

8th Annual Adamant 20 Miler and Relay
 May 6, 2018
 Adamant, VT

*****OVERALL RESULTS Individual 20 Miler*****

Place	Div/Tot	Name	Age	S	City	St	Time	Pace
1	1/6	Iain Ridgway	38	M	Grantham	NH	2:19:19	6:58
2	2/6	Matthew Rutherford	30	M	Montpelier	VT	2:23:58	7:12
3	1/5	Sara Dunham	41	F	Plattsburgh	NY	2:26:09	7:19
4	3/6	Jon Cormier	39	M	East Thetford	VT	2:31:07	7:34
5	4/6	Chris Bernier	36	M	Underhill	VT	2:41:24	8:05
6	1/3	Dylan Broderick	27	F	Montpelier	VT	2:43:38	8:11
7	2/5	Sarah Poplawski	40	F	Belmont	MA	2:49:41	8:30
8	5/6	Thorin Markison	35	M	Williamstown	VT	2:50:24	8:32
9	1/3	Jim Farrington	48	M	Essex Jct	VT	2:51:12	8:34
10	6/6	Jarred Cobb	34	M	Montpelier	VT	2:53:50	8:42
11	1/2	Chris Andresen	62	M	Adamant	VT	2:55:31	8:47
12	1/7	Steve Snook	58	M	Conway	MA	2:57:47	8:54
13	2/2	Manny Sainz	62	M	East Barre	VT	2:58:45	8:57
14	2/3	Sal Acosta	46	M	Montpelier	VT	2:59:32	8:59
15	1/1	Avi Zimet	18	M	Montpelier	VT	3:03:28	9:11
16	1/2	Sue Hackney	61	F	Montpelier	VT	3:05:48	9:18
17	2/7	Mark Howard	55	M	Marshfield	VT	3:06:42	9:21
18	3/3	Tim Rothfuss	48	M	West Lebanon	NH	3:06:56	9:21
19	1/1	John Hackney	72	M	Montpelier	VT	3:08:30	9:26
20	3/5	Erin Randall-Mull	43	F	Colchester	VT	3:08:42	9:27
21	4/5	Kim Boyarsky	48	F	Huntington	VT	3:13:30	9:41
22	3/7	Chuck Schwer	58	M	Jericho	VT	3:14:05	9:43
23	4/7	Wayne Reisberg	50	M	Essex Jct	VT	3:15:45	9:48
24	5/5	Katrina Phillips	47	F	Montpelier	VT	3:22:37	10:08
25	5/7	Tom Cardinal	54	M	Essex Jct	VT	3:24:00	10:12
26	1/1	Carole Coggio	50	F	Richmond	VT	3:24:01	10:13
27	1/3	Sarah Katz	39	F	Middlesex	VT	3:24:40	10:14
28	2/2	Dot Helling	68	F	Montpelier	VT	3:29:07	10:28
29	2/3	Caitlin Patterson	34	F	Montpelier	VT	3:29:47	10:30
30	2/3	Charlotte Farrell	27	F	South Burlington	VT	3:33:41	10:42
31	3/3	Lisa Gunderson	29	F	Burlington	VT	3:47:57	11:24
32	6/7	Carl Etnier	55	M	Montpelier	VT	4:06:23	12:20
33	3/3	Julie Higgins	39	F	Stowe	VT	5:22:26	16:08
34	7/7	Michael Oconnor	51	M	Stowe	VT	5:22:26	16:08

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***** AGE GROUP RESULTS LIST *****

***** FEMALE OVERALL RESULTS *****								
1	Sara Dunham	41	F	Plattsburgh	NY	2:26:09		
Record 2:23:14 by Leah Frost in 2015								
***** MALE OVERALL RESULTS *****								
1	Iain Ridgway	38	M	Grantham	NH	2:19:19		
Record 2:04:58 by David Herr in 2012								
FEMALE AGE GROUP 01 - 19								
MALE AGE GROUP 01 - 19								
1	18 Avi Zimet	18	M	Montpelier	VT	3:03:28		
FEMALE AGE GROUP 20 - 29								
1	6 Dylan Broderick	27	F	Montpelier	VT	2:43:38		
2	34 Charlotte Farrell	27	F	South Burlington	VT	3:33:41		
3	35 Lisa Gunderson	29	F	Burlington	VT	3:47:57		
MALE AGE GROUP 20 - 29								
FEMALE AGE GROUP 30 - 39								
1	31 Sarah Katz	39	F	Middlesex	VT	3:24:40		
2	33 Caitlin Patterson	34	F	Montpelier	VT	3:29:47		
3	37 Julie Higgins	39	F	Stowe	VT	5:22:26		
MALE AGE GROUP 30 - 39								
1	1 Iain Ridgway	38	M	Grantham	NH	2:19:19		
2	2 Matthew Rutherford	30	M	Montpelier	VT	2:23:58		
3	4 Jon Cormier	39	M	East Thetford	VT	2:31:07		
4	5 Chris Bernier	36	M	Underhill	VT	2:41:24		

5	9 Thorin Markison	35 Williamstown	VT 2:50:24
6	11 Jarred Cobb	34 Montpelier	VT 2:53:50
	FEMALE AGE GROUP 40 - 49		
1	3 Sara Dunham	41 Plattsburgh	NY 2:26:09
2	8 Sarah Poplawski	40 Belmont	MA 2:49:41
3	23 Erin Randall-Mullins	43 Colchester	VT 3:08:42
4	24 Kim Boyarsky	48 Huntington	VT 3:13:30
5	28 Katrina Phillips	47 Montpelier	VT 3:22:37
	MALE AGE GROUP 40 - 49		
1	10 Jim Farrington	48 Essex Jct	VT 2:51:12
2	16 Sal Acosta	46 Montpelier	VT 2:59:32
3	21 Tim Rothfuss	48 West Lebanon	NH 3:06:56
	FEMALE AGE GROUP 50 - 59		
1	30 Carole Coggio	50 Richmond	VT 3:24:01
	MALE AGE GROUP 50 - 59		
1	14 Steve Snook	58 Conway	MA 2:57:47
2	20 Mark Howard	55 Marshfield	VT 3:06:42
3	26 Chuck Schwer	58 Jericho	VT 3:14:05
4	27 Wayne Reisberg	50 Essex Jct	VT 3:15:45
5	29 Tom Cardinal	54 Essex Jct	VT 3:24:00
6	36 Carl Ethnier	55 Montpelier	VT 4:06:23
7	38 Michael Oconnor	51 Stowe	VT 5:22:26
	FEMALE AGE GROUP 60 - 69		
1	19 Sue Hackney	61 Montpelier	VT 3:05:48
2	32 Dot Helling	68 Montpelier	VT 3:29:07
	MALE AGE GROUP 60 - 69		
1	13 Chris Andresen	62 Adamant	VT 2:55:31
2	15 Manny Sainz	62 East Barre	VT 2:58:45
	FEMALE AGE GROUP 70 - 99		
	MALE AGE GROUP 70 - 99		
1	22 John Hackney	72 Montpelier	VT 3:08:30

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*****RELAY RESULTS*****

Place	First Leg	Second Leg	R Time
1	Rima Carlson	Anna Milkowski	F 2:44:06
2	Erin Preston	Dot Martin	F 2:54:03
3	Richarda Ericson	Jay Ericson	C 3:00:17
4	Sandy Colvin	Becky Diedrich	F 3:13:44