

Central Vermont Runners
Meeting Minutes
August 14th, 2017

About 14 members in attendance, meeting called to order at 6:30 pm

Meeting Minutes – Approved the meeting minutes from the last meeting.

Treasurers Report – Discussed the CVR account has moved to a new bank. John handed out deposit slips to race directors. Also discussed tax-exempt status of the club, which John has also been working on.

Membership Report – Discussed a waiver that has been added to our membership applications going forward. This has been added to both the online and print version.

RRCA Updates – Conflict of Interest Policy – Sandy and Donna shared with the attendees a requirement by RRCA for the club to have a written Conflicts of Interest Policy and for the executive committee to complete and sign a conflict of interest policy statement and disclosure. Sandy handed out the form to executive committee for signature and a copy of the policy to all in attendance. Donna will send to John for posting to the website. Sandy will continue to collect the statement from executive committee.

Race Updates –

Barre Town Spring Run – Event went well

Kids Track Meet – Donna shared Dot's notes and Sandy discussed event went well.

Capitol City Stampede – Donna shared Shannon notes – good turnout, better than previous. Event went well.

Paul Mailman – This year a 5k was added and that seemed popular. Discussed ideas for the future of the race. Challenges are the time of year and the heat. We will continue this discussion and other ideas at our November meeting.

Bear Swamp – Discussed the race went well. Discussed medical emergency for one of the participants. She is o.k.

Barre Heritage – Race went well, had another medical emergency for one of the participants who is o.k.

Fun Runs – Darragh shared the attendance over the past few weeks and it has been in the upper 20's lower 30's. Great turnout. Seeing lots of families and younger runners.

Leaf Peepers Training – They are looking for volunteers to help lead running groups of various speeds on Saturday mornings at 8:00 am. Contact Onion River, Donna or Richarda Ericson if you are interested in leading a group.

Upcoming Races –

Berlin Pond – Planning going well, Jeff could use a few more volunteers. If you are available contact Jeff Prescott or simply show up and he will find a spot for you.

NSB 5K – Changed the start time and no race day registration

Sodom Pond – Place of registration will likely change to Fixer Upper and there will not be a dinner this year.

Leaf Peepers – Roger shared with the group we have two new sponsors this year, Turtle Fur, who is going to provide all of the prizes, and Green Mountain Solar who will help with water stops. Roger also shared registration is much lower than this time last year. We will wait to see where we end up with registration and will discuss at our November meeting.

NYE 5K – Ann Bushey is looking for a co-director, if you are interested in learning more about being a race director, start by being co-director for this low-key event. Great opportunity to learn. Contact Ann Bushey.

Equipment – We are good but still looking for Seikos Timers. If you have been a race director or involved in storing equipment for the club in the past, please look to make sure, maybe you have one of the old timers.

Medical Safety: Because of the two medical emergencies at our races, we discussed our current process and the responsibility of the club and race directors. After discussion, it was agreed we followed our procedures correctly and there is not a concern that we need to change our current procedures or processes. Donna handed out an RRCA checklist to follow in case of future medical emergencies. The members agreed that calling 911 is the best option for medical emergencies at events and training CVR members for significant medical events was not reasonable.

Committees Needed:

Nomination for next year's officers – Greg Wight and John Valentine volunteered for this committee.

ORS Series and CVR Race Schedule - proposal for changes to the program and race schedule – Bob Murphy volunteered for this committee

Report on Donations: Ann Bushey is planning to send out the donation letters to the same group as previous; members felt it was good to continue for this year.

Club Clothing – Donna reminded the group there is club clothing available at ORS

NEXT MEETING DATE: MONDAY NOVEMBER 6TH AT THE HOME OF MICHAEL CHERNICK!

Meeting adjourned at 8:00 pm.