

R Murphy



CVR NEWSLETTER
MAY 1980
Vol. 1, No. 1



President: Bob Murphy
Vice-President: Pat DeBlasio
Treasurer: Darragh Ellerson
Race Chairman: Doug Jones

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Our first official club function was the Green-Up Fun Run on May 3rd, and it was a qualified success. Although we attracted only 38 runners to the event, income did cover expenses (just barely!) and everyone present seemed to have a good time.

Our thanks to Vt. Blue Cross/Blue Shield, which donated four tickets to the May 4th Vermont Philharmonic concert for use as prizes. Winners were the first male and female in the 2 mile and 6 mile races; Rick Brigham, Caroline Costello, Chris Martin and Elaine Hoiska, respectively. Now that it's over, does anyone have a use for 162 Green-Up Fun Run certificates?

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Regular club meetings on a monthly or bi-monthly basis are a goal of the present Executive Committee. We've managed so far to move the meetings we've had from house to house on a rotating basis, and this has worked well because during the formative stage of the club the group was pretty small. But now that fun runs have started and the word has gotten around that there is a new club in the area, membership is growing rapidly. In order to accommodate the growth, we'll soon have to locate larger quarters for future meetings (at least if anybody comes). Anyone with ideas as to where we might be able to "borrow" a small hall or meeting room, preferably in Montpelier, please let one of the officers know. It is only through regular meetings and member participation in club activities that CVR will ever survive as anything other than a club in name only.

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This is our first club newsletter and is being generated at this time primarily to get a race schedule out to members. Future editions are not presently planned to follow any predictable schedule. In order to do anything that rational, we'll need a newsletter editor and committee to do the planning and work. Pat DeBlasio has graciously agreed to oversee periodic publishing of some sort of race schedule until such time as a newsletter committee is formed. So if you've a talent for the literary (or have a hankering to attempt to develop such a talent), just let Bob Murphy know and you may be able to land yourself a prestigious appointment with an up-and-coming organization.

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And speaking of appointments, the club is still in need of a Recording Secretary. Applications may be forwarded to Bob Murphy (no resumes necessary!).

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Upcoming CVR events:

Montpelier 10 Mile NERRC Championship Race - June 28th.

Howard Bank 10 Kilometer Race - July 12th.

See race schedule for additional info.

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Extra hands are always welcome and usually needed at races such as the two above. So if you're not planning to run, give Doug Jones a call and offer to help out.

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A membership recruitment letter is attached to this issue. Pass it on to a friend. All membership forms and dues should be sent to Darragh Ellerson, Upper North St, Montpelier.

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RACE SCHEDULE: (*) indicates that I have entry forms. Please send SASE when requesting forms either from me (Bob Murphy, RD 3, Barre, VT 05641) or from race directors listed.

NH and VT Races

- May to Oct. - MONTPELIER, VT - Summer Fun Runs; 2,4 and 6 mi., every Tues. at 5:30 pm. Liquor Control Warehouse on Green Mountain Drive (DJ)
- 24 May - WATERBURY CTR., VT - 5km (women), 11am; 10km (men), 11:15am (LD)
 - * 25 May - E. MONTPELIER CTR, VT - 5.7 & 2mi, 3:30pm, \$3, \$4 post (WM)
 - * 25 May - WOODSTOCK, VT - ABC Spring Run, 5.5mi, 1pm, \$5 (RW)
 - 31 May - MERIDEN, NH - KUA Mini-Marathon, 10 Km & 2 mi, 10 am (KM)
 - * 7 Jun - CHESTER, VT - 5.0 Alumni Race, 10:30 am, \$2, \$4 post (PI)
 - 7 Jun - SO. BURLINGTON, VT - 5 mi, 11 am, \$2, meet at Court Club on Farrell Street (DA)
 - 7 Jun - MIDDLESEX, VT - Bear Swamp Run, 5.7 mi, 9:30 am, \$2, \$3 post, begins at Rumney School (NB)
 - 7 Jun - ENOSBURG, VT - Dairy Festival (no other information)
 - 15 Jun - MT. WASHINGTON, NH - 8 mi hill climb (no other information)
 - 21 Jun - BURLINGTON, VT - VT AAU Track & Field Championships, UVM Outdoor Track (LO)
 - 21 Jun - LEBANON, NH - Tommy Keene's Alumni Day Run, 2mi and 4-5mi (KM)
 - 22 Jun - GREENSBORO, VT - Caspian Lake Runaround, 7 mi (ED)
 - * 28 Jun - MONTPELIER, VT - NERRC 10 mi Championship; 12:30 pm, \$3, entries close (DJ)
 - * 29 Jun - WATERVILLE VALLEY, NH - 4 & 8 mi, noon, \$3 (GN)
 - 4 Jul - STOWE, VT - 1.7 mi (no other information)
 - ? Jul - BELVIDERE, VT - Bog Run (no other information)
 - 12 Jul - MONTPELIER, VT - Howard Bank 10 km, (CB)
 - 13 Jul - Kurt's Half Marathon, 13.1 mi, 9 am (KL)
 - 19 Jul - BARRE, VT - Heritage Festival, 10 km and 5 km, 9am (PF)
 - 19 Jul - Larry Kimball's 5 km (LW)
 - * 27 Jul - SWANTON, VT - Swan Run, 11 miles, 9am, \$4, \$4.50 post (SC)
 - 2 Aug - LITTLETON, NH - Littleton Road Race, 9.73 mi, Noon (WF)
 - 2,3&4 Aug - FRANCONIA to CONCORD, NH - 100 mi Torchathon for World Hunger, (relay), Runners and helpers needed (CS)

MARATHONS & ULTRAS

- 13 May - OTTAWA, ONT - National Capital Marathon, 9 am (RE)
- * 17 May - PLATTSBURG, NY - Champlain Valley Marathon, 9 am (RC)
- * 18 May - TROY, NY - Record Heritage Trail Marathon, 8 am (AS)
- * 18 May - SYRACUSE, NY - Milk Run Marathon, 9 am, \$2 (CH)
- * 25 May - KENNEBUNK, ME - Nike-Maine Coast Marathon, 9 am, \$4 by May 15, field limited to 500 (NM)
- 1 Jun - FOREST PARK, QUEENS, NY - 40 mi, 8 am (NY)
- * 8 Jun - HOLYOKE, MA - Race of Champions Marathon, 1 pm, \$4 (WC)
- 13 Jun - FLUSHING MEADOW, QUEENS, NY - 100 mi, 7 pm (NY)
- 12 Jul - BANGOR, ME - Paul Bunyan Marathon, 7:45 am (BG)
- 16 Aug - SO. HERO, VT - Green Mountain Island Marathon, 10 am (LW)
- 30 Aug - KEENE, NH - Clarence DeMar Marathon, 8 am (PH)
- * 7 Sep - MONTREAL, QUE - Montreal International Marathon, 9 am \$7 by August 15, entries limited to 12,000 (CO)
- 13 Sep - LAKE PLACID, NY - Lake Placid Marathon, noon (RL)
- 21 Sep - COLEBROOK, NH - Dixville Notch Marathon, noon (WC)
- 28 Sep - HANOVER, NH - Dartmouth Medical School Marathon, 10:30 am (MA)
- 4 Oct - NO. ADAMS, MA - Marathon, 10 am (WC)
- 12 Oct - SHEFFIELD, MA - Berkshire County Marathon, noon (BC),

RACE DIRECTORS OR CONTACTS:

- (AR) - Ann Russell, Montpelier Rec. Dept., 55 Barre St., Montpelier, VT 05602 (223-5141)
- (AS) - Al Spain, Troy City Hall, Monument Sq., Troy, NY 12180 (270-4882)
- (BC) - Berkshire Cty. Marathon, Box 282, Pittsfield, MA 01201
- (BG) - Bangor Chamber of Commerce, 55 Washington St., Bangor, ME 04401
- (CB) - Charles Bucknam, 17 Phelps St., Montpelier, VT 05602 (223-7939)
- (CH) - Christine Hubbard, 510 Empire Bldg, 472 S. Salina St., Syracuse, NY 13202 (315-472-9143)
- (CO) - COMIM, CP 1570, Succursale, B, Montreal, PQ H3B 3L2
- (CS) - Caroline Smiles (603-823-8598)
- (DA) - Dave Jacobowitz, 15 Platt St., Winooski, VT 05404 (655-2503)
- (DJ) - Doug Jones, Box 718, Montpelier, VT 05602 (223-3612)
- (ED) - Elizabeth Dow, RD 1, Box 69D, Hardwick, VT 05843
- (GN) - GNRC, Box 212, Waterville Valley, NH 03223
- (KL) - Kurt Lauenstein, 3-A Browns River Road, Essex Center, VT 05452, (878-5385)
- (KM) - Kevin McGill (603-298-5624)
- (LD) - Larry Damon, RR1, Box 281, Waterbury Ctr., VT 05677 (244-7451)
- (LO) - Len Olson, 46 Ross La., Jericho, VT 05465 (H.899-2308) (B.769-5953)
- (LW) - Leighton Walker, 2 Redwood Terr., Essex Jct., VT 05452 (878-2322)
- (MA) - Marathon, Dartmouth Med. Sch., Hanover, NH 03755 (603-643-4000)
- (NB) - Nancy Burdick-Miller, (229-0858)
- (NM) - Nike-Maine Coast Marathon, Box 726, Saco, ME 04072 (207-284-8401)
- (NY) - NYRRC, Box 881, FDR Sta, New York, NY 10022 (580-6880 or 267-7334)
- (PF) - Pete Fournier (476-6402)
- (PH) - Pete Hanrahan, Box 168, Gilsum, NH 03448
- (PI) - Paul Ippolito, Supt. of Schools, Chester, VT 05143
- (RC) - Race Chairman, YMCA, 13 Oak St., Plattsburgh, NY 12901 (561-4290)
- (RE) - Recreation, 111 Sussex Dr., Ottawa, Ont. K1N 5A1 (613-563-3222)
- (RL) - Dr. R.A. Lopez, LP Sports Council, Box 951, Lake Placid, NY 12946
- (RW) - Robin Wildermuth, c/o ABC House, W. Woodstock, VT 05091
- (SC) - Swanton Chamber of Commerce, Merchants Row, Swanton, VT 05488, (868-7200)
- (WF) - William Funicella, Box 199, Bethlehem, NH 03574 (869-2429)
- (WM) - Rev. William R. McCoy, Box 38, E. Montpelier, VT 05651 (229-9593/223-6266)
- (WC) - Walter Childs, Box 1484, Springfield, MA 01103 (413-566-3145)