

CENTRAL VERMONT RUNNERS

MINUTES OF THE MAY 14, 2018 CVR MEETING

LOCATION: HOME OF BOB MURPHY

MINUTES TAKERS: DOT HELLING & GRAHAM SHERIFF, standing in for Sandy Colvin

Meeting was convened at 6pm by Andy Shuford, President. Bob Murphy proclaimed that a quorum would be a majority of those present. Attendees totaled 10-12 through the duration of the meeting.

1-2. Annual meeting minutes were approved unanimously. No Treasurer's report was available although Andy reported we have \$5300 in the bank as opposed to \$4900 last year at this time.

3. Membership is at 255. There are currently 75 non-renewals. Andy will touch base with those folks.
4. Newsletter – Bob Howe is retiring, Maryke Gillis is taking over after the August newsletter.
5. Manny Sainz is making a master data list of all our equipment which will be accessible only to members. It will allow members to sign in and out for CVR equipment. He has also completed an accounting of Club assets including, for example, 39 cones. John Hackney will work on password protected access to the equipment list and sign in/out for race directors.
6. So far we have had two official fun runs and walks. Both weeks have had walk participants. The first official fun run was followed up with a Club evening at Julio's which was well attended. Andy is thinking of having a Julio's night once a month after fun run.
7. Allocation of Onion River Outdoors gift cards was discussed. The Club has been promised \$1,000 in gift cards for CVR/ORO race series events starting June 1. A vote to allocate \$500 to Capital City Stampede, \$200 to Bear Swamp, and \$300 to Berlin Pond passed unanimously. Northfield and Leafpeepers do not rely on gift cards and have other prize donors so they were not considered for these for gift cards.

As Dot Helling had to leave the meeting, two items were taken out of order:

The Kids Track Meet is set for Friday, June 1. Dot and Sandy Colvin are in good shape but do still need some volunteers. They had too many volunteers last year with not enough to do and are looking for definite commitments for specific duties. New this year will be a food cart at the track serving hamburgers and mac and cheese, as well as the appearance of Miss Vermont Junior High School Cameryn Melendy and possibly Olympian Amanda Pelkey. Coach Emmanuel Riby-Williams will be present again to help with track events and direct the pre-race warmup on the field. There will be a running shirt give-away and Dot is collecting running cotton and technical shirts for donation to this activity. Bring them to fun run or drop them on Dot's back porch at 29 East State Street.

Cindy Gardner Morse reported that the Mutt Strut was identified as an "Editor's Pick" by a researcher in Ohio who compiled an extensive data base of dog runs across the country. Check it out at <https://runrepeatcom/the-dog-race-database-fido-fitness-and-fun>

At this point Graham Sherriff took over the taking of the minutes:

8. Club shirts

Andy will check with John Valentine about budget for purchasing more shirts, possibly higher-quality short- and long-sleeved shirts. Inventory is low, especially for men's medium, plus ORO may take a CVR rack.

9. Summer outing

July 22 or July 15 were agreed as provisional dates. There are many locations with trails, water supply and picnic facilities: Lake Elmore, Wrightsville Reservoir, Waterbury Reservoir, Groton, North Branch and Brookfield are possibilities. \$250 was agreed as a budget for the venue. The event would be a potluck and free to CVR members (not including any admission to the location, such as state park fees).

10. Race updates

- ! Adamant 20 Miler: The number of runners was lower than in previous years (42 paid runners), possibly due to competition from the Middlebury Maple Run. But the financials were good, making it possible to raise the donation to the Adamant Community Center to \$500. The big clock failed (again) after an hour and a half. This seems to be a battery issue – the clock functions when plugged in to a power source. At the end of the season, it may be necessary to pay for a repair, which can only be done by one company in the region (Mass.). There was one complaint from a local resident about the traffic of runners, though this may have been fueled by the larger traffic of Muddy Onion cyclists the previous weekend. Donna recommended Costco as a low-cost source for cups and similar supplies.
- ! Mutt Strutt: Accidentally, the winning runners did not receive the first-place awards, otherwise the race went well. There were 62 runners, making possible a donation of \$491 to the Central Vermont Humane Society, which sent a letter of thanks. The “World” published a list of race sponsors – which may be helpful for obtaining future sponsorships. An Ohio-based health researcher who compiles dog-friendly recreational events gave the Mutt Strutt an award for being “unique” and “outstanding”. Cindy said she is willing to promote other CVR races by contacting WDEV.
- ! Paul Mailman: The new date seemed to work well: the weather was good. The number of runners was up slightly for the 10-miler and down significantly for the 5K. Combined with the need to purchase awards, this resulted in a ~50% drop in profits.
- ! Capital City Stampede: This will be part of the GMAA series.
- ! Berlin Pond: A course issue has come up and it is unclear whether current work on a culvert replacement on Mirror Lake Road will be completed before race date. Permits are secured for the race. We will evaluate whether a course change will be necessary.
- ! Leaf Peepers: Greg gave an update on the work done by the Rejuvenation committee. The plan to return to the old course in 2019 remains in place. Outstanding issues are (a) opposition from

the Duxbury selectboard – the committee plans to offer financial incentives; (b) safety concerns among local residents – the committee is exploring the possibility of Norwich University cadets acting as course marshals; (c) affordability – the cost of entry will be unchanged. Most previous sponsors are continuing, plus the committee is planning to reach out to local breweries and pubs. A race director is still needed for 2019; the stipend was \$1,500 in 2017.

- ! Montpelier Mile: Donna will talk to ORO. ORO needs to confirm the event with Montpelier Alive asap.
- ! Barre Town Spring Run: Volunteers needed.

11. Miscellaneous

- ! Next meeting: rescheduled to Monday, August 20.
- ! Other business: Manny has been working on adding all race entries (more than 115!) to all calendars and this will be completed by the end of the week.