

CVR Capital City Stampede 10K
 2013 CVR/ORS Race Series Race #4
 USATF Certified. Registration No. USATF #VT09011RF
 Montpelier, VT 06/08/2013

Place	Div/Tot	Name	Age	S	City	St	Time	Pace
1	1/5	Steve Wallace	37	M	Hinesburg	VT	36:55	5:57
2	2/5	Gavin Boyles	37	M	Montpelier	VT	38:06	6:08
3	1/7	Alicia Freese	29	F	Montpelier	VT	38:52	6:16
4	1/10	Jon Floyd	40	M	Waterbury Ctr.	VT	40:08	6:28
5	2/10	George Cook	40	M	Montpelier	VT	40:10	6:28
6	1/10	Jim Flint	54	M	Craftsbury	VT	40:44	6:34
7	2/10	Michael Wolfe	50	M	Newton	MA	41:19	6:39
8	3/10	Ben Ellingson	42	M	Montpelier	VT	41:47	6:44
9	3/5	Tom Hirschfeld	32	M	Montpelier	VT	42:08	6:47
10	4/10	Daniel Miller-Arsen	44	M	Middlesex	VT	42:23	6:50
11	5/10	Sean Murphy	46	M	Websterville	VT	42:31	6:51
12	3/10	Mack Gardner-Morse	52	M	Calais	VT	42:57	6:55
13	2/7	Amy Stewart	29	F	Stowe	VT	43:22	6:59
14	1/7	Catherine Reed	36	F	Plainfield	VT	43:54	7:04
15	4/10	Tim Heney	54	M	Montpelier	VT	44:16	7:08
16	2/7	Sarah London	33	F	Montpelier	VT	44:27	7:10
17	6/10	Scott A. Lovelette	44	M	Montpelier	VT	44:42	7:12
18	5/10	Paul Keating	57	M	Montpelier	VT	45:07	7:16
19	3/7	Richarda Ericson	37	F	Montpelier	VT	45:27	7:19
20	6/10	Tim Noonan	57	M	Montpelier	VT	45:50	7:23
21	1/9	Sandy Colvin	45	F	Montpelier	VT	46:25	7:29
22	1/6	Steve Burkholder	61	M	Montpelier	VT	46:25	7:29
23	2/6	Chuck Arnold	66	M	Burlington	VT	46:56	7:34
24	7/10	Andy Shuford	53	M	Montpelier	VT	46:59	7:34
25	4/5	Jeff Johnson	35	M	Barre	VT	47:00	7:34
26	8/10	Charlie Windisch	59	M	Essex Jct.	VT	47:16	7:37
27	9/10	Jeff Morin	50	M	Essex	VT	47:42	7:41
28	3/7	Rose Dedam	29	F	Bethel	VT	47:44	7:41
29	5/5	David Metraux	34	M	Greensboro	VT	47:53	7:43
30	1/3	Althea Devereux	14	F	Jericho	VT	48:16	7:47
31	1/3	Patty Foltz	65	F	Stowe	VT	48:31	7:49
32	7/10	Blaise Schroeder	48	M	Burlington	VT	48:34	7:49
33	8/10	Jeff Prescott	49	M	Montpelier	VT	48:42	7:51
34	9/10	Jeremy Mullins	42	M	So. Duxbury	VT	48:59	7:53
35	4/7	Lindsey Desrochers	29	F	Waterbury	VT	49:30	7:58
36	1/2	Daniel Keeney	29	M	No. Montpelier	VT	49:51	8:02
37	3/6	Russ Cooke	61	M	Williston	VT	49:58	8:03
38	10/10	Randy Brown	45	M	Middlesex	VT	51:13	8:15
39	2/3	Holly Gordon	13	F	Montpelier	VT	51:14	8:15
40	2/9	Amy Arnold	40	F	Indianapolis	IN	51:56	8:22
41	4/6	Greg Gerdel	66	M	Montpelier	VT	52:16	8:25
42	3/9	Gail Pelkey	48	F	Waterbury	VT	52:17	8:25
43	3/3	Eleanor Devereux	13	F	Jericho	VT	53:10	8:34
44	2/3	Dot Helling	63	F	Montpelier	VT	53:17	8:35
45	1/2	Jean Bernaquez	81	M	Montreal	PQ	55:27	8:56
46	4/9	Jean Hess	46	F	Jericho	VT	55:28	8:56
47	5/6	Michael Shover	64	M	Bradford	VT	55:30	8:56
48	1/1	Hugh Wilson	73	M	Dorval	PQ	55:46	8:59
49	10/10	Tony Mathis	51	M	Montpelier	VT	56:03	9:02
50	5/9	Becky Diedrich	48	F	Berlin	VT	57:00	9:11

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Place	Div/Tot	Name	Age	S	City	St	Time	Pace
51	5/7	Amy Triono	24	F	Northfield	VT	57:39	9:17
52	6/6	Harold Garabedian	65	M	Montpelier	VT	57:47	9:18
53	6/7	Sara Erickson	29	F	Barre	VT	59:47	9:38
54	6/9	Jeanette Hosford	44	F	Middlesex	VT	59:58	9:40
55	4/7	Laura Woodard	39	F	Montpelier	VT	1:00:31	9:45
56	7/9	Tanya Morehouse	42	F	Montpelier	VT	1:01:20	9:53
57	2/2	Oliver Hackerson	26	M	Burlington	VT	1:06:05	10:39
58	8/9	Sarah Prior	44	F	Northfield	VT	1:06:18	10:41
59	7/7	Megan Foster	29	F	Montpelier	VT	1:07:07	10:49
60	3/3	Edie Novicki	61	F	Stowe	VT	1:07:32	10:53
61	5/7	Dana McKeen	30	F	Burlington	VT	1:08:06	10:58
62	9/9	Denise Ricker	47	F	Montpelier	VT	1:09:09	11:08
63	6/7	Elizabeth Erickson	34	F	Wolcott	VT	1:16:06	12:15
64	7/7	Jennifer Valade	32	F	Barre	VT	1:16:10	12:16
65	2/2	Gerow Carlson	81	M	Montpelier	VT	1:18:09	12:35

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***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 01 - 19

1	30	Althea Devereux	14 Jericho	VT	48:16
2	39	Holly Gordon	13 Montpelier	VT	51:14
3	43	Eleanor Devereux	13 Jericho	VT	53:10

Record 38:56 by Caitlin Compton in 1999

MALE AGE GROUP 01 - 19

Record 32:37 by Brent Coon in 1985

FEMALE AGE GROUP 20 - 29

1	3	Alicia Freese	29 Montpelier	VT	38:52
2	13	Amy Stewart	29 Stowe	VT	43:22
3	28	Rose Dedam	29 Bethel	VT	47:44
4	35	Lindsey Desrochers	29 Waterbury	VT	49:30
5	51	Amy Triono	24 Northfield	VT	57:39
6	53	Sara Erickson	29 Barre	VT	59:47
7	59	Megan Foster	29 Montpelier	VT	1:07:07

Record 35:28 by Lea Hayer in 1983

MALE AGE GROUP 20 - 29

1	36	Daniel Keeney	29 No. Montpelier	VT	49:51
2	57	Oliver Hackerson	26 Burlington	VT	1:06:05

Record 30:26 by Eric Morse in 1993

FEMALE AGE GROUP 30 - 39

1	14	Catherine Reed	36 Plainfield	VT	43:54
2	16	Sarah London	33 Montpelier	VT	44:27
3	19	Richarda Ericson	37 Montpelier	VT	45:27
4	55	Laura Woodard	39 Montpelier	VT	1:00:31
5	61	Dana McKeen	30 Burlington	VT	1:08:06
6	63	Elizabeth Erickson	34 Wolcott	VT	1:16:06
7	64	Jennifer Valade	32 Barre	VT	1:16:10

Record 36:43 by Gina Sperry in 1991

MALE AGE GROUP 30 - 39

1	1	Steve Wallace	37 Hinesburg	VT	36:55
2	2	Gavin Boyles	37 Montpelier	VT	38:06
3	9	Tom Hirschfeld	32 Montpelier	VT	42:08
4	25	Jeff Johnson	35 Barre	VT	47:00
5	29	David Metraux	34 Greensboro	VT	47:53

Record 30:50 by Eric Morse in 1995

FEMALE AGE GROUP 40 - 49

1	21	Sandy Colvin	45 Montpelier	VT	46:25
2	40	Amy Arnold	40 Indianapolis	IN	51:56
3	42	Gail Pelkey	48 Waterbury	VT	52:17
4	46	Jean Hess	46 Jericho	VT	55:28
5	50	Becky Diedrich	48 Berlin	VT	57:00
6	54	Jeanette Hosford	44 Middlesex	VT	59:58
7	56	Tanya Morehouse	42 Montpelier	VT	1:01:20
8	58	Sarah Prior	44 Northfield	VT	1:06:18

9 62 Denise Ricker 47 Montpelier
Record 38:29 by Sue Barber in 1997

VT 1:09:09

MALE AGE GROUP 40 - 49

1	4	Jon Floyd	40	Waterbury Ctr.	VT	40:08
2	5	George Cook	40	Montpelier	VT	40:10
3	8	Ben Ellingson	42	Montpelier	VT	41:47
4	10	Daniel Miller-Arsen	44	Middlesex	VT	42:23
5	11	Sean Murphy	46	Websterville	VT	42:31
6	17	Scott A. Lovelette	44	Montpelier	VT	44:42
7	32	Blaise Schroeder	48	Burlington	VT	48:34
8	33	Jeff Prescott	49	Montpelier	VT	48:42
9	34	Jeremy Mullins	42	So. Duxbury	VT	48:59
10	38	Randy Brown	45	Middlesex	VT	51:13

Record 34:00 by Randy Sightler in 2001

FEMALE AGE GROUP 50 - 59

Record 41:41 by Moira Durnin in 2001

MALE AGE GROUP 50 - 59

1	6	Jim Flint	54	Craftsbury	VT	40:44
2	7	Michael Wolfe	50	Newton	MA	41:19
3	12	Mack Gardner-Morse	52	Calais	VT	42:57
4	15	Tim Heney	54	Montpelier	VT	44:16
5	18	Paul Keating	57	Montpelier	VT	45:07
6	20	Tim Noonan	57	Montpelier	VT	45:50
7	24	Andy Shuford	53	Montpelier	VT	46:59
8	26	Charlie Windisch	59	Essex Jct.	VT	47:16
9	27	Jeff Morin	50	Essex	VT	47:42
10	49	Tony Mathis	51	Montpelier	VT	56:03

Record 34:44 by Doug MacGregor in 1990

FEMALE AGE GROUP 60 - 69

1	31	Patty Foltz	65	Stowe	VT	48:31
2	44	Dot Helling	63	Montpelier	VT	53:17
3	60	Eddie Novicki	61	Stowe	VT	1:07:32

Record 46:38 by Patty Foltz in 2008

MALE AGE GROUP 60 - 69

1	22	Steve Burkholder	61	Montpelier	VT	46:25
2	23	Chuck Arnold	66	Burlington	VT	46:56
3	37	Russ Cooke	61	Williston	VT	49:58
4	41	Greg Gerdel	66	Montpelier	VT	52:16
5	47	Michael Shover	64	Bradford	VT	55:30
6	52	Harold Garabedian	65	Montpelier	VT	57:47

Record 40:33 by Ed McSweeney in 2011

MALE AGE GROUP 70 - 79

1	48	Hugh Wilson	73	Dorval	PQ	55:46
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Record 49:37 by Jean Bernaquez in 2006

MALE AGE GROUP 80 - 99

1	45	Jean Bernaquez	81	Montreal	PQ	55:27
2	65	Gerow Carlson	81	Montpelier	VT	1:18:09

New record.