

CVR 2020 Virtual Summer Race Series  
**Capital City Stampede 10K Overall Results**

#	first name	last name	gender	age group	date	time
1	Megan	Valentine	F	40-49	9/05/20	0:43:06
2	Kari	Bradley	M	50-59	8/30/20	0:44:16
3	Graham	Sherriff	M	40-49	9/02/20	0:48:21
4	Donna	Smyers	F	60-69	8/22/20	0:49:55
5	Tim	Noonan	M	60-69	7/11/20	0:50:41
6	Carrie	Cook	F	40-49	8/06/20	0:53:09
7	Jen	Miller-Arsenault	F	50-59	8/06/20	0:53:14
8	Dot	Martin	F	50-59	7/25/20	0:53:20
9	Joe	Merrill	M	50-59	7/14/20	0:53:30
10	John	Valentine	M	70-79	8/22/20	0:54:33
11	John	Martin	M	60-69	8/04/20	1:00:37
12	Thomas	Hogeboom	M	60-69	8/05/20	1:04:50
13	Elizabeth	McCarthy	F	60-69	8/05/20	1:04:50
14	Phyllis	Tillinghast	F	50-59	8/17/20	1:05:24
15	Bob	Murphy	M	80+	8/28/20	1:06:02
16	Darrel	Lasell	M	60-69	8/22/20	1:08:35
17	Cheryl	Lasell	F	60-69	8/02/20	1:15:30