

Central Vermont Runners
Annual
New Year's Eve Road Race

Tuesday, December 31st, 2019
Race start 2:00pm

A 5K Road Race in downtown Montpelier

Cost: Adults \$15
Youth 19 and under \$10
Family \$40 max

Price remains the same for pre-registered race day registration.
We encourage PRE-REGISTRATION by completing this application and mailing it in with payment.

Or REGISTER ONLINE at www.cvrrunners.org

Race Day Registration: 12:30 to 1:45 pm in the basement auditorium
in the Pavilion Building

Course description: Starts on Court St. near the Pavilion State Office Building.
Relatively flat first mile, uphill to the mile and a half point, and downhill on the return.

Please: No running with a pet or baby jobber/stroller.

Directions to: Montpelier, the Pavilion Building, & Registration—

- **FROM THE NORTH & SOUTH take exit 8 off I-89. At the 3rd traffic light, right before a Sunoco Station, turn left onto Taylor Street. Proceed over the bridge and to the next intersection with State Street. Governor Davis Avenue is directly ahead, and the Pavilion Building is the large brick building on the far side of State Street, to your left.**
- **PLEASE PARK AT ANY METERED LOCATION on city streets (metered parking is free on New Year's Eve), or at the public parking lot on the right side of Taylor St. just past the Taylor St. bridge. There is no parking on Gov. Davis Ave., and please do not park on Court Street where the race starts.**
- **REGISTRATION IS IN THE BASEMENT OF THE PAVILION Building (which is the more recently constructed part of the building.) Use either of the two backside doors or the back door adjacent to the State House parking lot. The basement auditorium is down just one flight of stairs**

First name: _____ Last name: _____

CVR Member? Y N Sex: M F Age on race date: ____ Birth date _____

Address: _____ Email: _____

City: _____ State: ____ Zip: _____ Phone: _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Central Vermont Runners, their representatives and successor from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand if I participate with a dog on a leash or pushing a stroller, which are both prohibited by CVR, I may be asked to discontinue the race and/or my results will not be calculated or used in overall race results.

Signature (parent or guardian if under 18) _____ Date: _____

Cost: Adults: \$15

Youth under 19: \$10

Family max: \$40

Please make checks payable to: Central Vermont Runners

Mail forms to: **Manny Sainz**
1078 Brook Rd.
Marshfield, VT 05658

For for information or to volunteer

Manny Sainz

mannypsainz@gmail.com

802-522-5876