

CVR Capital City Stampede 10K
 2017 CVR/ORS Race Series
 USATF Certified. Registration No. USATF #VT09011RF
 Montpelier, VT 06/10/2017

Place	Div/Tot	Name	Age	S	City	St	Time	Pace	Club
1	1/11	Matt Ozahowski	31	M	Corinth	VT	36:04	5:49	
2	2/11	Eric Eley	38	M	Duxbury	VT	36:21	5:51	
3	1/11	Tom Thurston	53	M	Waterbury	VT	36:55	5:57	
4	3/11	Alexander Jinks	31	M	Montpelier	VT	37:08	5:59	CVR
5	1/4	Matthew Rutherford	29	M	Montpelier	VT	37:48	6:05	CVR
6	1/10	Jon Floyd	44	M	Waterbury Ctr.	VT	38:25	6:11	CVR
7	1/9	Lori Crotts	29	F	Jericho	VT	38:27	6:12	CVR
8	2/10	Tim Richmond	42	M	Milton	VT	40:12	6:29	
9	1/12	Megan Valentine	38	F	Jericho	VT	41:06	6:37	CVR
10	1/3	Avi Zimet	17	M	Montpelier	VT	41:42	6:43	
11	4/11	Robert Cary	37	M	Albany	VT	41:50	6:44	
12	2/11	Nick Persampieri	57	M	Montpelier	VT	41:56	6:45	CVR
13	5/11	Colin Clifford	32	M	Montpelier	VT	42:02	6:46	CVR
14	3/11	Mack Gardner-Morse	56	M	Calais	VT	42:15	6:48	CVR
15	3/10	David Scheidt	45	M	Burlington	VT	42:30	6:51	
16	4/10	Craig Manning	42	M	Medford	MA	42:59	6:56	
17	6/11	Brian Letorneau	37	M	Essex	VT	43:48	7:03	
18	1/9	Chris Andreson	61	M	Adamant	VT	44:09	7:07	CVR
19	5/10	Nathan Suter	44	M	Montpelier	VT	44:14	7:08	CVR
20	2/4	Matthew Germaine	23	M	Montpelier	VT	44:43	7:12	CVR
21	6/10	Scott Lovelette	48	M	Montpelier	VT	44:47	7:13	
22	4/11	Scott Nichols	51	M	Essex	VT	44:55	7:14	
23	7/11	Adam French	38	M	Berlin	VT	44:56	7:14	
24	2/9	Haley Pratt	25	F	Montpelier	VT	45:30	7:20	
25	2/9	Mike Gillis	60	M	Middlesex	VT	45:34	7:20	CVR
26	3/9	Tim Noonan	61	M	Montpelier	VT	45:42	7:22	CVR
27	1/3	Alexandra Timmins	16	F	Bethel	VT	46:01	7:25	
28	2/3	Max Mayr	17	M	Barre	VT	46:31	7:30	
29	1/7	Donna Smyers	59	F	Adamant	VT	46:47	7:32	CVR
30	1/5	Anna Milkowski	42	F	Montpelier	VT	46:55	7:34	CVR
31	3/3	Asa Richardson-Skin	16	M	Montpelier	VT	47:40	7:41	CVR
32	8/11	Jeff Johnson	39	M	Barre	VT	47:53	7:43	CVR
33	2/3	Holly Gordon	17	F	Montpelier	VT	48:03	7:44	CVR
34	7/10	Graham Sheriff	41	M	Montpelier	VT	48:06	7:45	
35	5/11	Brian Laleme	55	M	Landaff	NH	48:13	7:46	
36	2/12	Bethany Wolfe	38	F	Burlington	VT	48:18	7:47	
37	4/9	John Valentine	67	M	Roxbury	VT	48:33	7:49	CVR
38	8/10	Rob McDougall	42	M	So. Burlington	VT	48:53	7:53	CVR
39	3/9	Emily LaPlant	25	F	Hudson	NH	49:13	7:56	
40	2/5	Karen Hinkle	43	F	Middlesex	VT	49:23	7:57	
41	3/12	Petra Stout	33	F	West Des Moines	IA	49:24	7:58	
42	5/9	Manuel Sainz	61	M	East Barre	VT	49:47	8:01	CVR
43	4/9	Marian Wolz	24	F	Montpelier	VT	49:58	8:03	CVR
44	6/9	Eric Van Soeren	65	M	Salt Spring Is.	BC	50:01	8:03	
45	6/11	Andy Shuford	57	M	Montpelier	VT	50:52	8:12	CVR
46	4/12	Gianna Pelito	30	F	Montpelier	VT	50:55	8:12	CVR
47	7/11	Rob Monette	53	M	Jericho	VT	51:40	8:19	
48	7/9	Russ Cooke	65	M	Williston	VT	51:41	8:20	
49	8/11	Dennis Casey	58	M	Waterford	VT	52:25	8:27	
50	5/12	Kristin Cook	36	F	Williston	VT	52:32	8:28	
51	3/3	Audrey Acosta	10	F	Montpelier	VT	53:59	8:42	CVR
52	9/11	Jeff Prescott	53	M	Montpelier	VT	54:36	8:48	CVR
53	10/11	Mark Coleman	54	M	Underhill	VT	55:03	8:52	
54	3/5	Coleen Kutin	40	F	Worcester	VT	55:18	8:54	
55	1/3	Dot Helling	67	F	Montpelier	VT	56:13	9:03	CVR
56	8/9	Michael Gordon	60	M	Essex Jct.	VT	57:00	9:11	
57	6/12	Abi Gershon	36	F	West Brookfield	VT	58:26	9:25	
58	2/7	Gail Pelkey	52	F	Waterbury	VT	58:26	9:25	CVR
59	4/5	Joanne Mugford	48	F	Barre	VT	58:31	9:26	
60	9/11	Rija Ramahatra	39	M	Northfield	VT	59:14	9:32	

61	3/4	Matt Phillips	27 M	Montpelier	VT	59:28	9:35
62	7/12	Nicole Douglass	33 F	N. Billerica	MA	59:40	9:37
63	9/9	Michael Shover	68 M	Bradford	VT	59:49	9:38
64	8/12	Tina Sunter	35 F	Punta Gorda	FL	59:56	9:39
65	1/3	Hugh Wilson	77 M	Dorval	QE	1:00:02	9:40
66	5/9	Aimee O'Leary	29 F	Dover	NH	1:01:15	9:52
67	6/9	Melanie Kazenel	28 F	Burlington	VT	1:01:17	9:52
68	11/11	Michael Kazenel	59 M	Canton	MA	1:01:17	9:52
69	9/10	Adam Wolfe	42 M	Burlington	VT	1:01:26	9:54
70	3/7	Maria Jennison	52 F	Johnson	VT	1:01:47	9:57
71	9/12	Laura Lapierre	34 F	Barre	VT	1:02:18	10:02
72	4/7	Christine Bradley	52 F	Johnson	VT	1:02:19	10:02
73	10/11	Chris Rossey	35 M	Williamstown	VT	1:02:36	10:05
74	11/11	Jon Stout	36 M	West Des Moines	IA	1:03:19	10:12
75	2/3	Julie Van Soeren	62 F	Salt Spring Is.	BC	1:03:26	10:13
76	10/12	Molly Kittredge	36 F	Woodbury	VT	1:03:56	10:18
77	4/4	Matt Fernandes	23 M	Lexington	MA	1:05:21	10:32
78	7/9	Margaret Cheny	22 F	Weston	MA	1:05:21	10:32
79	5/7	Becky Diedrich	52 F	Berlin	VT	1:05:52	10:37 CVR
80	8/9	Bridget Phillips	26 F	Montpelier	VT	1:06:43	10:45
81	6/7	Jennifer Nachbur	56 F	Burlington	VT	1:06:55	10:47
82	7/7	Josee Robitaille	52 F	St Bruno	QE	1:06:58	10:47
83	11/12	Jen Lyon	35 F	Barre	VT	1:07:51	10:56
84	12/12	Kristin Pelkey	36 F	Barre	VT	1:07:51	10:56
85	3/3	Story McDonald	64 F	Burlington	VT	1:08:44	11:04
86	2/3	Phillip Howard	79 M	Burlington	VT	1:12:51	11:44
87	5/5	Mary Vaupel	44 F	Berlin	VT	1:15:55	12:14
88	9/9	Kelsey Hall	26 F	Montpelier	VT	1:18:50	12:42
89	3/3	Roger Cranse	76 M	Montpelier	VT	1:25:54	13:50 CVR
90	10/10	Erich Rosenstreich	48 M	Montpelier	VT	1:30:36	14:35

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***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 01 - 19							
1	27	Alexandra Timmins	16	Bethel	VT	46:01	
2	33	Holly Gordon	17	Montpelier	VT	48:03	CVR
3	51	Audrey Acosta	10	Montpelier	VT	53:59	CVR
Record 38:56 by Caitlin Compton in 1999							
MALE AGE GROUP 01 - 19							
1	10	Avi Zimet	17	Montpelier	VT	41:42	
2	28	Max Mayr	17	Barre	VT	46:31	
3	31	Asa Richardson-Skin	16	Montpelier	VT	47:40	CVR
Record 32:37 by Brent Coon in 1985							
FEMALE AGE GROUP 20 - 29							
1	7	Lori Crotts	29	Jericho	VT	38:27	CVR
2	24	Haley Pratt	25	Montpelier	VT	45:30	
3	39	Emily LaPlant	25	Hudson	NH	49:13	
4	43	Marian Wolz	24	Montpelier	VT	49:58	CVR
5	66	Aimee O'Leary	29	Dover	NH	1:01:15	
6	67	Melanie Kazenel	28	Burlington	VT	1:01:17	
7	78	Margaret Cheny	22	Weston	MA	1:05:21	
8	80	Bridget Phillips	26	Montpelier	VT	1:06:43	
9	88	Kelsey Hall	26	Montpelier	VT	1:18:50	
Record 35:28 by Lea Hayer in 1983							
MALE AGE GROUP 20 - 29							
1	5	Matthew Rutherford	29	Montpelier	VT	37:48	CVR
2	20	Matthew Germaine	23	Montpelier	VT	44:43	CVR
3	61	Matt Phillips	27	Montpelier	VT	59:28	
4	77	Matt Fernandes	23	Lexington	MA	1:05:21	
Record 30:26 by Eric Morse in 1993							
FEMALE AGE GROUP 30 - 39							
1	9	Megan Valentine	38	Jericho	VT	41:06	CVR

2	36	Bethany Wolfe	38	Burlington	VT	48:18	
3	41	Petra Stout	33	West Des Moines	IA	49:24	
4	46	Gianna Pelito	30	Montpelier	VT	50:55	CVR
5	50	Kristin Cook	36	Williston	VT	52:32	
6	57	Abi Gershon	36	West Brookfield	VT	58:26	
7	62	Nicole Douglass	33	N. Billerica	MA	59:40	
8	64	Tina Sunter	35	Punta Gorda	FL	59:56	
9	71	Laura Lapierre	34	Barre	VT	1:02:18	
10	76	Molly Kittredge	36	Woodbury	VT	1:03:56	
11	83	Jen Lyon	35	Barre	VT	1:07:51	
12	84	Kristin Pelkey	36	Barre	VT	1:07:51	

Record 36:43 by Gina Sperry in 1991

MALE AGE GROUP 30 - 39

1	1	Matt Ozahowski	31	Corinth	VT	36:04	
2	2	Eric Eley	38	Duxbury	VT	36:21	
3	4	Alexander Jinks	31	Montpelier	VT	37:08	CVR
4	11	Robert Cary	37	Albany	VT	41:50	
5	13	Colin Clifford	32	Montpelier	VT	42:02	CVR
6	17	Brian Letorneau	37	Essex	VT	43:48	
7	23	Adam French	38	Berlin	VT	44:56	
8	32	Jeff Johnson	39	Barre	VT	47:53	CVR
9	60	Rija Ramahatra	39	Northfield	VT	59:14	
10	73	Chris Rossey	35	Williamstown	VT	1:02:36	
11	74	Jon Stout	36	West Des Moines	IA	1:03:19	

Record 30:50 by Eric Morse in 1995

FEMALE AGE GROUP 40 - 49

1	30	Anna Milkowski	42	Montpelier	VT	46:55	CVR
2	40	Karen Hinkle	43	Middlesex	VT	49:23	
3	54	Coleen Kutin	40	Worcester	VT	55:18	
4	59	Joanne Mugford	48	Barre	VT	58:31	
5	87	Mary Vaupel	44	Berlin	VT	1:15:55	

Record 38:29 by Sue Barber in 1997

MALE AGE GROUP 40 - 49

1	6	Jon Floyd	44	Waterbury Ctr.	VT	38:25	CVR
2	8	Tim Richmond	42	Milton	VT	40:12	
3	15	David Scheidt	45	Burlington	VT	42:30	
4	16	Craig Manning	42	Medford	MA	42:59	
5	19	Nathan Suter	44	Montpelier	VT	44:14	CVR
6	21	Scott Lovelette	48	Montpelier	VT	44:47	
7	34	Graham Sheriff	41	Montpelier	VT	48:06	
8	38	Rob McDougall	42	So. Burlington	VT	48:53	CVR
9	69	Adam Wolfe	42	Burlington	VT	1:01:26	
10	90	Erich Rosenstreich	48	Montpelier	VT	1:30:36	

Record 34:00 by Randy Sightler in 2001

FEMALE AGE GROUP 50 - 59

1	29	Donna Smyers	59	Adamant	VT	46:47	CVR
2	58	Gail Pelkey	52	Waterbury	VT	58:26	CVR
3	70	Maria Jennison	52	Johnson	VT	1:01:47	
4	72	Christine Bradley	52	Johnson	VT	1:02:19	
5	79	Becky Diedrich	52	Berlin	VT	1:05:52	CVR
6	81	Jennifer Nachbur	56	Burlington	VT	1:06:55	
7	82	Josee Robitaille	52	St Bruno	QE	1:06:58	

Record 41:41 by Moira Durnin in 2001

MALE AGE GROUP 50 - 59

1	3	Tom Thurston	53	Waterbury	VT	36:55	
2	12	Nick Persampieri	57	Montpelier	VT	41:56	CVR
3	14	Mack Gardner-Morse	56	Calais	VT	42:15	CVR
4	22	Scott Nichols	51	Essex	VT	44:55	
5	35	Brian Laleme	55	Landaff	NH	48:13	
6	45	Andy Shuford	57	Montpelier	VT	50:52	CVR
7	47	Rob Monette	53	Jericho	VT	51:40	
8	49	Dennis Casey	58	Waterford	VT	52:25	
9	52	Jeff Prescott	53	Montpelier	VT	54:36	CVR
10	53	Mark Coleman	54	Underhill	VT	55:03	
11	68	Michael Kazenel	59	Canton	MA	1:01:17	

Record 34:44 by Doug MacGregor in 1990

FEMALE AGE GROUP 60 - 69
1 55 Dot Helling 67 Montpelier VT 56:13 CVR
2 75 Julie Van Soeren 62 Salt Spring Is. BC 1:03:26
3 85 Story McDonald 64 Burlington VT 1:08:44
Record 46:38 by Patty Foltz in 2008

MALE AGE GROUP 60 - 69
1 18 Chris Andreson 61 Adamant VT 44:09 CVR
2 25 Mike Gillis 60 Middlesex VT 45:34 CVR
3 26 Tim Noonan 61 Montpelier VT 45:42 CVR
4 37 John Valentine 67 Roxbury VT 48:33 CVR
5 42 Manuel Sainz 61 East Barre VT 49:47 CVR
6 44 Eric Van Soeren 65 Salt Spring Is. BC 50:01
7 48 Russ Cooke 65 Williston VT 51:41
8 56 Michael Gordon 60 Essex Jct. VT 57:00
9 63 Michael Shover 68 Bradford VT 59:49
Record 39:19 by Kevin McMahon in 2014

FEMALE AGE GROUP 70 - 79
MALE AGE GROUP 70 - 79
1 65 Hugh Wilson 77 Dorval QE 1:00:02
2 86 Phillip Howard 79 Burlington VT 1:12:51
3 89 Roger Cranse 76 Montpelier VT 1:25:54 CVR
Record 49:37 by Jean Bernaquez in 2006

FEMALE AGE GROUP 80 - 99
MALE AGE GROUP 80 - 99
Record 55:27 by Jean Bernaquez in 2013