

## Central Vermont Runners Annual Meeting, March 26, 2017

### Meeting Minutes

28 people in attendance. Meeting began at 5:45pm

1. **Introduction: Meeting started by everyone introducing themselves and by thanking Sarah Richardson for the Chi Running Clinic held prior to the meeting.**
2. **The Meeting Minutes from November were accepted and approved**
3. **Treasurer's Report** John Valentine
  - a. Current cash position - \$6,000+. This is up over last year at this same time of year.
  - b. Income/expense last fiscal year-to-date. John reviewed the details
  - c. **Reminder Process for Race Directors:**  
Complete an accounting at the conclusion of each race.  
To donate proceeds to charity, deposit all proceeds minus expenses.  
Then request a check from John payable to the charity. Reminder: The club keeps two\$ per runner. Any excess can be donated to charity.
4. **Membership Report (Allie not present)**
  - a. Current 306 Total members, 163 Indiv/Family Memberships
  - b. Last year 283/ 143
  - c. 52 Families not yet renewed for 2017 vs 48 last year
  - d. Looking at electronic membership cards – Discussed this idea, but the technology does not appear to be working well as GMAA is using and members report it is not working well. CVR will wait until technology is working better and we may consider using it as well.
5. **Race Updates**
  - a. Races completed since last club meeting  
New Year's Eve 5K -- Ann Bushey and Sandy Colvin reported \$500+ proceeds to the club. The race went well. Attendance down but it was a weekend and other activities going on throughout the state on this date.
  - b. Upcoming Races

Upcoming Races	Race Director(s)	Comments
Mutt Strutt April 30	Cindy Gardner-Morse & Jamie Shanley & Matt Germaine	New RD's working hard. Please volunteer if you are not planning to run. Runners without pets are welcome as well.
Barre Town Spring Run, 5/20	Andrea McLaughlin	Planning going well, again please volunteer if you aren't planning to run
Kids Track Meet 6/2	Dot Helling & Sandy Colvin	The club discussed running out of T-shirts last year and agreed to purchase more this year as we can always use any leftover in future years.
Capital City Stampede 6/10	Shannon Salembier	It is the 40 <sup>th</sup> Anniversary, to recognize this Shannon would like to have T-shirts. If anyone in the club has design ideas send to Shannon, if your idea is used you get a free T-shirt. Shannon also notes State street will be under construction on race day, so we need a lot of volunteers to help out on the course

Paul Mailman 10 Miler 6/25	Andy Shuford & Andrea McLaughlin	Planning going well. Considering adding a second distance to the race. A 5k would make most sense as the turnaround is located well and would keep the runners of both races finishing separate. Would start together but have different bib numbers. The 5k would not be part of the ORS race series.
NSB 5K 9/2	Rowly Brucken & NSB	Good News! The VT Senior Games would like to include this race as part of the State Championship this will draw runners to this race. Anyone who is 50+ is included in the competition; it does not require membership or anything additional. Attendance at this race has been declining, this should help increase registration.
Leafpeepers 10/1	Roger Cranse	Roger discussed the declining registration over the past four years. Most feel this is due to the increase in races throughout the state at the same time of year. Competition has increased. We can continue to try to promote harder and Roger will continue to keep expenses as low as possible. However, we need to keep our donations in line with our expenses as proceeds. If proceeds are declining, our donations should be as well, to make sure we could continue the race.

**6. 2017 Race Series**

**Race Directors and Members note: CVR Member check box on app  
Proposed Allocation of ORS Gift Cards to Events**

Event	
Capital City Stampede	\$ 500
Paul Mailman	400
Bear Swamp	200
Berlin Pond	280
Barre Town	220
First Night	400
Total	\$ 2,000

No changes from last year recommended

**7. Fun Runs:** Unofficial started 3/21; Official start 5/2

- a. New signs ordered
- b. Discussed ideas to build attendance. Flyers, posters, signs promoting? Sandy offered to create a flyer/poster and will send out to the club members in electronic format, so each could print and post wherever they can. In addition, she can bring some to races to promote as well. Other ideas were discussed to change the format of the fun runs. Perhaps make it a 2.5-mile race and everyone can work on speed?

**8. Wednesday Speed Workouts –** The series is going well. There were about four people in the beginning of the series, and by the end, there were 10+ every week. A few have continued to meet over the winter months. If you are

interested in attending but would like to receive e-mails about the workouts, Steve Hill is coordinating and will add you to the e-mail list.

9. **Winter Long Runs** – Jeff reports they are going well, each week there is a good group in attendance.

**10. Budget: (The club voted and passed the following)**

**a. Youth Running Program Grants**

Up to \$2500 can be spent and divided up among the requests for grants

**b. Other Running Organization Grants**

Up to \$1200 can be spent and divided up among the requests for grants

**c. Special Olympics**

\$400.00 donation to Special Olympics

**11. Club Meeting Dates for 2017 Announced**

- I. Monday, May 15
- II. Monday, August 14
- III. Monday, November 6

**12. Election of Officers**

Existing officers:

- 1) President: Donna Smyers
- 2) Vice President: Shannon Salembier
- 3) Secretary: Sandy Colvin
- 4) Treasurer: John Valentine
- 5) At-Large Executive Committee: Darragh Ellerson and Dot Martin

b. No Nominations from the floor

c. Vote cast and above positions

Final

Appointed positions:

- 1) Webmaster: John Hackney
- 2) Publicity/Facebook: Dylan Broderick & (looking for another person to help out)
- 3) Newsletter Editor: Bob Howe
- 4) Membership Coordinator: Allie Nerenberg
- 5) ORS Series Standings Manager: Jim Flint
- 6) Clothing: Looking for someone to take this over if you are interested , contact Donna
- 7) Grants: Ann Bushey

**13. Other Business**

Should the club consider having the club

Clothing purchased on line?

Training Group for Leafpeepers? – Would anyone be interested in hosting a training group? Doesn't have to be the same person each week, but what if the club hosted training program and hosted a run each weekend? Lance Parker offered to host. If you are interested in hosting and helping with this, contact Donna and/or Lance

Mailchimp for Race Promotion? – Greg is learning to use Chrono track for promoting Leaf Peepers. The club discussed using this or other system for race promotions and as a way to communicate and promote our events with runners in the state.

Course Certification: Leafpeepers, Berlin Pond – The courses need to be re-certified and the club is looking for members interested in learning how to do certification. Requires someone with some skills with numbers and a little artistic ability to draw out course maps. Lance Parker expressed interest in learning more. If you are interested, contact Donna.

Build the Bridge event? Sub ultimate Runner Picnic? Discussed created a fundraiser in which proceeds would go towards building a bridge to connect the bike path (s) and extend / increase paths for running and/or biking. Perhaps the club could host a Sub ultimate race. This has been done before and it is a fun event. Discussed what is involved, and Donna expressed interest in hosting....if you are interested in helping or learning more, contact Donna.

Meeting adjourned at 7:15 pm