

**Barre Town Spring Run 5K**  
**Saturday May 18, 2019**

**Race Start: 9:00am**

**Location: Barre Town Recreation Facility behind Barre Town School**

**Registration fees: to benefit Barre Town Recreation Department**

Adults (over 18): \$10

High School (grades 9 - 12): \$5

8<sup>th</sup> grade and under: Free

**Race-Day Registration** is at 7:45 -8:45 am at the track.

**Prizes:** top 3 boys and girls 10 and under; first place male and female in all other age groups and overall.

**Name** \_\_\_\_\_ **Age (race day)** \_\_\_\_\_

**Sex: M F**                      **CVR Member? Yes No**

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_

**Zip** \_\_\_\_\_ **eMail** \_\_\_\_\_

**Check payable to: Central Vermont Runners**

**Mail to: Phil Krajewski, 51 Sunset Rd., Barre, VT 05641**

**To Volunteer or for more information contact Phil Krajewski:**

**krajewsk@epix.net or (570) 916-5514**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, local animals, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that running with a baby jogger or dog is prohibited. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Central Vermont Runners, Adamant Community Club., and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to the foregoing to use my photographs or any other record of this event for any legitimate purpose. I understand that this event does not provide for refunds in the event of a cancellation which may arise from extreme weather or other unforeseen circumstances.

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent or Guardian if under 18** \_\_\_\_\_ **Date:** \_\_\_\_\_