

**41st Annual Capital City Stampede  
10k Road Race  
Saturday, June 9, 2018  
Race Start: 9:00am**

**Registration:** \$15.00 until June 9, 2018, \$20.00 on Race-Day

**Race-Day Registration** is 7:45-8:45 AM at City Center Lobby, 89 Main Street, Montpelier, VT. **This is different from previous years.**

**Awards:** Gift certificates to top 3 Male and Female finishers.

**Prizes** to top age group finishers.

**Name** \_\_\_\_\_ **Age** (race day) \_\_\_\_\_

**Sex:** M F                      **CVR Member?** Yes No

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_

**Zip** \_\_\_\_\_ **Email** \_\_\_\_\_

Check payable to: Central Vermont Runners

Mail to: Shannon Salembier, 4 Edwards Street, Montpelier, VT 05602

More information: [www.cvrrunners.org](http://www.cvrrunners.org) or [shannonsalembier@gmail.com](mailto:shannonsalembier@gmail.com)

or phone: 802-238-0333

I hereby waive, release, and discharge any and all claims from damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of my participation in the Capitol City Stampede. This release is intended to discharge the promoters, sponsors, officials and any public entities, from and against any and all liability.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian if under

18: \_\_\_\_\_ Date: \_\_\_\_\_

Organized by:

