



## 2nd Adamant Half Marathon or 2 Person Relay

Saturday, May 9, 2020 at 10 a.m.

To Benefit:

**Adamant Community Arts Council**

*Scenic figure 8 on dirt roads with ponds and hills through Calais and East Montpelier.*

- Aid Stations with Gatorade every 2 miles
- Hearty, warm post race soups and bread
- Individual half marathon (not relay) is Race 4 in the **2020 CVR/ORO Race Series!**

### **2 person Relay**

- Relay leg 1: 5.1 mile loop, leg 2: 8 mile loop, exchange near start/finish.

**Directions:** From Montpelier, follow Main St. through the roundabout and up the hill. Main St. becomes County Rd. At 6 miles from the roundabout turn right on Haggett Rd. In 1.1 miles, turn L on Martin Rd. The Adamant Community Club is on your R. Please park as directed by signs and volunteers.

**Registration** Race Day 8:30-9:45 a.m. Adamant Community Club, 1161 Martin Rd, Adamant  
For more information [www.cvrrunners.org](http://www.cvrrunners.org) or call Donna Smyers 802-229-4393 [dosmyers@gmail.com](mailto:dosmyers@gmail.com)

Please Print Clearly

Cut Here to mail in

### **OFFICIAL ENTRY FORM – May 9, 2020 ADAMANT HALF MARATHON**

Name (Indiv or First leg): \_\_\_\_\_ Sex: M\_\_\_ F\_\_\_ Age on 5/9/20: \_\_\_\_

CVR Member? Yes\_\_\_ No\_\_\_ If not, consider joining at CVRunners.org! Join now to be part of race series.

Email: \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Relay leg 2 Name \_\_\_\_\_ Sex: M\_\_\_ F\_\_\_ Email: \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, local animals, the effects of the weather, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that running with a baby jogger or dog is prohibited. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Central Vermont Runners, Adamant Community Club., and all sponsors, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to the foregoing to use my photographs or any other record of this event for any legitimate purpose. I understand that this event does not provide for refunds in the event of a cancellation which may arise from extreme weather or other unforeseen circumstances.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Relay leg 2 or parent or guardian if participant under 18 years of age.

See more information online at:

<http://www.cvrrunners.org>

**Entry Fee:** \$20 by 5/7, \$25 Race Day for individuals; \$30 by 5/7, \$35 Race Day for Relays  
Payable to CVR c/o Donna Smyers, PO Box 102, Adamant VT 05640