

Central Vermont Runners

Meeting Minutes – Monday November 4, 2019

Meeting began at 6:35 pm. 20 +/- members in attendance.

Andy handed out thank you cards from the Girls on the Run participants, thanking CVR for our contribution to their organization.

August meeting minutes approved.

Treasurers Report – John wasn't in attendance but reported to Andy the treasury is good, still working on final report for Leaf Peepers, but overall club treasury is in good standing.

Membership Report – Graham reported #'s are up, year over year, which is good. He discussed a proposal for a new reporting system. An online database to manage our membership data. Changing how we do it today, and using something new would improve reporting, mailings, ongoing data management. Ability for multiple users/editors. Also, the ability for a member to update their own information, for example, and address change or contact information. He and John Hackney have been working on creating a new system and are open to ideas and suggestions on what we need and want from our membership data.

Annual Dinner – Thursday January 23rd is the save the date! Most likely will be the same location, The Steak House.

Spirit of the Club Committee – Bob Murphy, John Hackney and Greg Wight all volunteered to begin the search for the recipient of the spirit of the club.

Looking for Race Directors –

Mutt Strut – Manny Sainz volunteered to assist Cindy Gardner Morse. Barre Town – Jacque Jancaitis volunteered to assist the race director. She noted the contacts with the school and other organizations were key to success of the race.

Fallen Leaves – Tim would like to direct only one of the three races next year. New Race director needed for the other two.

Capital City Stampede – Shannon and Colin Clifford will continue as Race Directors, however, they are expecting their second child shortly before the race, so they would like a volunteer to be a hands-on assistant. Shannon won't be able to go to the race so someone who could do more of the race day help while Shannon continues to help with more of the planning.

Race Applications – Names

Members discussed past situations in which runners didn't indicate their given name on the application and instead used a 'fake' name. Concern is the applicability of the waiver if the applicant signs with a different name. It was discussed that race directors and those volunteers in registration should be aware and encourage our participants to use their real name. It was also discussed that this isn't a wide spread issue and only happened a couple of times.

CVR Race Calendar – Discussed the information in the below calendar and approved the calendar as it appears here.

Proposed CVR Race Calendar for 2020

Event	2020 Race Director	Race Series	Proposed 2020 Date
Mutt Strutt	RD NEEDED		Sunday, April 19
Paul Mailman 10 Miler	Andy Shuford	X	Saturday, April 25
Adamant Half Marathon	Eric Ryea, Donna Smyers & Chris Andresen	X	Saturday, May 9
Barre Town Spring Run	RD NEEDED		Saturday, May 16
Kids Track Meet	Dot Helling & Sandy Colvin		Thursday or Friday, June 4 or 5
Capital City Stampede	Shannon Salembier & Colin Clifford	X	Saturday, June 6
Bear Swamp Run	Tim Noonan	X	Saturday, July 11
Barre Heritage Trl Race	Jackie Jancaitis	X	Saturday, July 25
Berlin Pond	Bob Emmons & Sue Emmons	X	Thurs, August 13
NSB 5k & Mile	Rowly Brucken	X	Saturday, September 5
Groton Forest Trl Run	Mark Howard et al		Saturday, September 12
Sodom Pond	Tim Noonan	X	Wed, Sept 23
Leaf Peepers Half & 5k	Ironwood Adventureworks	X	Sunday, Oct 4
Fallen Leaves #1	Tim Noonan		Saturday, Nov 7
Fallen Leaves #2	RD NEEDED		Saturday, Nov 14
Fallen Leaves #3	RD NEEDED		Saturday, Nov 21
New Year's Eve Suffrage Scramble 5K	Manny Sainz Donna Smyers	X	Tuesday, Dec 31, 2019 August 15 th , 2020

Other Race Dates: – Gordon from GMAA was in attendance and mentioned the dates for some of their races are not completely set yet. They are trying to coordinate with our races, so these dates may change.

Other Race Dates:

GMAA Kaynor's Sap Run	Mar 22?*	New Bedford Half	Mar 15
Boston	Apr 20	Montpelier Mile	July 3*
Rollin Irish	Apr 18?	Stowe 8-Miler & 5K	Jul 12
VCM	May 24	Genny Tenny	Sept 13*
Mt Washington	June 20	GM Marathon	Oct 11
Equinox Trail Race	June 14*	*proposed for Race Series	

2020 Proposed CVR/ORO Race Series Changes – Proposal to add a trail series within the series and reward any CVR member who completes all five of the races in the trail series with a special designed T-Shirt. The races proposed for the trail series are: Barre heritage, Groton 10k trail run, Bear Swamp, Genny Tenny, and the Equinox.

Members discussed adding series awards to more than #1 but to Top three. It was discussed in lieu of this, why not use the point system and in addition to the #1 in each category who has the most points getting an award, those with the most points overall would also get an award, regardless of the category/age group. It was discussed to award the next six CVR members with the most points.

Race Updates –

Groton Forest – Mark reported all went well and will be doing the race again next year. He mentioned the use of the radios was helpful. He is working on adding another distance to the race and is hopeful it will be a 10k, which he is working on mapping out a course.

Sodom Pond – Tim reported the race went well

Leaf Peepers – Andy gave report that race went well. Members gave Andy feedback to provide to Ironworks which is the cost of the 5k seemed too high. Suggestions that there should be a much lower cost to enter the 5k vs the half marathon.

Fallen Leaves – Tim reported the first race of the series had 88 in attendance, great turnout.

Clothing – Richarda shared with the members a sample of the available CVR clothing and what the process would look like. Members agreed to move forward and announce this right away. Allow a two-week window for orders and then deliver all items to Richarda and everyone can pick them up from her. Doing it this way eliminates the shipping fee if we were to have everything shipped various places.

Announcements & Other

2020 Annual Meeting – Save the date March 22nd, location TBD

Other proposed meeting dates in 2020 – May 11th, August 17th, November 2nd. Some members discussed that Mondays aren't good and perhaps we should consider a different day of the week for our meetings in 2020?

CVR 40th Anniversary – Would like to create a committee to discuss and plan a celebration event.

Winter Long Runs start on December 7th.

Meeting adjourned 7:55pm

