## 2nd Annual Adamant 20 Miler May 7, 2011 Adamant, VT

Competing with Green Up Day on a busy Mother's Day weekend, participation was light at the 2<sup>nd</sup> Annual Adamant 20 Miler. Compared with last year's rain, the sunny weather with temperatures in the 60's was perfect for both runners and cyclists. Out of 47 total registered, 32 runners and 9 cyclists completed the course. Rowly Brucken was first to cross the finish in a time of 2:17:20 followed closely by Steve Rucker in 2:17:32. The women's race was also very close although not hotly contested as Alicia Groft and Carey Russ finished together in 2:50:09 with the finish line judges giving it to Alicia Groft as Carey did not quite make the turn to cross the line. Age groups were well represented as 21 year old Joseph Kill came in 3<sup>rd</sup> OA in 2:19:33. 67 year old Zeke Zucker finished in 10<sup>th</sup> in 2:53:57 and 69 year old Newton Baker broke 4 hours in 3:57.

Thank you very much to the dedicated volunteers who provided food and water and helped with timing, registration and course set up: John and Toni Kaeding, Becky Diedrich, Lori Lacroix, Roger Cranse, Rose Kent, Grant Ornstein, Chris Andreson, Phyllis Arsenault Berry, Andrea McLaughlin, and Ruth Charbonneau.

Eric Ryea, Race Director & Donna Smyers Co-RD

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Place	Div/	Tot Name	Age S City	St Time	Pace
1	1/6	Rowly Brucken	42 M Northfield	VT 2:17:	20 6:52
2	2/6	Steve Rucker	43 M Burlington	VT 2:17:3	2 6:53
3	1/2	Joseph Kill	21 M Randolph	VT 2:19:33	6:59
4	1/6	Chris Fox	36 M Henniker	NH 2:32:14	7:37
	2/6	Justin Ryea	32 M Burlington	VT 2:32:15	
6	1/5	Chris Andresen	55 M Montpelier	VT 2:35	:25 7:47
7	3/6	Ray Charbonneau	49 M Arlington	MA 2:4	5:56 8:18
8	1/5	Alicia Groft	35 F W. Lebanon	NH 2:50:0	9 8:31
9	2/5	Carey Russ		NH 2:50:09	
10	1/3	Zeke Zucker	67 M Jeffersonvil		
11	2/5	John Duff	58 M Newfane	VT 2:57:1	
12	3/6	Justin McCabe	33 M Montpelier		:50 8:54
13	4/6	David Kelley	39 M Plainfield		
14	1/3	Jenny Bedell	49 F Underhill	VT 2:59:34	
15	5/6	Joe Zelazny	35 M Manchester	NH 3:02	
16	2/2	Aaron Griggs	24 M Montpelier	VT 3:05:	:31 9:17
17	1/1	Dot Helling	61 F Montpelier		
18	2/3	Joy Dubin Grossr			
19	3/5	David Erickson		VT 3:10:2	
20	4/6	Scott Griggs	49 M Orange	VT 3:10:33	
21	1/1	Linda Hallinger	58 F Washington		:08 9:34
22	3/5	Jill Smith		VT 3:18:05	
23	5/6	David McMath	48 M E. Hardwi		20:58 10:03
24	4/5	Thomas Hogeboo			3:20:58 10:03
25	5/5	Rick De Angelis			
26	6/6	Mark Bates	49 M Barre	VT 3:23:40	
27	4/5	Victoria Hill	37 F E. Hardwick	VT 3:27:19	
28	6/6	Shaun Gean	34 M Quincy	MA 3:27:2	
29	5/5	Amy O'Toole	38 F Hyde Park		
30	2/3	John Kaeding	63 M Worcester		:56 11:09
31	3/3	Newton Baker	69 M Montpelie		
32	3/3	Karen Machia	48 F Jeffersonvil	le VT 4:55:	50 14:48

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****** AGE GROUP RESULTS LIST ********						
******* FEMALE OVERALL RESULTS ************************************						
******* MALE OVERALL RESULTS ************************************						
1 K	owly Brucken 42 Northfield VT 2:17:20					
Div	OA Name AGE Town ST Time MALE AGE GROUP 20 - 29					
1	3 Joseph Kill 21 Randolph VT 2:19:33 16 Aaron Griggs 24 Montpelier VT 3:05:31					
2	16 Aaron Griggs 24 Montpelier VT 3:05:31					
FEMALE AGE GROUP 30 - 39						
1	8 Alicia Groft       35 W. Lebanon       NH 2:50:09         9 Carey Russ       35 Hanover       NH 2:50:09         22 Jill Smith       32 S Burlington       VT 3:18:05         27 Victoria Hill       37 E. Hardwick       VT 3:27:19         29 Amy O'Toole       38 Hyde Park       VT 3:29:29					
2	9 Carey Russ 35 Hanover NH 2:50:09					
3	22 Jill Smith 32 8 Burlington VI 3:18:05					
4 5	2/ VICTOTIA HIII 3 / E. HAROWICK VI 3:2/:19					
3	29 Amy O'100le					
MALE AGE GROUP 30 - 39 1 4 Chris Fox 36 Henniker NH 2:32:14						
2	5 Justin Ryea 32 Burlington VT 2:32:15					
3	12 Justin McCahe 33 Monthelier VT 2:57:50					
4	4 Chris Fox 36 Henniker NH 2:32:14 5 Justin Ryea 32 Burlington VT 2:32:15 12 Justin McCabe 33 Montpelier VT 2:57:50 13 David Kelley 39 Plainfield VT 2:59:17 15 Joe Zelazny 35 Manchester NH 3:02:11 28 Shaun Gean 34 Quincy MA 3:27:20					
5	15 Joe Zelazny 35 Manchester NH 3:02:11					
6	28 Shaun Gean 34 Quincy MA 3:27:20					
Ü	FEMALE AGE GROUP 40 - 49					
1	14 Jenny Bedell 49 Underhill VT 2:59:34					
2	18 Joy Dubin Grossman 46 S Woodstock VT 3:10:27					
3	32 Karen Machia 48 Jeffersonville VT 4:55:50					
	MALE AGE GROUP 40 - 49					
1	1 Rowly Brucken 42 Northfield VT 2:17:20					
2	2 Steve Rucker 43 Burlington VT 2:17:32					
3	7 Ray Charbonneau 49 Arlington MA 2:45:56					
4	20 Scott Griggs 49 Orange VT 3:10:33					
5	23 David McMath 48 E. Hardwick VT 3:20:58					
6	2 Steve Rucker 43 Burlington VT 2:17:32 7 Ray Charbonneau 49 Arlington MA 2:45:56 20 Scott Griggs 49 Orange VT 3:10:33 23 David McMath 48 E. Hardwick VT 3:20:58 26 Mark Bates 49 Barre VT 3:23:40					
FEMALE AGE GROUP 50 - 59						
1	21 Linda Hallinger 58 Washington VT 3:11:08					
1	MALE AGE GROUP 50 - 59					
1	6 Chris Andresen 55 Montpelier VT 2:35:25					
2 3	11 John Duff 58 Newfane VT 2:57:19 19 David Erickson 58 Barre VT 3:10:28					
4	24 Thomas Hogeboom 59 Hardwick VT 3:20:58					
5	25 Rick DeAngelis 55 Montpelier VT 3:21:59					
3	FEMALE AGE GROUP 60 - 99					
1	17 Dot Helling 61 Montpelier VT 3:10:26					
•	MALE AGE GROUP 60 - 99					
1	10 Zeke Zucker 67 Jeffersonville VT 2:53:57					
2	30 John Kaeding 63 Worcester VT 3:42:56					
3	31 Newton Baker 69 Montpelier VT 3:57:13					
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