

CVR Capital City Stampede 10K  
2019 CVR/ORO Race Series  
USATF Certified. Registration No. USATF #VT09011RF  
Montpelier, VT 06/8/2019

Place	Div/Tot	Name	Age	S	City	St	Time	Pace	Club
1	1/7	Alexander Jinks	33	M	East Montpelier	VT	34:17	5:31	
2	2/7	Ian McCallum-Cook	30	M	Burlington	VT	34:20	5:32	GMAA
3	3/7	Charlie Schaefer	32	M	Burlington	VT	34:30	5:33	
4	1/1	Silas Talbot	26	M	Winooski	VT	35:30	5:43	GMAA
5	1/13	Binney Mitchell	50	M	Burlington	VT	37:17	6:00	GMAA
6	1/7	Tim Richmond	44	M	Milton	VT	37:59	6:07	GMAA
7	1/14	Norm Larson	63	M	Burlington	VT	38:19	6:10	GMAA
8	2/14	Jim Miller	60	M	Essex Jct.	VT	38:59	6:17	
9	2/13	Allen Mead	52	M	Hinesburg	VT	39:04	6:18	GMAA
10	3/13	Alex McHenry	53	M	South Burlingto	VT	39:50	6:25	GMAA
11	2/7	Matthew Roth	41	M	Fairfax	VT	40:33	6:32	
12	4/13	Mike Early	55	M	Williston	VT	40:36	6:32	GMAA
13	1/2	Maxwell Perry	16	M	Middlesex	VT	41:00	6:36	
14	1/3	Jess Marino	28	F	Burlington	VT	41:20	6:40	
15	2/3	Zoraya Hightower	29	F	Burlington	VT	42:18	6:49	GMAA
16	3/14	Jim Flint	60	M	Craftsbury	VT	42:55	6:55	CVR
17	1/10	Allie Nerenberg	34	F	Jericho	VT	43:00	6:56	
18	5/13	Michael Kennedy	51	M	Williston	VT	43:22	6:59	
19	6/13	Frank McLaughlin	50	M	Burlington	VT	43:43	7:02	GMAA
20	3/7	Daniel Scheidt	47	M	Burlington	VT	44:20	7:09	
21	7/13	Scott Nichols	53	M	Essex	VT	44:38	7:11	
22	4/14	Chris Andresen	63	M	Adamant	VT	44:39	7:12	CVR
23	1/7	Gordon MacFarland	71	M	Burlington	VT	45:25	7:19	GMAA
24	1/8	Courtney Kutler	43	F	South Burlington	VT	46:12	7:27	
25	4/7	Salavador Acosta	47	M	Montpelier	VT	46:37	7:31	CVR
26	8/13	Nick Persampieri	59	M	Montpelier	VT	47:05	7:35	
27	4/7	Manuel Quintana	33	M	Brooklyn	NY	47:19	7:37	
28	5/14	Hanif Nazerali	60	M	Montpelier	VT	47:34	7:40	CVR
29	2/10	Lauren Purcell	33	F	South Burlington	VT	47:45	7:42	
30	2/8	Karen Oppenheimer	45	F	Shelburne	VT	47:51	7:43	GMAA
31	5/7	Matthew Hunt	30	M	Dracut	MA	47:57	7:43	
32	3/8	Tracy Benedict	41	F	Jericho	VT	48:24	7:48	GMAA
33	6/14	Tim Noonan	63	M	Montpelier	VT	48:45	7:51	CVR
34	3/3	Kimberly Caldwell	29	F	Northfield	VT	48:48	7:52	CVR
35	5/7	Shane Flannelly-Kin	42	M	Moretown	VT	48:57	7:53	
36	3/10	Ananya Christman	36	F	South Burlington	VT	48:59	7:53	
37	6/7	Matthew Fecus	48	M	Kutztown	PA	49:15	7:56	
38	7/14	Manuel Sainz	63	M	Marshfield	VT	49:34	7:59	CVR
39	6/7	Tom Proctor	30	M	Burlington	VT	50:00	8:03	
40	7/7	Matthew Caldwell	31	M	Northfield	VT	50:09	8:05	CVR
41	8/14	Russ Cooke	67	M	Williston	V	50:55	8:12	
42	9/14	Thomas Hogeboom	68	M	Hardwick	VT	51:03	8:13	
43	4/8	Meg Allison	46	F	Moretown	VT	51:32	8:18	CVR
44	1/7	Lisa Hommel	52	F	Waterbury Ctr.	VT	51:54	8:22	
45	2/7	Richard Boisseau	72	M	St. Johnsbury C	VT	52:05	8:23	CVR
46	3/7	Chuck Arnold	72	M	Burlington	VT	52:16	8:25	GMAA
47	2/7	Carrie Fenn	54	F	Charlotte	VT	52:32	8:28	GMAA
48	1/5	Rose Bergeron	62	F	Essex	VT	52:43	8:29	GMAA
49	4/10	Katie McLinn	35	F	East Montpelier	VT	53:25	8:36	
50	10/14	John Valentine	69	M	Roxbury	VT	54:05	8:43	CVR
51	2/5	Ruth Blauwiel	65	F	Colchester	VT	54:12	8:44	GMAA
52	11/14	John Howe	60	M	Charlotte	VT	54:19	8:45	
53	9/13	Andy Shuford	59	M	Montpelier	VT	54:21	8:45	CVR
54	12/14	Michael Gordon	62	M	Essex Jct.	VT	55:03	8:52	
55	1/1	Ella Bohmann	16	F	Williston	VT	55:12	8:53	
56	5/8	Karen Bohmann	47	F	Williston	VT	55:13	8:54	
57	3/5	Cathy Martell	61	F	Georgia	VT	56:15	9:03	
58	13/14	Joe Grant	61	M	Warren	VT	56:28	9:06	
59	5/10	Christina Lynch	36	F	Addison	VT	56:36	9:07	
60	10/13	Jeff Prescott	55	M	Montpelier	VT	56:39	9:07	CVR
61	6/8	Laura Ryan	48	F	Milton	VT	56:45	9:08	GMAA
62	4/5	Elizabeth McCarthy	66	F	Hardwicck	VT	57:54	9:20	
63	5/5	Ann Bushey	61	F	Montpelier	VT	59:13	9:32	CVR
64	3/7	Sandy Colvin	51	F	Montpelier	VT	59:14	9:32	CVR
65	4/7	Becky Diedrich	54	F	Berlin	VT	59:24	9:34	CVR
66	5/7	Joanne Mugford	51	F	West Berlin	VT	59:40	9:37	
67	14/14	John Martin	67	M	Montpelier	VT	1:00:21	9:43	CVR
68	6/10	Emily Masciti	38	F	E. Montpelier	VT	1:00:48	9:47	
69	7/10	Kristin Pelkey	38	F	Barre	VT	1:00:48	9:48	
70	4/7	Bob Murphy	79	M	Barre	VT	1:00:49	9:48	CVR
71	7/8	Jamie Gadwah	42	F	Waterford	VT	1:00:58	9:49	CVR
72	6/7	Phyllis Tillinghast	55	F	Middlesex	VT	1:01:06	9:50	
73	8/8	Stacey Leadbetter	44	F	Barre	VT	1:01:07	9:51	
74	11/13	Peter Hack	58	M	Waterbury Ctr.	VT	1:02:11	10:01	
75	5/7	Michael Shover	70	M	Bradford	VT	1:02:57	10:08	
76	7/7	Kristofer Anderson	46	M	Middlebury	VT	1:03:03	10:09	
77	7/7	Cindy Barr	50	F	West Berlin	VT	1:03:13	10:11	
78	12/13	Spencer Newman	50	M	Burlington	VT	1:05:42	10:35	
79	1/2	Paul Huyffer	80	M	Shelburne	VT	1:05:51	10:36	
80	2/2	Phillip Howard	81	M	Burlington	VT	1:08:31	11:02	
81	8/10	April Shaw	34	F	Moretown	VT	1:09:03	11:07	
82	2/2	Carter Somaini	9	M	Barre	VT	1:09:11	11:09	CVR

83	6/7	Peter Mitchell	79 M Jericho	VT 1:09:34 11:12	GMAA
84	9/10	Alison Wheel	32 F Stowe	VT 1:11:55 11:35	
85	7/7	Greg Wight	73 M Brookfield	VT 1:14:22 11:58	CVR
86	10/10	Rebecca Somaini	30 F Barre	VT 1:14:31 12:00	CVR
87	13/13	Erich Rosenstreich	52 M Montpelier	VT 1:54:00 18:21	

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\*\*\*\*\* AGE GROUP RESULTS \*\*\*\*\*

FEMALE AGE GROUP 01 - 19					
1	55	Ella Bohmann	16 Williston	VT	55:12
Record 38:56 by Caitlin Compton in 1999					
MALE AGE GROUP 01 - 19					
1	13	Maxwell Perry	16 Middlesex	VT	41:00
2	82	Carter Somaini	09 Barre	VT	1:09:11 CVR
Record 32:37 by Brent Coon in 1985					
FEMALE AGE GROUP 20 - 29					
1	14	Jess Marino	28 Burlington	VT	41:20
2	15	Zoraya Hightower	29 Burlington	VT	42:18 GMAA
3	34	Kimberly Caldwell	29 Northfield	VT	48:48 CVR
Record 35:28 by Lea Hayer in 1983					
MALE AGE GROUP 20 - 29					
1	4	Silas Talbot	26 Winooski	VT	35:30 GMAA
Record 30:26 by Eric Morse in 1993					
FEMALE AGE GROUP 30 - 39					
1	17	Allie Nerenberg	34 Jericho	VT	43:00
2	29	Lauren Purcell	33 South Burlington	VT	47:45
3	36	Ananya Christman	36 South Burlington	VT	48:59
4	49	Katie McLinn	35 East Montpelier	VT	53:25
5	59	Christina Lynch	36 Addison	VT	56:36
6	68	Emily Masciti	38 E. Montpelier	VT	1:00:48
7	69	Kristin Pelkey	38 Barre	VT	1:00:48
8	81	April Shaw	34 Moretown	VT	1:09:03
9	84	Alison Wheel	32 Stowe	VT	1:11:55
10	86	Rebecca Somaini	30 Barre	VT	1:14:31 CVR
Record 36:43 by Gina Sperry in 1991					
MALE AGE GROUP 30 - 39					
1	1	Alexander Jinks	33 East Montpelier	VT	34:17
2	2	Ian McCallum-Cook	30 Burlington	VT	34:20 GMAA
3	3	Charlie Schaefer	32 Burlington	VT	34:30
4	27	Manuel Quintana	33 Brooklyn	NY	47:19
5	31	Matthew Hunt	30 Dracut	MA	47:57
6	39	Tom Proctor	30 Burlington	VT	50:00
7	40	Matthew Caldwell	31 Northfield	VT	50:09 CVR
Record 30:50 by Eric Morse in 1995					
FEMALE AGE GROUP 40 - 49					
1	24	Courtney Kutler	43 South Burlington	VT	46:12
2	30	Karen Oppenheimer	45 Shelburne	VT	47:51 GMAA
3	32	Tracy Benedict	41 Jericho	VT	48:24 GMAA
4	43	Meg Allison	46 Moretown	VT	51:32 CVR
5	56	Karen Bohmann	47 Williston	VT	55:13
6	61	Laura Ryan	48 Milton	VT	56:45 GMAA
7	71	Jamie Gadwah	42 Waterford	VT	1:00:58 CVR
8	73	Stacey Leadbetter	44 Barre	VT	1:01:07
Record 38:29 by Sue Barber in 1997					
MALE AGE GROUP 40 - 49					
1	6	Tim Richmond	44 Milton	VT	37:59 GMAA
2	11	Matthew Roth	41 Fairfax	VT	40:33
3	20	Daniel Scheidt	47 Burlington	VT	44:20
4	25	Salavador Acosta	47 Montpelier	VT	46:37 CVR
5	35	Shane Flannelly-Kin	42 Moretown	VT	48:57
6	37	Matthew Fecus	48 Kutztown	PA	49:15
7	76	Kristofer Anderson	46 Middlebury	VT	1:03:03
Record 34:00 by Randy Sightler in 2001					
FEMALE AGE GROUP 50 - 59					
1	44	Lisa Hommel	52 Waterbury Ctr.	VT	51:54
2	47	Carrie Fenn	54 Charlotte	VT	52:32 GMAA
3	64	Sandy Colvin	51 Montpelier	VT	59:14 CVR
4	65	Becky Diedrich	54 Berlin	VT	59:24 CVR
5	66	Joanne Mugford	51 West Berlin	VT	59:40
6	72	Phyllis Tillinghast	55 Middlesex	VT	1:01:06
7	77	Cindy Barr	50 West Berlin	VT	1:03:13
Record 41:41 by Moira Durnin in 2001					
MALE AGE GROUP 50 - 59					
1	5	Binney Mitchell	50 Burlington	VT	37:17 GMAA
2	9	Allen Mead	52 Hinesburg	VT	39:04 GMAA
3	10	Alex McHenry	53 South Burlington	VT	39:50 GMAA
4	12	Mike Early	55 Williston	VT	40:36 GMAA
5	18	Michael Kennedy	51 Williston	VT	43:22
6	19	Frank McLaughlin	50 Burlington	VT	43:43 GMAA
7	21	Scott Nichols	53 Essex	VT	44:38
8	26	Nick Persampieri	59 Montpelier	VT	47:05

9	53	Andy Shuford	59	Montpelier	VT	54:21	CVR
10	60	Jeff Prescott	55	Montpelier	VT	56:39	CVR
11	74	Peter Hack	58	Waterbury Ctr.	VT	1:02:11	
12	78	Spencer Newman	50	Burlington	VT	1:05:42	
13	87	Erich Rosenstreich	52	Montpelier	VT	1:54:00	
Record 34:44 by Doug MacGregor in 1990							
FEMALE AGE GROUP 60 - 69							
1	48	Rose Bergeron	62	Essex	VT	52:43	GMAA
2	51	Ruth Blawiekel	65	Colchester	VT	54:12	GMAA
3	57	Cathy Martell	61	Georgia	VT	56:15	
4	62	Elizabeth McCarthy	66	Hardwicck	VT	57:54	
5	63	Ann Bushey	61	Montpelier	VT	59:13	CVR
Record 45:28 by Sue Hackney in 2018							
MALE AGE GROUP 60 - 69							
1	7	Norm Larson	63	Burlington	VT	38:19	GMAA
New record. Old record 39:19 by Kevin McMahon in 2014							
2	8	Jim Miller	60	Essex Jct.	VT	38:59	
3	16	Jim Flint	60	Craftsbury	VT	42:55	CVR
4	22	Chris Andresen	63	Adamant	VT	44:39	CVR
5	28	Hanif Nazeralli	60	Montpelier	VT	47:34	CVR
6	33	Tim Noonan	63	Montpelier	VT	48:45	CVR
7	38	Manuel Sainz	63	Marshfield	VT	49:34	CVR
8	41	Russ Cooke	67	Williston	V	50:55	
9	42	Thomas Hogeboom	68	Hardwick	VT	51:03	
10	50	John Valentine	69	Roxbury	VT	54:05	CVR
11	52	John Howe	60	Charlotte	VT	54:19	
12	54	Michael Gordon	62	Essex Jct.	VT	55:03	
13	58	Joe Grant	61	Warren	VT	56:28	
14	67	John Martin	67	Montpelier	VT	1:00:21	CVR
FEMALE AGE GROUP 70 - 79							
MALE AGE GROUP 70 - 79							
1	23	Gordon MacFarland	71	Burlington	VT	45:25	GMAA
New record. Old record 48:09 by John Hackney in 2018							
2	45	Richard Boisseau	72	St. Johnsbury Ctr.	VT	52:05	CVR
3	46	Chuck Arnold	72	Burlington	VT	52:16	GMAA
4	70	Bob Murphy	79	Barre	VT	1:00:49	CVR
5	75	Michael Shover	70	Bradford	VT	1:02:57	
6	83	Peter Mitchell	79	Jericho	VT	1:09:34	GMAA
7	85	Greg Wight	73	Brookfield	VT	1:14:22	CVR
FEMALE AGE GROUP 80 - 99							
MALE AGE GROUP 80 - 99							
1	79	Paul Huyffer	80	Shelburne	VT	1:05:51	
2	80	Phillip Howard	81	Burlington	VT	1:08:31	
Record 55:27 by Jean Bernaquez in 2013							