

# 6th Annual FIRST NIGHT MONTPELIER 5K Running Race

Montpelier, Vermont, December 31, 2000

Name	Age	Time	Place		MALE	18-29	
				(overall)			
<b>FEMALE UNDER 18</b>					<b>MALE 18-29</b>		
Fiona Harrison	16	23:50	12	(F-3)	Joe Gingras	25	20:57 1
Sasha Gerdel	16	26:31	26	(F-6)	Wilson Skinner	18	21:51 3
Christina Rossi	16	27:49	35		Roy Belcher	18	24:33 15
Crystal Riportella	16	29:56	46		Damian Bolduc	23	24:36 16
					Chris Ladue	23	24:53 19
					Graham Rufenacht	18	29:54 45
<b>FEMALE 18-29</b>					<b>MALE 30-39</b>		
Caroline Zeilenga	18	23:06	6	(F-2)	William Kane	39	23:38 10
Jessica Bolduc	24	26:50	28		Mack Gardner-Morse	39	24:21 14
Bethany Arrand	18	29:15	40		Marcel Fouche	38	24:43 18
Helen Cowart	18	29:41	44		Scott Griggs	38	26:34 27
<b>FEMALE 30-39</b>					<b>MALE 40-49</b>		
Lori LaCroix	38	25:42	22	(F-4)	Bruno LaCroix	38	28:56 37
Laura Medalie	38	27:10	30		Craig Graham	38	30:48 50
Betsy Martin	36	27:36	33				
Maureen Carr	36	30:17	48		Tim Noonan	44	21:42 2
Claudine Cole	36	32:26	52		Wade Walker	44	23:16 7
Katja Becker	32	34:03	55		Jamie Shanley	47	23:16 8
<b>FEMALE 40-49</b>					<b>MALE 50-59</b>		
Susan Barber	43	22:08	4	(F-1)	Mike Feulner	47	23:45 11
Ann Bushey	42	26:11	24	(F-5)	Todd Sternbach	40	24:41 17
Carol Ayer	40	29:22	41		Norm Robinson	45	25:01 20
Linda King	45	30:15	47		Steve Barrows	47	26:30 25
Denise Bean	40	30:36	49		Dennis Casey	42	26:59 29
Judy Keyes	41	33:36	53		Eric Ryea	47	27:34 32
Maryke Gillis	40	34:39	56		Fran Cook	48	28:53 36
Denise Joy	47	36:26	60		Jonathan Spencer	42	29:14 39
Ella Armstrong	45	49:27	63		John Joy	48	47:55 62
<b>FEMALE 50-59</b>					<b>MALE 60+</b>		
Dot Helling	50	27:33	31		John Hackney	55	22:56 5
Ruth Harrison	52	29:36	43		Gregory Gerdel	53	23:33 9
Charlie Sroka	51	33:41	54		Glenn Gershaneck	53	24:03 13
Susan Bradt	59	35:47	57		Greg Wight	55	27:42 34
Patricia Rennau	51	36:21	59		Bill Lorenz	52	29:36 42
Rhoda Chickering	53	36:58	61		George Belcher	51	31:25 51
<b>MALE UNDER 18</b>					<b>MALE 60+</b>		
Aaron Griggs	14	25:19	21		Rob Chickering	56	36:15 58
					Bob Murphy	60	26:09 23

And special thanks to all First Night race volunteers:

Kathy Barrows

Mike Benoit

Richard Bushey

Richard Cleveland

Cindy Gardner-Morse

(& children)

Dea Kalea

Genna McCarthy

Laura Medalie

Bob Murphy

Tim Noonan

Michelle Perron

Norm Robinson

Betty Rose

Ann Sairs

John Sairs

Eric Schwarz

Jamie Shanley

Jim Sheridan

Buzz Surwilo

Greg Wight

John Valentine

## **CVR Meeting minutes – November 28, 2000**

Michael Chernick

The Central Vermont Runners' Club gathered for a potluck supper and business meeting at the home of club President Norm Robinson, on Tuesday November 28, 2000. The meeting began with the announcement that the club now owns a new bullhorn for starting races. The old horn was no longer functioning, and the new one will be very useful at the starting line.

Dave Kissner, director of the First Night Race, reported that applications for the race were printed and that a new feature of this year's festivities would be a post race raffle. The top winners will be awarded running shoes or a sports bag. The race is to be held on New Year's Eve, with registration and post race ceremonies scheduled for the auditorium at the Pavilion State Office Building. In preparation for First Night, discussion turned to the Onion River Grand Prix standings, First Night being the final race in the series for the year 2000. Norm commented that CVR's calculations may not be complete, and he suggested consulting with Onion River Sports. Dave will make the contact. Norm reminded everyone that CVR remains responsible for the purchasing and awarding of Grand Prix prizes. Norm will review any preexisting criteria for the awarding of the prizes.

Richard Cleveland had previously recommended to the membership that the club purchase a set of "Road Race in Progress" signs for use at CVR sponsored events. The signs, which are manufactured by Sign Design in Montpelier, are comprised of corrugated plastic and mounted on a wire frame. Tim Noonan moved that the club purchase 6 double sided signs at the approximate cost of \$36 per sign. The motion was approved, and Richard will be responsible for arranging the purchase.

Our colleagues from Chittenden County, the Green Mountain Athletic Association, will be celebrating their Diamond Anniversary in 2001. They have invited CVR members to join them at a midsummer celebration featuring both relays and a barbeque. The CVR members viewed the proposal most favorably. The July event might be the initiation of an annual interclub soiree. Subsequent to the meeting, Norm reported that July 22 was a possible target date for the combined clubs' gathering.

On scheduling matters, it was decided that the annual meeting will not be combined with any Volunteer/Grand Prix awards event. The annual meeting is devoted to a busy agenda of business matters for the year, and it was not deemed a good match

for an awards celebration. A Volunteer/Grand Prix event (similar to the dinner held in 1998 at the Methodist Church) was decided upon. If possible, the same venue will be used and the dinner would occur in late February or early March. Tim will investigate the date and site availability and Dave will serve as liaison to Onion River Sports. A possible prize would be customized coffee mugs.

Keeping on pace, it was announced that with the purchase of new timers our deficiency in this vital area had been solved.

The CVR Annual Meeting will occur on Sunday January 14 at 4:00 P.M. at Michael Chernick's home (75 Cityside Drive at Murray Hill in Montpelier). At 2:30, premeeting skiing will be available from Dave Kissner's and at the same hour, a run was scheduled from Michael's. More updated information will be posted on the CVR web site.

Norm has proposed to amend the CVR Constitution for the purpose of changing the club's business year from the concurrent

calendar year to one beginning in April. The intent is to more accurately correspond with our racing activities. Under Norm's plan, future annual meetings, starting in 2002, would be held in March. Officers elected in January 2001, would serve until March 2002. Norm will make this proposal at the Annual Meeting.

As for Leaf Peepers, Harwood Boosters will receive a check in the amount of approximately \$3,300 and the club's final proceeds will total approximately \$1,800. Tim proposed that Curtis' salary for 2001 be raised, with the proviso that he assume greater responsibility for the event. This would include decreasing the number of Leaf Peeper Committee meetings. To accomplish this objective, the club would retain \$1.50 instead of \$2.00 per person. The club's leadership was authorized to negotiate with Curtis upon his return to Vermont in December.

On the electronic front, Donna Smyers reminded everyone that one can join the e-group exclusively for posting purposes. The meeting adjourned at 8:25 P.M.

## ***Upcoming events*** (for comprehensive list visit [www.cvrrunners.org](http://www.cvrrunners.org))

- Sunday, Jan.14, 2:30 p.m. **CVR Fun ski/run Meet** at Dave Kissner/Laura Medalie's on Barnes Road, East Montpelier, 229-4523. Warm-up to annual meeting.
- Sunday, Jan.14, 4 p.m. **CVR Annual Meeting** at Michael Chernick's, 75 Cityside Drive at Murray Hill in Montpelier (left off N. Main Street about one mile north of downtown Montpelier), 223-0918. Starts with potluck supper.

*This is the most important meeting of the year where race dates and directors are chosen. Also, new officers, newsletter editor and all club positions are filled. We will also be voting on the constitution changes that were published in the last newsletter.*

- Sunday, May 27. **Vermont City Marathon**, Burlington. Marathon relay filled. Entry slots for marathon are expected to fill *before January 31!* Register now, info at [www.vcm.org](http://www.vcm.org).

# Central Vermont Runners membership application/renewal

Name (please print) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Sex: M F Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Phone \_\_\_\_\_

Names and birth dates of additional household members of CVR:

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

As a responsibility of club membership, I will try to be available to work on at least one club race during the year. My preferred race is indicated below. (Race directors may contact you.)

April - Mutt Strutt \_\_\_\_\_ May-Oct. Tuesday fun runs \_\_\_\_\_  
June - Kids' Track Meet \_\_\_\_\_ June - Capitol City Stampede \_\_\_\_\_  
June - Montpelier 10 Miler \_\_\_\_\_ July - Bear Swamp Run \_\_\_\_\_  
August - Berlin Pond Runaround 8K \_\_\_\_\_ September - Northfield 5K \_\_\_\_\_  
October - Leaf Peepers 1/2-mara./5K \_\_\_\_\_ December - First Night 5K \_\_\_\_\_

Annual dues are \$10 for individual or family, \$2 for students. Enclosed are dues for the following years: 2001 2002 2003 2004 2005

Please make checks payable to Central Vermont Runners and mail to:  
Laura Medalie, 150 Barnes Road, Montpelier, VT 05602.



Central Vermont Runners  
c/o Jamie Shanley  
Box 152  
Montpelier, VT 05601

President: Norm Robinson  
Vice President: Richard Cleveland  
Secretary: Michael Chernick  
Treasurer: Laura Medalie  
Webmaster: Dave Kissner  
<http://www.cvrrunners.org>

# January 2001

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CVR annual meeting, January 14 – see details on page 3