

CVR Capital City Stampede 10K
 2016 CVR/ORS Race Series Race #3
 USATF Certified. Registration No. USATF #VT09011RF
 Montpelier, VT 06/11/2016

Place	Div/Tot	Name	Age	S	City	St	Time	Pace
1	1/9	Brian Mongeon	30	M	Stowe	VT	34:55	5:38
2	2/9	Alexander Jinks	30	M	Montpelier	VT	35:28	5:43
3	3/9	Matt Ozahowski	30	M	Thetford	VT	35:41	5:45
4	1/5	Tom Thurston	52	M	Waterbury	VT	36:02	5:48
5	1/2	Matthew Rutherford	28	M	Montpelier	VT	38:53	6:16
6	1/7	Brian Burns	40	M	Calais	VT	39:08	6:18
7	1/2	Lori Crotts	28	F	Jericho	VT	40:06	6:28
8	2/7	Rowly Brucken	47	M	Northfield	VT	40:30	6:32
9	4/9	Eldon Miller	36	M	Plainfield	VT	40:37	6:33
10	3/7	Ben Ellingson	45	M	Montpelier	VT	41:53	6:45
11	5/9	Nick Managan	33	M	Waterbury	VT	42:02	6:46
12	2/5	Mack Gardner-Morse	55	M	Calais	VT	42:13	6:48
13	4/7	Jon Copans	42	M	Montpelier	VT	42:48	6:54
14	3/5	Larry Satcowitz	50	M	Randolph	VT	42:55	6:55
15	1/11	Allie Nerenberg	31	F	Jericho	VT	43:00	6:56
16	2/11	Sara Roberts	32	F	Burlington	VT	43:14	6:58
17	3/11	Sarah London	36	F	Montpelier	VT	43:23	6:59
18	5/7	Rob MacDougall	41	M	So. Burlington	VT	43:24	7:00
19	4/11	Elizabeth Markison	32	F	West Danville	VT	43:34	7:01
20	1/6	Chris Andresen	60	M	Montpelier	VT	43:38	7:02
21	1/11	Dot Martin	55	F	Montpelier	VT	43:41	7:02
22	6/7	Scott Lovelette	47	M	Montpelier	VT	44:08	7:07
23	2/6	Chuck Arnold	69	M	Burlington	VT	44:53	7:14
24	6/9	Jeff Johnson	38	M	Barre	VT	45:00	7:15
25	5/11	Anya Christman	33	F	So. Burlington	VT	45:38	7:21
26	4/5	Michael Travis	51	M	Worcester	VT	45:48	7:23
27	1/6	Ann-Marie Stearns	43	F	Bethel	VT	46:11	7:26
28	7/7	Sean Murphy	44	M	Websterville	VT	46:12	7:27
29	7/9	Colin Clifford	31	M	Montpelier	VT	46:12	7:27
30	2/2	Cory Chrysogelos	28	M	Winooski	VT	46:29	7:29
31	6/11	Leslie Welts	35	F	Montpelier	VT	47:12	7:36
32	2/11	Patty Richards	52	F	Williston	VT	47:20	7:38
33	3/6	Tom Ozahowski	65	M	Thetford	VT	49:05	7:54
34	8/9	Clarke Collins	39	M	Randolph	VT	49:22	7:57
35	7/11	Colleen Kutin	39	F	Worcester	VT	49:30	7:58
36	4/6	Russ Cooke	64	M	Williston	VT	49:34	7:59
37	1/3	Nina Aitken	61	F	Waterbury Ctr.	VT	51:00	8:13
38	9/9	Daniel Byrne	36	M	Montpelier	VT	51:32	8:18
39	5/5	Joe Robinson	56	M	Warren	VT	52:17	8:25
40	5/6	Thomas Hogeboom	65	M	Hardwick	VT	52:20	8:26
41	2/2	Gianna Petito	29	F	Montpelier	VT	52:24	8:26
42	3/11	Ann Bushey	58	F	Montpelier	VT	52:29	8:27
43	4/11	Dana McCarthy	58	F	Montpelier	VT	52:50	8:31
44	5/11	Gail Pelkey	51	F	Waterbury	VT	53:52	8:41
45	8/11	Katie McLinn	32	F	Montpelier	VT	54:47	8:49
46	6/11	Julie Gallivan Park	50	F	East Hardwick	VT	56:22	9:05
47	1/3	Mary Bradley	77	M	Canon City	CO	56:43	9:08
48	7/11	Phyllis Tillinghast	52	F	Middlesex	VT	58:15	9:23
49	2/6	Kim Bolduc	49	F	Middlesex	VT	58:29	9:25
50	8/11	Becky Diedrich	51	F	Berlin	VT	1:00:13	9:42
51	2/3	Hugh Wilson	76	M	Dorval	PQ	1:00:40	9:46
52	6/6	Bob Howe	69	M	Barre	VT	1:00:43	9:47
53	9/11	Jennifer Clark	34	F	Barre	VT	1:01:51	9:58
54	2/3	Elizabeth McCarthy	63	F	Hardwick	VT	1:01:53	9:58
55	10/11	Sarah Davis	33	F	Northfield	VT	1:01:56	9:59
56	3/6	Melodie Kuban	44	F	Barre	VT	1:02:05	10:00
57	3/3	Phillip Howard	78	M	Burlington	VT	1:05:39	10:34
58	9/11	Judy Thurlow	53	F	Montpelier	VT	1:06:31	10:43
59	4/6	Ariane Kissam	40	F	Montpelier	VT	1:06:33	10:43
60	5/6	Karen Murphy	46	F	East Barre	VT	1:06:35	10:43
61	3/3	Jean Cater	63	F	Essex Jct.	VT	1:08:09	10:59
62	11/11	Amber Markham	36	F	West Berlin	VT	1:08:49	11:05
63	1/2	Jean Bernaquez	84	M	Montreal	PQ	1:09:44	11:14
64	10/11	Stacey Sadowsky	53	F	Essex Jct.	VT	1:17:50	12:32
65	1/1	Donovan Devino	06	M	Lincoln	VT	1:24:21	13:35
66	6/6	Tara Mayo	40	F	Lincoln	VT	1:24:23	13:35
67	11/11	Ellie Brady	50	F	So. Burlington	VT	1:24:29	13:36
68	2/2	Gerow Carlson	84	M	Montpelier	VT	1:25:34	13:47

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***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 01 - 19
 Record 38:56 by Caitlin Compton in 1999
 MALE AGE GROUP 01 - 19

1	65	Donovan Devino	06	Lincoln	VT	1:24:21
Record 32:37 by Brent Coon in 1985						
FEMALE AGE GROUP 20 - 29						
1	7	Lori Crotts	28	Jericho	VT	40:06
2	41	Gianna Petito	29	Montpelier	VT	52:24
Record 35:28 by Lea Hayer in 1983						
MALE AGE GROUP 20 - 29						
1	5	Matthew Rutherford	28	Montpelier	VT	38:53
2	30	Cory Chrysogelos	28	Winooski	VT	46:29
Record 30:26 by Eric Morse in 1993						
FEMALE AGE GROUP 30 - 39						
1	15	Allie Nerenberg	31	Jericho	VT	43:00
2	16	Sara Roberts	32	Burlington	VT	43:14
3	17	Sarah London	36	Montpelier	VT	43:23
4	19	Elizabeth Markison	32	West Danville	VT	43:34
5	25	Anya Christman	33	So. Burlington	VT	45:38
6	31	Leslie Welts	35	Montpelier	VT	47:12
7	35	Colleen Kutin	39	Worcester	VT	49:30
8	45	Katie McLinn	32	Montpelier	VT	54:47
9	53	Jennifer Clark	34	Barre	VT	1:01:51
10	55	Sarah Davis	33	Northfield	VT	1:01:56
11	62	Amber Markham	36	West Berlin	VT	1:08:49
Record 36:43 by Gina Sperry in 1991						
MALE AGE GROUP 30 - 39						
1	1	Brian Mongeon	30	Stowe	VT	34:55
2	2	Alexander Jinks	30	Montpelier	VT	35:28
3	3	Matt Ozahowski	30	Thetford	VT	35:41
4	9	Eldon Miller	36	Plainfield	VT	40:37
5	11	Nick Managan	33	Waterbury	VT	42:02
6	24	Jeff Johnson	38	Barre	VT	45:00
7	29	Colin Clifford	31	Montpelier	VT	46:12
8	34	Clarke Collins	39	Randolph	VT	49:22
9	38	Daniel Byrne	36	Montpelier	VT	51:32
Record 30:50 by Eric Morse in 1995						
FEMALE AGE GROUP 40 - 49						
1	27	Ann-Marie Stearns	43	Bethel	VT	46:11
2	49	Kim Bolduc	49	Middlesex	VT	58:29
3	56	Melodie Kuban	44	Barre	VT	1:02:05
4	59	Ariane Kissam	40	Montpelier	VT	1:06:33
5	60	Karen Murphy	46	East Barre	VT	1:06:35
6	66	Tara Mayo	40	Lincoln	VT	1:24:23
Record 38:29 by Sue Barber in 1997						
MALE AGE GROUP 40 - 49						
1	6	Brian Burns	40	Calais	VT	39:08
2	8	Rowly Brucken	47	Northfield	VT	40:30
3	10	Ben Ellingson	45	Montpelier	VT	41:53
4	13	Jon Copans	42	Montpelier	VT	42:48
5	18	Rob MacDougall	41	So. Burlington	VT	43:24
6	22	Scott Lovelette	47	Montpelier	VT	44:08
7	28	Sean Murphy	44	Websterville	VT	46:12
Record 34:00 by Randy Sightler in 2001						
FEMALE AGE GROUP 50 - 59						
1	21	Dot Martin	55	Montpelier	VT	43:41
2	32	Patty Richards	52	Williston	VT	47:20
3	42	Ann Bushey	58	Montpelier	VT	52:29
4	43	Dana McCarthy	58	Montpelier	VT	52:50
5	44	Gail Pelkey	51	Waterbury	VT	53:52
6	46	Julie Gallivan Park	50	East Hardwick	VT	56:22
7	48	Phyllis Tillinghast	52	Middlesex	VT	58:15
8	50	Becky Diedrich	51	Berlin	VT	1:00:13
9	58	Judy Thurlow	53	Montpelier	VT	1:06:31
10	64	Stacey Sadowsky	53	Essex Jct.	VT	1:17:50
11	67	Ellie Brady	50	So. Burlington	VT	1:24:29
Record 41:41 by Moira Durnin in 2001						
MALE AGE GROUP 50 - 59						
1	4	Tom Thurston	52	Waterbury	VT	36:02
2	12	Mack Gardner-Morse	55	Calais	VT	42:13
3	14	Larry Satcowitz	50	Randolph	VT	42:55
4	26	Michael Travis	51	Worcester	VT	45:48
5	39	Joe Robinson	56	Warren	VT	52:17
Record 34:44 by Doug MacGregor in 1990						
FEMALE AGE GROUP 60 - 69						
1	37	Nina Aitken	61	Waterbury Ctr.	VT	51:00
2	54	Elizabeth McCarthy	63	Hardwick	VT	1:01:53
3	61	Jean Cater	63	Essex Jct.	VT	1:08:09
Record 46:38 by Patty Foltz in 2008						
MALE AGE GROUP 60 - 69						
1	20	Chris Andresen	60	Montpelier	VT	43:38
2	23	Chuck Arnold	69	Burlington	VT	44:53
3	33	Tom Ozahowski	65	Thetford	VT	49:05
4	36	Russ Cooke	64	Williston	VT	49:34
5	40	Thomas Hogeboom	65	Hardwick	VT	52:20
6	52	Bob Howe	69	Barre	VT	1:00:43
Record 39:19 by Kevin McMahon in 2014						
FEMALE AGE GROUP 70 - 79						
MALE AGE GROUP 70 - 79						
1	47	Marv Bradley	77	Canon City	CO	56:43

2	51 Hugh Wilson	76 Dorval	PQ 1:00:40
3	57 Phillip Howard	78 Burlington	VT 1:05:39
Record 49:37 by Jean Bernaquez in 2006			
		FEMALE AGE GROUP 80 - 99	
		MALE AGE GROUP 80 - 99	
1	63 Jean Bernaquez	84 Montreal	PQ 1:09:44
2	68 Gerow Carlson	84 Montpelier	VT 1:25:34
Record 55:27 by Jean Bernaquez in 2013			