2:30:51
2	16 Ben Ellingson	45 Montpelier	VT 2:46:22
	FEMALE AGE GROUP 50 - 59		
1	11 Dot Martin	55 Williamstown	VT 2:39:51
2	13 Sue Hackney	59 Montpelier	VT 2:40:25
	MALE AGE GROUP 50 - 59		
1	10 Jim Flint	57 Craftsbury	VT 2:32:10
2	18 Bobby Glide-Ern	57 S Duxbury	VT 2:50:12
3	22 Thomas Nuovo	53 Burlington	VT 2:55:39
4	24 Mark Mulder	57 Burlington	VT 3:01:39
5	27 Tom Cardinal	52 Essex Jct	VT 3:02:47
6	33 Mark Howard	53 Marshfield	VT 3:10:18
7	38 Dodge Bingham	52 Montpelier	VT 3:22:13
	FEMALE AGE GROUP 60 - 69		
1	30 Carlie Krolick	61 Charlotte	VT 3:07:32
2	43 Janis Campbell	65 Jeffersonville	VT 3:40:25
	MALE AGE GROUP 60 - 69		
1	15 Chris Andresen	60 Montpelier	VT 2:43:03
2	17 Chuck Arnold	68 Burlington	VT 2:47:31
3	41 John Izzo	67 Salisbury	VT 3:28:53
4	44 John Kaeding	68 Worcester	VT 4:01:38
	FEMALE AGE GROUP 70 - 99		
	MALE AGE GROUP 70 - 99		
1	29 John Hackney	70 Montpelier	VT 3:06:42

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*****LEG 1 13 Miles RESULTS*****

Place	Div/Tot	Name	R	Age	S	City	St	Leg1	Pace
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1/2	Gavin Boyles	R	40	M	Montpelier	VT	1:23:25	6:25
2	1/4	Leah Frost	I	32	F	Glover	VT	1:27:00	6:42
3	1/6	Casey Hubbard	I	28	M	Marshfield	MA	1:27:26	6:44
4	2/6	Jon Rea	I	29	M	Stowe	VT	1:28:31	6:49
5	3/6	Ross Saxton	I	28	M	Calais	VT	1:30:06	6:56
6	4/6	Joseph Kill	I	26	M	Braintree	VT	1:32:33	7:08
7	5/6	Caleb Clark	I	27	M	Calais	VT	1:32:34	7:08
8	1/2	Tim Lamson	I	49	M	Adamant	VT	1:34:48	7:18
9	2/2	Jacob Bradley	R	15	M	E Montpelier	VT	1:37:55	7:32
10	1/7	Jim Flint	I	57	M	Craftsbury	VT	1:37:58	7:33
11	1/6	Dylan Broderick	I	25	F	Montpelier	VT	1:42:45	7:55
12	2/2	Ben Ellingson	I	45	M	Montpelier	VT	1:43:04	7:56

13	1/2	Dot Martin	I	55	F	Williamstown	VT	1:43:14	7:57
14	2/2	Sue Hackney	I	59	F	Montpelier	VT	1:44:00	8:00
15	1/4	Chris Leforce	I	37	M	Colchester	VT	1:44:13	8:01
16	1/4	Chris Andresen	I	60	M	Montpelier	VT	1:45:04	8:05
17	2/7	Bobby Glide-Em	I	57	M	S Duxbury	VT	1:45:07	8:06
18	2/4	Chuck Arnold	I	68	M	Burlington	VT	1:45:50	8:09
19	2/4	Alan McGrath Jr	I	31	M	Lyndonville	VT	1:51:28	8:35
20	2/6	Sarah Bryan	I	25	F	Burlington	VT	1:51:29	8:35
21	3/7	Thomas Nuovo	I	53	M	Burlington	VT	1:51:51	8:37
22	3/6	Karen Krupa	I	25	F	S Burlington	VT	1:52:01	8:37
23	4/7	Mark Mulder	I	57	M	Burlington	VT	1:54:25	8:49
24	1/4	Sandra Dickin	I	49	F	Colchester	VT	1:54:49	8:50
25	2/4	Karen Oppenheimer	I	42	F	Shelburne	VT	1:55:05	8:52
26	5/7	Tom Cardinal	I	52	M	Essex Jct	VT	1:55:05	8:52
27	3/4	Erin Randall-Mullins	I	41	F	Colchester	VT	1:55:05	8:52
28	4/4	Katrina Phillips	I	45	F	Montpelier	VT	1:55:31	8:54
29	6/6	Benjamin Deede	I	29	M	Worcester	VT	1:56:28	8:58
30	1/1	John Hackney	I	70	M	Montpelier	VT	1:56:55	9:00
31	1/4	Nina Aitken	R	61	F	Waterbury Ctr	VT	1:57:01	9:01
32	2/4	Sandy Colvin	R	47	F	Montpelier	VT	1:57:42	9:04
33	3/4	Douglas Farnham	I	35	M	Montpelier	VT	1:57:49	9:04
34	6/7	Mark Howard	I	53	M	Marshfield	VT	1:59:06	9:10
35	1/2	Carlie Krolick	I	61	F	Charlotte	VT	1:59:07	9:10
36	3/4	Caitlin Cusack	R	36	F	Bristol	VT	2:00:49	9:18
37	4/4	Derek Macdonald	I	37	M	S Burlington	VT	2:01:12	9:20
38	2/4	Jessica Parker	I	33	F	Fairfax	VT	2:01:29	9:21
39	4/6	Brittain Lovett	I	29	F	Charlotte	VT	2:02:52	9:28
40	1/1	Rick Deangelis	R	60	M	Montpelier	VT	2:02:56	9:28
41	5/6	Alyssa Malone	I	25	F	Burlington	VT	2:05:21	9:39
42	7/7	Dodge Bingham	I	52	M	Montpelier	VT	2:08:42	9:54
43	3/4	John Izzo	I	67	M	Salisbury	VT	2:08:43	9:55
44	4/4	Gail Pelkey	R	51	F	Waterbury	VT	2:08:51	9:55
45	2/2	Janis Campbell	I	65	F	Jeffersonville	VT	2:12:21	10:11
46	4/4	John Kaeding	I	68	M	Worcester	VT	2:31:36	11:40
47	6/6	Shaina Kasper	I	26	F	Montpelier	VT	2:34:02	11:51
48	3/4	Corey Elane Austin	I	36	F	Waterbury Ctr	VT	2:55:32	13:31
49	4/4	Sarah Springer	I	33	F	S Burlington	VT	2:55:34	13:31

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*****LEG2 7 Miles RESULTS*****

Place	Name	R	Age	S	City2	St	Time	Pace
1	Leah Frost	I	32	F	Glover	VT	48:34	6:57
2	Jon Rea	I	29	M	Stowe	VT	48:46	6:58
3	Casey Hubbard	I	28	M	Marshfield	MA	50:47	7:16
4	Joseph Kill	I	26	M	Braintree	VT	51:14	7:20
5	Ross Saxton	I	28	M	Calais	VT	52:19	7:29
6	Mack Gardner-Morse	R	55	M	Calais	VT	52:59	7:35
7	Kari Bradley	R	48	M	E Montpelier	VT	53:32	7:39
8	Jim Flint	I	57	M	Craftsbury	VT	54:12	7:45
9	Caleb Clark	I	27	M	Calais	VT	55:02	7:52
10	Tim Lamson	I	49	M	Adamant	VT	56:03	8:01
11	Sue Hackney	I	59	F	Montpelier	VT	56:25	8:04
12	Dot Martin	I	55	F	Williamstown	VT	56:37	8:06
13	Jacqueline Jancaitis	R	33	F	Barre	VT	57:25	8:13
14	Dylan Broderick	I	25	F	Montpelier	VT	57:36	8:14
15	Chris Andresen	I	60	M	Montpelier	VT	57:59	8:17
16	Chris Leforce	I	37	M	Colchester	VT	58:33	8:22
17	Chuck Arnold	I	68	M	Burlington	VT	1:01:41	8:49
18	Ben Ellingson	I	45	M	Montpelier	VT	1:03:18	9:03
19	Sarah Bryan	I	25	F	Burlington	VT	1:03:28	9:04
20	Karen Krupa	I	25	F	S Burlington	VT	1:03:38	9:06
21	Thomas Nuovo	I	53	M	Burlington	VT	1:03:48	9:07
22	Karen Oppenheimer	I	42	F	Shelburne	VT	1:04:55	9:17
23	Bobby Glide-Em	I	57	M	S Duxbury	VT	1:05:05	9:18
24	Sandra Dickin	I	49	F	Colchester	VT	1:07:01	9:35
25	Mark Mulder	I	57	M	Burlington	VT	1:07:14	9:37
26	Erin Randall-Mullins	I	41	F	Colchester	VT	1:07:41	9:41
27	Tom Cardinal	I	52	M	Essex Jct	VT	1:07:42	9:41
28	Carlie Krolick	I	61	F	Charlotte	VT	1:08:25	9:47

29	John Hackney	I	70	M	Montpelier	VT	1:09:47	9:59
30	Katrina Phillips	I	45	F	Montpelier	VT	1:10:05	10:01
31	Brittain Lovett	I	29	F	Charlotte	VT	1:10:48	10:07
32	Mark Howard	I	53	M	Marshfield	VT	1:11:12	10:11
33	Derek Macdonald	I	37	M	S Burlington	VT	1:12:48	10:24
34	Benjamin Deede	I	29	M	Worcester	VT	1:13:30	10:30
35	Dodge Bingham	I	52	M	Montpelier	VT	1:13:31	10:31
36	Jessica Parker	I	33	F	Fairfax	VT	1:14:29	10:39
37	Alan McGrath Jr	I	31	M	Lyndonville	VT	1:16:13	10:54
38	Alyssa Malone	I	25	F	Burlington	VT	1:17:42	11:06
39	Douglas Farnham	I	35	M	Montpelier	VT	1:18:05	11:10
40	John Izzo	I	67	M	Salisbury	VT	1:20:10	11:28
41	Ariane Kissam	R	40	F	Montpelier	VT	1:25:45	12:15
42	Charleen Blow	R	49	F	Graniteville	VT	1:27:41	12:32
43	Janis Campbell	I	65	F	Jeffersonville	VT	1:28:04	12:35
44	John Kaeding	I	68	M	Worcester	VT	1:30:02	12:52
45	Corey Elane Austin	I	36	F	Waterbury Ctr	VT	1:43:57	14:51
46	Shaina Kasper	I	26	F	Montpelier	VT	1:49:59	15:43

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*****RELAY RESULTS*****

Place	First Leg	Second Leg	R	Leg1	Leg2	Finish
1	Gavin Boyles	Mack Gardner-Morse	M	1:23:25	52:59	2:16:24
2	Jacob Bradley	Kari Bradley	M	1:37:55	53:32	2:31:27
3	Sandy Colvin	Jacqueline Jancaitis	F	2:01:29	53:38	2:55:07
4	Rick Deangelis	Ariane Kissam	C	2:02:56	1:25:45	3:28:41
5	Gail Pelkey	Charleen Blow	F	2:08:51	1:27:41	3:36:32
6	Nina Aitken		F	1:57:01		
7	Caitlin Cusack	Erin Preston	F	1:59:07		