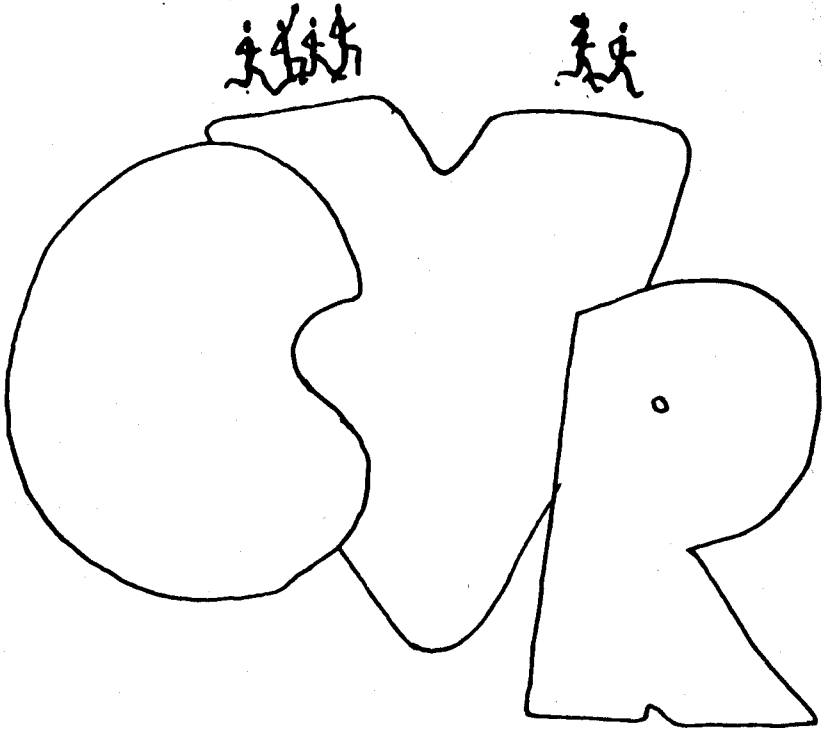


NOVEMBER

Vol. 6  
No. 8



SEE OCTOBER MEETING NOTES  
INSIDE FOR NOVEMBER  
MEETING INFORMATION



# CVR

## ANNUAL MEMBERSHIP - RENEW OR JOIN

- Rates: \$4 for single member  
\$4 plus \$1 for each additional member for family membership  
\$6 for CVR T- shirts (a new supply is now in)

KEEP YOUR NEWSLETTER COMING AND SUPPORT  
CVR BY SENDING THE COMPLETED FORM BELOW AND  
YOUR MEMBERSHIP FEE TO:



Darragh Ellerson  
Upper North St.  
Montpelier, Vt. 05602

### CENTRAL VERMONT RUNNERS - Membership Form

Last Name                      First Name                      Middle Initial

Street                                      City/Town                      State                      ZIP

Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

Phone No (Home) \_\_\_\_\_ (Office) \_\_\_\_\_

T-Shirt size: S M L XL

Dues Paid: 80 81 82 83 84 85 86 87 88

Additional Members \_\_\_\_\_

## OCTOBER MEETING NOTES

Wade and Carolyn Walker played host to the October meeting of CVR on October 21st to eight members. The highlight of the meeting came on two fronts. The first was the passing of a bylaw change. By unanimous vote the change now reads that "THE PRESIDENT AND VICE-PRESIDENT CAN ONLY SECEDE THEMSELVES ONCE." What this amounts to is to allow the treasurer and secretary to be elected to as many consecutive terms as they agree to.

The second highlight of the evening was the establishment of a scholarship fund for graduating seniors from a local high school. A total of \$300 dollars will be put into a bank account with the idea of having two \$150 dollar awards to a female and male athlete in 1986. A committee of Wade Walker, Jeff Shutak, Norm Robinson, and Bob Murphy was formed to bring recommendations before the next meeting on how to administer the fund.

Jeff reported a total of \$244 dollars collected from this year's Leaf Peeper's Half-Marathon.

Wade brought good and bad news to the meeting. The bad news was-- Central Vermont Hospital will not be sponsoring the "RUN FOR THE HEALTH OF IT" 5K in May of 1986 at Union 32 High School. The good news--Blue-Cross Blue-Shield will take over sponsorship with a nearly unlimited bank roll.

The final bit of business was the reminder that the RRCA Annual Meeting will be held in Portland, Maine in 1986. This undoubtedly will be the closest city to host this event in a long time and we encourage as many members as possible to attend. More information will follow.

November's meeting will be held on the 18th at the home of Tony and Debby DeMarco, Hill st. Extension. To get directions call 223-6264, or try to follow these!

Head towards Berlin Pond--instead of turning left to go around the pond--continue straight up the hill until you come to an intersection with Hill St. Ext. (dirt road). Turn right and it is the first house on the left. They have a red farm house.

Good Luck! If you get lost don't call me!

NORM ROBINSON

CVR SCHOLARSHIP

An organizational meeting of the Central Vermont Runners Task Force on Student Scholarships was held at Jeff Shutak's house on Tuesday, October 19. Attending were Task Force members Robert Murphy, Norm Robinson and Jeff Shutak. Absent due to illness was Wade Walker.

The following guidelines and eligibility standards were set at the meeting:

1. Eligible Area High Schools:

Spaulding	Twinfield
Montpelier	Stowe
U-32	Williamstown
Harwood	Braintree/Randolph
Northfield	

2. Student Eligibility:

Senior who will be graduating, College bound, having participated in a Track or Cross Country Running program and who will participate in a College Running program.

3. Priorities:

Equal weight given to Athletic accomplishment, scholastic achievement and short essay. The question of a coaches endorsement was brought up but tabled for more information on the subject.

Membership input is welcome at our next regularly scheduled club meeting.

*Jeff*

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1985 LEAF PEEPERS  
HALF MARATHON RESULTS  
October 6, 1985

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OVERALL	PLACE IN	TIME	NAME
PLACE	AGE GROUP		

FEMALE 0 - 17

144	1	1:57:09	JENNIFER WOLFF
177	2	2:21:05	BECKY MANIATTY
183	3	29:28	ANA MANNIATTY

FEMALE 18 - 29

41	1	1:29:24	MARY OSTERGREN
49	2	31:27	KATHLEEN JENKINS
58	3	33:44	CAROL VAN DYKE
62	4	35:02	SUSAN JONES
65	5	35:24	ANN HENDRICKS
76	6	37:11	LAURA DOBBS
93	7	40:41	JEANETTE PERRY
106	8	43:53	LISA LOOMIS
110	9	45:01	CEPUL GODFREY
117	0	47:18	JEANNE GOUDREAU
123	11	48:46	DEBORAH HELLER
128	12	50:55	MICHELLE KILUK
135	13	53:35	JEAN KISSNER
141	14	55:46	SUSAN PORTUGAL
149	15	58:32	THERESE TAYLOR
151	16	59:09	CINDY LIMOGES
153	17	59:19	JOYCE MERRILL
162	18	2:07:56	MAY RIVERS
179	19	26:00	DIANAH HALE
184	20	29:37	REGINA FOY

FEMALE 30-39

18	1	1:21:15	LEA HAYER
23	2	23:10	SUSAN DRAPP
66	3	35:24	DOT HELLING

OVERALL	PLACE IN	TIME	NAME
PLACE	AGE GROUP		
<u>FEMALE 30-39, cont.</u>			
80	4	37:44	LISA NATTI
96	5	41:32	PEG O'NEILL
103	6	43:46	IVA KRISTINA KAZDA
108	7	44:39	JANIS CAMPBELL
115	8	46:03	NANCY CROME
119	9	47:55	ROLLANDE RAINVILLE
131	10	52:39	JEANINE HARTNETT
136	11	53:43	DONNA BURNETT
137	12	53:51	LISE HOCKETT
163	13	2:07:12	KAREN SNIELDS
165	14	10:06	SHARON HULBARD
166	15	10:57	DEBBY MANIATTY
168	16	14:35	KATE CAMPBELL
170	17	15:49	LINDA KAURKULIS
172	18	17:32	DEB D. MANRO
173	19	17:33	JOYCE WOOD
174	20	18:51	NANCY CLEMENT
178	21	22:50	LIZA AWAD
180	22	27:32	LINDA FULMER
185	23	29:37	ALICE ALBRECHT
186	24	31:00	MARY DURDU
<u>FEMALE 40-49</u>			
84	1	1:38:13	ROBIN ROBINSON
87	2	39:14	MARSHA BANCROFT
105	3	43:39	DEBORAH KELLY
112	4	45:31	AMY COOPER
130	5	52:24	ROSEMARIE KINNEY
139	6	54:56	ANNETTE MILLER
147	7	57:41	POLLI FLANDERS
154	8	59:39	PATRICIA CONNELLY
176	9	2:20:20	ELLEN WOLFF

OVERALL	PLACE IN	TIME	NAME
PLACE	AGE GROUP		
<u>FEMALE 50 - 59</u>			
146	1	1:57:40	MARILYN WILSON
157	2	2:03:57	BEVERLY TUCKER
<u>MALE 0 - 17</u>			
88	1	1:39:27	BOZ WING
125	2	49:31	JON WOLFF
158	3	2:04:25	CHRIS GENDREAU
<u>MALE 18 - 29</u>			
2	1	1:11:38	ERIC MORSE
3	2	11:56	RANDY SIGHTLER
4	3	12:15	KEVIN LARUE
5	4	12:42	TERRY GILMORE
6	5	13:08	GOTFRIED HOFER
9	6	16:33	KEVIN MARTELL
12	7	17:46	ED DRAPPE
13	8	18:07	JACK FAHEY
20	9	22:42	DAND DASHER
27	10	24:59	GARY FINLAYSON
31	11	27:07	GERRY MIRAHILE
32	12	27:28	STEVE BAILEY
33	13	27:41	STEVE ROBINSON
34	14	27:45	CHRIS CREWS
44	15	30:02	DAVID HELLER
55	16	32:59	NATHAN ADAMS
60	17	34:19	TOM SCULLY
67	18	35:36	MIKE HEDMAN
89	19	39:30	PATRICK CROWE
98	20	42:36	TIM SMITH
100	21	42:52	JON GODSHALL
118	22	47:22	LOUIE COLLINS, JR.
121	23	48:42	MARTIN GREEN
122	24	48:43	JEFF LINTERMANN
124	25	48:49	KEMP HENZBERG

OVERALL	PLACE IN	TIME	NAME
PLACE	AGE GROUP		
<u>MALE 18-29, cont.</u>			
140	26	55:31	ED PORTUGAL
155	27	2:00:40	HANK SMITH
181	28	28:03	RON PORTER
182	29	28:04	TOM CIBENKO
<u>MALE 30-39</u>			
1	1	1:09:56	KEITH WOODWARD
7	2	14:51	PASCAL CRAREDI CHENZ
8	3	15:02	DEAN BUMSTEAD
10	4	17:26	MURRAY BANKS
11	5	17:34	BILL DYSART
14	6	19:12	JOHN VALENTINE
15	7	19:45	GEOFF LINDEMER
16	8	20:35	MIKE FEULNER
17	9	20:52	DOUG AUSTIN
21	10	22:45	STEPHEN VIEGAS
24	11	23:42	SY SEARLES
25	12	24:00	VINCE STREBE
26	13	24:55	BOB O'BRIEN
28	14	25:39	JACK GARVIN
29	15	26:15	STEVEN ROBINSON
30	16	26:49	JANE BANKS
35	17	27:55	BILL YOUNG
36	18	28:03	HOWARD ATHERTON
37	19	28:54	TOM CROWE
38	20	29:00	GLENN GERSHONECK
43	21	29:57	STEPHEN SORRELL
45	22	30:36	DAVID CLEMONS
47	23	31:19	HARRY KIRK
48	24	31:20	ANDY ESCHEN
52	25	31:39	LLOYD JULBERT
53	26	32:35	BILL EVERETT
56	27	33:38	FRED FOY
57	28	33:38	STEVE ENGLAND



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OVERALL	PLACE IN	TIME	NAME
PLACE IN	AGE GROUP		

MALE 30-39, cont.

59	29	33:54	RICK CARRICK
61	30	34:53	KEVIN O'NEILL
64	31	35:22	BILL SCHLINK
70	32	35:52	BEN BISHOP
77	33	37:23	BOB LINDEMANN
85	34	38:34	RANDY DRAPER
90	35	39:52	LEWIS PETIT
91	36	39:56	JEAN PORRIER
92	37	39:57	DWAIN CLARK
94	38	40:46	RUSS MORGAN
97	39	41:38	STEVE JARVIS
99	40	42:40	JERRY BRUNNER
101	41	43:00	BILL WOOD
102	42	43:22	JOE BLATCHFORD
107	43	44:04	JOSEPH MARIANO
116	44	46:06	NICHOLAS PISCELLI
127	45	50:31	JEFF MERCURE
132	46	52:52	JOE HACKETT
138	47	53:58	STEVE CANO
142	48	56:13	HARRY JAUPTMAN
145	49	57:33	TONY DIMAURO
152	50	59:09	FRED NOCHOLS
156	51	2:01:15	STEPEHN TURNEULL
161	52	06:14	JOHN MANIATTY
164	53	08:12	CRAIG ROTTA
167	54	16:01	ED SORRELL
175	56	18:52	GEORGE CLEMENT

MALE 40-49

19	1	1:22:14	RON RAE
22	2	22:53	BUTCH DUTRA
39	3	29:16	BILL HEISE
40	4	29:22	HENRY MERCY
42	5	29:55	DAVE THOMAS
46	6	30:45	PATRICK JIRON

OVERALL	PLACE IN	TIME	NAME
PLACE	AGE GROUP		
<u>MALE 40-49, cont.</u>			
51	8	31:39	NORTON BAKER
54	8	32:56	JOHN EDMONDSON
63	9	35:03	JIM OVERFIELD
69	10	35:51	JOHN MALLERY
71	11	36:44	DICK TAYLOR
72	12	36:44	PAUL IPPOLITO
73	13	37:00	GARY CUN INGHAM
74	14	37:02	BOB MERCIER
75	15	37:33	ROGER CROUSE
81	17	37:53	PAUL TRUDELL
82	18	37:57	VINCENT FEENEY
83	19	38:09	ED BENNETT, JR.
86	20	38:34	BERNIE JENKIEWICZ
109	21	44:39	RICHARD FRIEL
111	22	45:26	DAN MURNARL
113	23	45:34	VERM GOURLY
114	24	45:46	ROD DAVIS
120	25	48:14	PETEN J. W. BUTT
126	26	49:49	WILLIAM RUGGLES
129	27	51:14	VEIL ECURSE J.
133	28	53:22	ROB QUAD
150	29	59:07	BOB DEMAUGE
159	30	2:05:42	RAPHAEL MARRONE
160	31	05:42	TOM CURTIN
169	32	15:05	RON SWEET
188	33	35:13	BOB VOLK
<u>MALE 50 +</u>			
68	1	1:35:38	FRITZ SCHNECK
79	2	37:39	ARMOND CHICOINE
143	3	56:38	ERNIE FLANDERS
148	4	58:06	BILL KEOGH
187	5	2:35:13	PHILIP WOLFF

OVERALL PLACE	PLACE IN AGE GROUP	TIME	NAME
50	1	1:31:29	WEB WILLIAMS
95	2	41:26	HENRY HOUSE
104	3	43:38	HAROLD LUETKEN
134	4	53:23	FRED HACKETT



NEWSNOTE

Henry Marcy finished 15th of 116 finishers (4th master) in 5,8 mile Wakefield Road Race around Lake Quannapowitt and environs 36:11--10/20/85, Wakefield, Massachusetts.

Cool (50°), tough wind for about 3 miles, fairly flat course.

1975 Golden State Warriors - Rookie Keith Wilkes  
MVP - Rick Barry

RESULTS

Sodam Pond Micro Marathon July 20, 1985

4.2 Miles

Category	name	time	overall place
0-13 F	1. Sarah Thomas	61:45	13
	2. Kathy Long	61:44	14
0-13 M	1. Kevin Holmguest	39:39	11
14-29 F	* 1. Suzanne Betz	32:47	7
	2. Judy Blakely	34:52	9
	3. Dawn Lambert	39:34	10
14-29 M	* 1. Matt Czaplinski	24:19	1
	2. Roy Chatalbash	27:09	3
30-39 F	1. Elizabeth Meiklejohn	33:43	8
30-39 M	1. Lowell Vanderlip	27:55	4
	2. Bob Howe	28:00	5
40-49 F			
40-49 M	1. Richard Czaplinski	25:21	2
	2. Newton Baker	29:09	6
50-59 F	1. Ina Slayton	58:11	12
	2. Marion Paruka	61:55	15
50-59 M			
60+			
	* First Place 1985	male & female	

COURSE RECORDS:

Female	Mary Labate	28:18	1983
Male	Mark Chaplin	23:08	1983



The sun shone on us for our 8<sup>th</sup> annual run around Despain Lake. The weather, the foliage were tops, and the small crowd (54 in all) responded by having a cheerful, invigorating run. No records were broken. As usual, CVR runners were supporters of this race, which is held for the benefit of, and sponsored by the Buffalo Mountain Food Coop. Area businesses assist us, also.

Anne Batten

## RESULTS

## CASPIAN FOLIAGE RUN

1985

9-22-85

Eighth Annual

*Frankston, VT*

Male 18-29			Female 18-29		
Tom Van de Water	44:32	8	Ellen Curran	49:37	18
Brian Moody	48:39	16	Hillary Bailin	54:28	26
Clay Deckert	60:13	42	Mary Kehoe	54:58	31
Skip Rakel	59:33	48	Betsey Kepes	58:47	38
Male 30-39			Female 30-39		
Perry Bland	41:00	1	Jennifer Lucas	47:40	14
John Valentine	42:11	2	Brigitte Edquid	54:30	29
Geoff Lindemeer	42:35	4	Nancy Mildrum	61:17	45
Chuck Arnold	43:49	5	Female 40-49		
Dennis Curran	43:55	6	Rose Kinney	58:03	37
John McCown	44:15	7	Annette Miller	59:33	41
Tom Potter	45:55	9	Nancy McRae	65:29	49
John Schweiger	46:01	10	Female 50-59		
Bill Young	47:11	13	Marilyn Wilson	60:28	43
Keith Rowlett	50:30	20	Wilma Kelley	63:47	47
Larry Wood	50:36	21	Anne Batten	67:43	51
Rodney Pingree	50:56	22	Gail Sangree	71:12	53
Dale Conoscenti	51:21	23			
Phil Lovely	52:22	26			
Bill Eisner	57:22	35			
Wayne Mc Williams	58:03	36			
Frank Clulow	58:59	39			
Male 40-49					
Timothy Simpson	42:17	3			
Henry Marcy	46:03	11			
Patrick Jiron	47:06	12			
Michael Cusimano	48:32	15			
Gary Cunningham	49:11	17			
Bernie Juskiewicz	50:12	19			
Rick Ejmanowicz	50:41	25			
Richard Carr	55:17	27			
Paul Kieslich	54:30	30			
Larry Miller	54:59	32			
William Kules	56:18	34			
Dan Kagan	66:13	50			
Male 50-59					
Walter Renault	51:31	24			
Don McDonough	55:24	33			
Dick Stegman	63:31	46			
Hu Sangree	59:28	40			
Dave Kelley	69:30	52			
Male 60---					
John Bland	61:14	44			

## MANCHESTER HALF MARATHON

### CVR Results:

Overall Female winner won by Lea Hayer in  
1:20:23.

3rd place age grp. 50+ - Darragh Ellerson.  
1:42:24 (disappointing time!)

Tim Noonan 1:17:31

Bob Mercier 1:39:04

Elen Dube-ran but time unknown.

## MONTREAL MARATHON

A PR for Jere Fullerton of 4:11

Wade Walker 3:03:58

Newton Baker 3:35:13

Elizabeth Meiklejohn 3:57:33

Tony DiMauro 4:38

Steve England 3:42

Fred Foy 3:25

Phil Wolff 5:10

COULD NOT HAVE HAD THE SUCCESS WITHOUT YOU.

(Howard Bank Race volunteers)

Special thanks to Tim Noonan, Bob Wilson,  
Larry Miller, Dave Kelley, Mary Labate,  
Dave Morse, Ann Bishop, David Ellerson,  
Jim Suskin, Terry Suskin, Mr. Therrien  
and daughter, and people from the Christian  
Fellowship (names unknown)

CENTRAL VERMONT RUNNERS NEWSLETTER  
c/o Muriel Eaton  
231 Elm Street, Apt. 1  
Montpelier, Vermont 05602



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Tucson, AZ 85733

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