

Some Running events traveling through Central Vermont soon.

Bob Murphy reports all local runners are invited to join in the June 30 leg of the Follow Us Home to Vermont Kelay from City Park in Barre to Montpelier. This leg is about 7 miles and runners should meet at the Barre City Park at about 1:30 to prepare for the 2:00 p.m. start. In addition anyone who wishes may join the July 1 run from Montpelier City Hall to the State House at about noon.

Note** in the Press Release about Follow Us Home to Vermont Relay, one of the members of the core unit running the 15 days is Morgan Gerdel of Maui, Hawaii is C.V.R. member Greg Gerdel's son. There may be other C.V.R. relatives running, let the Editor know!

In the Spring 1991 issue of the UVM Quarterly there were two articles of running interest. One called, <u>Calling all UVM Runners</u> is seeking UVM runners for legs of the UVM Bicentennial Relay. The Relay begins in Windsor, Vermont (becasue it is the site of the chartering of UVM) and concludes at the Celebration Convocation on the UVM campus September 14. Organizers are Roger Zimmerman class of '61 and Shelly Weiner class of '60 and Tom Weaver the editor of <u>UVM Record</u>. Needed are students, faculty, staff and alumni runners. Medical and support team volunteers are also needed. Contact the Bigentennial Office to sign up.

C. V. R. pot luck - June 1/2 6:30 pm at Jeff + Viki Shutak's 5:30 - fun run of 6 miles with Jeff Please let him know if planning to run - work: 229.9/2/2 home: 433-1776-

PRESS RELEASE

The 1991 FOLLOW US HOME TO VERMONT RELAY event takes place from June 15 through July 1st, 1991. We begin our journey with the torchlighting ceremony at the White House in Washington, D.C., and end by presenting our Vermont Statehood Bicentennial Friendship Torch, and the proclamations and flags we receive from the 11 states we visited en route, to Governor Richard Snelling on the State House steps in Montpelier, Vermont on Monday, July 1st at 12:30 p.m..

In total, there are 27 athletes working hard to be part of this team. We are set up in such a way that there is a base team of 12, who will run the entire distance. The addition of 5 athletes per section will greatly enhance the team. The boys and girls, ages 12 through 17 years, come from many parts of the state of Vermont, as well as from Ontario, Canada. Each team member brings many personal skills to the team in addition to their athletic abilities. We have two debaters, two Eagle Scout candidates, one bareback bronco rider, eighteen choral singers, one cellist, one equestrienne, eighteen basketball players, five baseball players, six field hockey players, and the list goes on...

The twelve core team members are: A J Alsup (Woodstock), Sam Carrara (Pittsford), Amity Clifford (Brandon), Pat Donnelly (Rutland), Mike Foulds (Owen Sound, Ontario, Canada), Jason Gibbs (Forestdale), Wendy Hession (Pittsford), Andy Litt (Hanover, Ontario, Canada), Rob Mitchell (Worcester), Lawton Redman (Pittsford), Chick Tamboer (Brandon), and Val Zimmer (Brandon).

In addition to the core unit who will be with us for the entire 15 days of the event, there are three additional groups who will be running through one section. The sections are from Washington to Philadelphia, Philadelphia to Boston, and Boston to Montpelier. Members running one section include Brian Alberti (Pittsford), Zoe Cawlfield (White River Junction), Corey Flynn (Benson), Morgan Gerdel (Maui, Hawaii), Josh Griffin (Forestdale), Rob McDougall (Quechee), Josh Martin (Brandon), Jay Moody (White River Junction), Karyn Peabody (Worcester), Casey Sherrill (Goshen), Jeremiah Smith (Brandon), Karen Torrey (Brandon), Noah Vihinen (Brandon), and Ben Weiss (Worcester).

The team will be in final training sessions the weekend of May 17-19, in Quechee, and will leave for Washington the morning of June 15th. They are ambassadors in track suits. They will represent Vermont in a fine fashion, and encourage everyone they meet to "FOLLOW US HOME TO VERMONT! JOIN IN THE CELEBRATIONS!"

For additional info contact Myles Caskie, at 802-247-3827.

C.V.R. APRIL MEETING MINUTES

All of the mebers who were there wer present!!

A reminder will be sent to the members who did not pay their dues. (We have 20 delinquent debtors to date).

Races: Locomotion 5K in Waterbury on April 28th. A motion was made and moved to let Locomotion use the finish chute, mile markers, printer-timer and stopwatches for a \$25.00 fee.

Run or Walk for the Health of It 5K and 1K for kids. May 11th. C.V.R. will sponsor.

<u>Capital City Stampede</u> June 8th will also sponsored by C.V.R., with Onion River Sports, and State Street Market. As always...looking for helpers.

Montpelier 10-Miler is set for June 22 sponsored by C.V.R. and the Montpelier Recreation Department.

Bear Swamp Race July 13 at Middlesex's Rumney Elementary School with picnic at Wrightsville beach after...bring your own food!

Berlin Pond Race August 3rdand Chris Whalen is the race director (again, yeah Chris!).

<u>Leaf Peepers Half-Marathon</u> will be on October 6th. Darragh and Jeff are working out the details.

<u>Juniper Hill 12K</u> set for the First Sat. in November (Nov. 2) and is the only offical 12K in the State!

In other business: Scholarships will be awarded to area students for, two scholarships at \$200.00 each and one at \$100.00.

A motion was made and approved for Adopt-A-Team. Adopt-A-Team will be where C.V.R. uses the services of an area track team in at least three races with a minimum of 6 workers. For the school team's cooperation they will be given \$300.00.

F.Y.I....If you are looking to run with someone...some members get together on Tuesdays at 5:30 p.m. for the Fun Runs at the Liquor Control Warehouse, bring your own water and choose your distance of 2,4,or 6 miles. On Wednesdays Norm Robinson and Bob Howe meet at 4:45p.m. at Montpelier High School, come join them. On Thursdays also at 4:45p.m. Bob Murphy and anyone else meet at the Berlin Town Clerk's office to run around the pond. And on Sat. morns a group meets at the former Stockyard to run between 5 and 12 miles.

Sue Drapp Secretary

MONTPELIER TEN MILE ROAD RACE



17TH ANNUAL RACK

ONE OF VERMONT'S OLDEST RACES



SATURDAY, JUNE 22, 1991 - 9:00 A.H.

PLACE: Hontpelier High School, Montpelier, Vermont.

SPONSORS: Central Vermont Runners and Montpelier Recreation Department. Sanctioned by Road Runners Club of America and The Athletics Congress.

REGISTRATION: To pre-register, make checks payable to Central Vermont Runners and mail entries to: Tim Noonan, 2 Pinewood Road, Montpelier, Vermont 05602. Post registration at Montpelier High School June 22, from 7:30 a.m. -8:45 a.m. Dressing and bathroom facilities available.

FEE: \$6.00 for pre-registrants, \$7.00 for post-registrants. Pre-registration must be made by June 17.

START TIME: 9:00 A.M.

COURSE: Starts at front of High School. Flat to rolling out and back course over primarily dirt wond. Finishes at Dept. of Employment and Training building. Four water stations. Miles accurately marked. Course is certified.

DIVISIONS: FEMALE- Under 18, 18-29, 30-39, 40-49, 50-59, 60+ MALE- Under 18, 18-29, 30-39, 40-49, 50-59, 60+ TEAMS- 1-39 Open Male, 1-39 Open Female, 40+ Masters Male, 40+ Masters Female (3 member teams).

PRIZES: Trophy and gift certificate/merchandise prize to top male and female. Gift certificate or merchandise prize for top finishers in each age and team division.

OFFICIAL FUTRY FORM - MONTPELIER 10 MILE ROAD RACE JUNE 22. 1991

<u> </u>		
NAME	SEX M F AGE	BIRTH DATE
STREET	CITY	STATE
ZIP CLUB or TEAM (if a	pplicable)	
P CLUB OF TEAM (if applicable) 1 INDO THAT EDMING A ROAD RACE IS A POTENTIALLY BAZARDOUS ACTIVITY. I SHOWAR BOY ENTER AND NOW HOWER I AM RESIGNAL RALE AND FROMERLY TRAINED. I AMERICAL SALE AND FROMERLY THAT HOW IN A SHOWER AND HOW IN A SHOW ALL SHOW ALL SHOW ALL SHOWER AND SHOWN IN THE CONTROL OF THE ROAD ASSOCIATED WITH BURNING IN THE STREET STEPS IN CLUBING HOW BE NOT ALLY TO SALES, CONTACT WITH OTHER MARKETICHAMES, THE STREETS OF THE WANTERS, INCLUDING HOR BENT AND ON BROWNING THE CONTROL OF THE ROAD ALL SHOW HENCE AND THE STREET SHOW AND APPRICATIONS OF ME. SAVING THE CONTROL OF THE ROAD ALL SHOW HENCE SHOWS AND APPRICATIONS OF ME. SAVING THE STREET SHOWS AND APPRICATIONS OF ME.		

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Signature of Parent or Guardian if under 18 years of age

Our Mega-mileage CVR runners Dot Helling and Sue Christensen are siming and training for the Vermont 100 on July 27. They are looking for interested folks to help out at the race or just cheer them on. The race starts at 4:00 a.m. at the Smoke Rise Farm in South Woodstock, Vermont. There is a horse race on the trail at about the same time the runners are on the trails! Anyway Dot and Sue would appreciate support around 6:00P.M. when the runners tend to fade and need a boost.

Results - Lake Waramang 50-miler New Preston, Conn. April 28, 1991

Men 1. Colin Corkery 5:32:43 *
Needham, Mass.

* Course Record - previous record
held by our own Burlington's
Ralph swenson

a. Roger Welch 6:07:12-Marshfield, Mass.

3. Ray Krolewicz 6:18:23
Pontiac, S.C.
(went on to win 100k in 8:39:11)

Women 1. Dot Helling 8:04:52

2. Barb McLeod 8:40:00

Gloucester, Ontario, Canada

all the other women dropped.

So starters Very hot day with headwinss off the Lake. Note that, for the women, it was "us Northerness" Who hung on. Keep up that mental trughening, eh?! See you soon

Northeast Trailrungers Circuit

5/19/91	Scapstone Mountain al Mountain	Trail
H	alf Mulathon, 13.3 r	ugges mile
TOO MOAL	1 1 10 0 1	Somers. Connecticut
Top Men	1. Andy Mottatt, NY	1:26:32
	2. Dave Dunham, Co	nn 1:26:34
	2. Dave Dunham, Co 3. Rich Fargo, Conn	1:31:39
Women	1	
	1. Sarah Wright, Mass (age 28) 2:62:48
	2. Lisa Valardi (26 3. Ann Fallon, Mass.	2:04:25
* lex manufus	3. Mill latting, Mass.	
ACA MORTINS	8. * Dot Helling (41) (1st master)	2:20:02
	11. Sue Christensen ((17) 7134 0
	(2nd master)	47) 2:24:08
	77 37672 0	
6/2/91 Nip	Muck Trail Marathon	26.2 PIRN
mo	Muck Trail Marathon re ruggeo miles, Ashfor	D. Cann.
	•	
Top Men	1 Dave Dunham	ewse # 3:01:51
	a. Keith Turner	3:10:45
×1.	3. Rich Fargo	3:11:44
Vermontus	10. Shane Bowley	3:40:37
	10. *Shane Bowley 11. *Ralph Swenson	2:40:37
Women	1. Dot Helling	4:48:09
	z. *Sue Christiansen	4:54:48
	3 Holly Mass	• =
	3. Holly Massucco	5:09:45

MOTHERS DAY 5 KILOMETER ROAD RACE 12 MAY 1991 RACE SUMMARY

Age Group Winners:

Men's Open Boys 8-9	15:18* 27:44*	Eric Morse (26) Justin Bryer (8)	Waterbury, VT So. Ryegate, VT
Men 18-19	21:41	Eric Meyette (18)	Essex Junction, VT
	23:17	Jim Wray (36)	Montpelier, VT
Men 40-44	20:38	Rich Brown (40)	Elmore, VT
Men 45-49	20:46	Newton Baker (49)	Montpelier, VT
Men 50-54	18:49*	Bob Murphy (51)	Barre, VT
Men 60-64	22:05*	Robert Shelton (61)	Bradford, VT
Women's Open	20:29	Katherine Greenia (16)	Morrisville, VT
Girl's 14-15	22:55	Kelly Greenfield (15)	St. Albans, VT
Girl's 16-17	20:29	Katherine Greenia (16)	Morrisville, VT
Women 18-19	27:36	Kim Carey (18)	Essex Junction, VT
Women 35-39	20:30*	Merill Cray (38)	Elmore, VT
Women 40-44	31:06	Marge Michaud (43)	So. Burlington, VT
Women 45-49	26:03*	Heidi Smith (49)	Moretown, VT
Women 50-54	28:02	Polli Flanders (54)	Montpelier, VT

- * = New Vermont Single-Age Record
- ** = New Vermont Single-Age and Age-Group Record

Other new Single-Age records were set by: 24:06* Karen Rapalje (23) Colchester, VT

Vermont Runner Rankings:

Race	finishers:	Male	Female
	Open	28	20
	40-49	6	6
	50-59	3	1
	60-69	2	_

Ranking points were earned by the following Vermont runners:

Men's Open:

Eric Morse	Waterbury	10	(1st)
Dick Millar	Montpelier	7	(2nd)
Eric Montminy	Stowe	5	(3rd)
Bob Murphy	Barre	3	(4th)
Chris Aguda-Brown	Marshfield	2	(5th)
Matt Chandler	Shelburne	1	(6th)

Men 40-49:

Rich Brown	Elmore	3 (1st)
Newton Baker	Montpelier	2 (2nd)
Townsend Gilbert	Barre	1 (3rd)

MOTHERS DAY 5 KILOMETER ROAD RACE 12 MAY 1991 RACE SUMMARY

Vermont Runner Rankings (Continued):

Men 50-59:		
Bob Murphy	Barre	3 (1st)
Tom Sissel	So. Burlington	2 (2nd)
Ted Chase	West Danville	1 (3rd)
Men 60-69:		
Robert Shelton	Bradford	3 (1st)
Ernie Flanders	Montpeller	2 (2nd)
Women's Open:		
Katherine Greenia	Morrisville	5 (1st)
Merill Cray	Elmore	3 (2nd)
Kelly Greenfield	St. Albans	2 (3rd)
Claudia Sullivan	Jericho	1 (4th)
Women 40-49:		
Heidi Smith	Moretown	3 (1st)
Judy Utton Colombo	Montpelier	2 (2nd)
Janet Gilbert	Barre	1 (3rd)
Women 50-59:		
Polli Flanders	Montpeller	3 (1st)

Compiled by:

Bob Murphy Vermont Running Data Center RR3, Box 6866 Barre, VT 056#1

***************** * MEN'S RESULTS * ***************

			***	****	***	,				
PLACE	DIV	DIV	NAME	AGE	S	CITY	st	NO.	TIME	PACE
=====	===	=====	************	===	Ξ.		77.75	=====	======	=====
1	1	M1929	ERIC MORSE	26	M	WATERBURY	VΤ	176	0:15:18	4:55
2	2	M1929	DICK MILLAR	29	M	MONTPELIER	٧ï	185	0:18:02	5:48
3	3	M1929	YRIC MONTMINY	25	М	STOWE	VT	168	0:18:12	5:51
4	1	M5059	BOB MURPHY	51	M	BARRE	VT	15	0:18:49	6:03
5	- 1	M3039	CHRIS AGUDA-BROWN	- 31	M	MARSHFIELD	٧T	79	0:19:42	6:20
6	4	M1929	MATT CHANDLER	27	M	SHELBURNE	VT	145	0:19:50	6:23
7	· 1	M4049	RICH BROWN	40	М	ELMORE	٧r	173	0:20:38	6:38
8	2	M4049	NEWTON BAKER	49	M	MONTPELIER	VT	12	0:20:46	6:41
9	1	M0118	ERIC MEYETTE	13	M	ESSEX JCT.	VT	178	0:21:41	6:59
10	2	M3039	PAT MCDONOUGH	33	M	PEACHAM	ŊΤ	166	0:21:59	7:05
11	1	M6099	ROBERT SHELTON	61	11	BRADFORD	٧T	42	0:22:05	7:06
12			MARK RENKERT	31	Ħ	BURLINGTON	VΤ	165	0:22:29	7:14
13			MARK VOSSLER	28	11	SO. BURLINGTON	VT	37	0:22:36	7:16
14	3	M4049	TOWNSEND GILBERT	46	M	BARRE	٧T	182	0:22:54	7:22
15			DAN AGUDA	40	M	WESTFIELD	MA	80	0:23:06	7:26
16	_		DANIEL CASEY	28	M	SHELBURNE	VT	183	0:23:16	7:2 9
17			JIM WRAY	36	M	MONTPELIER	٧T	66	0:23:17	7:30
18	_		TOM SISSEL	51	M	S. BURLINGTON	VΤ	170	0:23:28	7:33
19			TED CHASE	51	M	W. DANVILLE	VT	143	0:24:20	7:50
20			JOE MCHALE	29	М	MONTPELIER	۷T	161	0:24:35	7:55
21	5	M3039	DANA FENNER	32	M	SO. WOODSTOCK	٧T	82	0:25:12	8:07
22	8	M1929	ANDREW GESHAN	27	M	MONTPELIER	۷T	50	0:26:35	8:33
23	2	M6099	ERNIE FLANDERS	50	M	MONTPELIER	٧T	24	0:26:49	8:38
24	5	M4049	CEDRIC ROYEA	49	M	PARRE	۷T	74	0:26:56	8:40
25	6	M3039	ROLAND BILLINGS	32	М	MORRISVILLE	VT	67	0:27:43	8:55
26	2	M0118	JUSTIN BRYER	8	М	SO. RYEGATE	VT	64	0:27:44*	
27			JAY GRAVES	33	Ħ	MONTPELIER	VT		0:30:28	9:48
28	_		RON MICHAUD	48	M	S. BURLINGTON	VΤ	175	0:31:05	10:00
* Unde	r Te	CSTATS	S Age-Group guideline							

MALE AGE-GROUP RESULTS

FIRST ANNUAL MOTHERS DAY 5K ROAD RACE
PRESENTED BY ADELPHIA CARLE COMMUNICATIONS & N.E. CARLE TELEVISION ASSOC.
May 12, 1991 5KM TAC CERTIFIED MVTB7005BT Montpelier, VT
Timing By: GRANITE STATE RACE SERVICES, NEWPORT, NH (603)863-2537

MALE AGE GROUP: 18 AND UNDER AGE CITY ST BIB NO. TIME 1 11 ERIC MEYETTE 18 ESSEX JCT. VT 176 0:21:41 2 37 JUSTIN BRYEK 8 SO. RYEGATE VT 64 0:27:44 MALE AGE GROUP: 19 - 29 AGE CITY ST BIB NO. TIME AGE CITY A	MAI	E: /	\c=	epoup.			. a. ita	11110			
1 11 ERIC MEYETTE 18 ESSEX JCT. VT 178 0:21:41 2 39 JUSTIN BRYER 8 SO. RYEGATE VT 64 0:27:44 MALE AGE GROUF: 19 — 29 PLACE 0'All NAME AGE CITY ST BIB NO. TIME 1 1 ERIC MORSE 26 MATERBURY VT 176 0:15:18 2 2 DICK MILLAR 27 MONTPELIER VT 185 0:18:02 3 3 ERIC MONTHINY 26 STOME VT 168 0:18:02 4 6 MATE CHANDLER 27 SHEBURNE VT 145 0:19:50 5 15 MARK VOSSLER 28 SO. BURLINGT VT 37 0:22:36 6 19 DANIEL CASEY 28 SHELBURNE VT 163 0:23:16 6 27 JOE MCHALE 27 MONTPELIER VT 161 0:24:35 8 31 ANDREW GESHAN 27 MONTPELIER VT 50 0:26:35 MALE AGE GROUF: 30 — 39 PLACE 0'ALI NAME AGE CITY ST BIB NO. TIME 1 5 CHRIS AGUDA-BROWN 31 MARSHFIELD VT 79 0:19:42 2 12 PAT MCDOWOUGH 33 PEACHAM VT 166 0:22:59 4 20 JIM WRAY 36 MONTPELIER VT 66 0:23:17 5 28 DANA FENNER 32 SO. MODOSTOC VT 82 0:25:12 4 20 JIM WRAY 36 MONTPELIER VT 66 0:23:17 5 28 DANA FENNER 32 SO. MODOSTOC VT 82 0:25:12 6 38 ROLAND BILLINGS 32 MONTPELIER VT 67 0:27:43 7 44 JAY GRAVES 33 MONTPELIER VT 162 0:30:28 MALE AGE GROUP: 40 — 49 PLACE 0'ALI NAME 40 ELMORE VT 173 :20:38 2 10 NEWTON BAKER 49 MONTPELIER VT 162 0:20:46 3 16 TOMNSEND GILBERT 46 BARRE VT 162 0:22:54 4 18 DAN AGUDA 40 MESTFIELD MA 80 0:25:106 6 45 RON MICHAUD 48 S. BURLINGTO VT 170 0:25:105 MALE AGE GROUP: 50 — 59 PLACE 0'ALI NAME 40 ELMORE VT 175 0:18:49 2 10 NEWTON BAKER 49 MONTPELIER VT 16 0:22:54 4 18 DAN AGUDA 40 MESTFIELD MA 80 0:25:106 6 45 RON MICHAUD 48 S. BURLINGTO VT 175 0:23:105 MALE AGE GROUP: 50 — 59 PLACE 0'ALI NAME AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE GROUP: 51 S. BURLINGTO VT 170 0:23:28 MALE AGE CITY ST BIB NO. TIME					10						
1 11 ERIC MEYETTE 2 39 JUSTIN BRYER B SO. RYEGATE VT 64 0:27:44 MALE AGE GROUF: 19 — 29 PLACE 0'A11 NAME 1 1 ERIC MORSE 2 2 DICK MILLAR 2 2 DICK MILLAR 2 2 DICK MILLAR 3 3 ERIC MONTHINY 4 6 MATT CHANDLER 5 15 MARK VOSSLER 6 19 DANIEL CASEY 7 25 JOE MCHALE 8 31 ANDREW GESHAN 7 25 JOE MCHALE 8 31 ANDREW GESHAN 7 25 JOE MCHALE 9 MONTPELIER VT 161 0:24:35 MALE AGE GROUP: 1 5 CHITS AGUDA-BROWN 2 12 PAT MCDONOUGH 3 PEACH VT 166 0:21:59 3 14 MARK RENKERT 3 13 BURLINGTON VT 166 0:22:27 4 20 JIM WRAY 4 20 JIM WRAY 5 28 SO. WOODSTOC VT 82 0:25:14 5 28 DANA FENNER 6 38 ROLAND BILLINGS 7 44 JAY GRAVES 3 3 MONTPELIER VT 162 0:25:12 6 38 ROLAND BILLINGS 7 44 JAY GRAVES 3 3 MONTPELIER VT 162 0:25:12 6 3 ROLAND BILLINGS 7 44 JAY GRAVES 3 3 MONTPELIER VT 162 0:25:14 6 4 B DAN AGUDA 4 0 ENTON BAKER 4 MONTPELIER VT 162 0:20:46 6 45 RON MICHAUD 4 0 ENTON BAKER 7 4 B DAN AGUDA 4 0 WENTON BAKER 9 MONTPELIER VT 162 0:20:46 6 45 RON MICHAUD 5 1 SERRINGTO VT 175 0:21:05 MALE AGE GROUP: 1 9 RICH BROWN 4 0 ELMORE VT 173 1:20:38 6 13 CERIC ROYEA 4 9 BARRE VT 162 0:20:46 6 45 RON MICHAUD 5 1 SERRINGTO VT 175 0:21:05 MALE AGE GROUP: 1 4 B BM HURPHY 5 1 BARRE VT 174 0:26:56 6 45 RON MICHAUD 5 1 SERRINGTO VT 175 0:21:05 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 0 5 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 1 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 1 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 1 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 1 SERLINGTO VT 175 0:23:105 MALE AGE GROUP: 5 1 SERLINGTO VT 175 0:23:105											
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## AGE GROUP: 50 — 59 PLACE 0'A11 NAME AGE CITY ST BIB NO. TIME 1	2	. 10	NEWTO	IN BAKER		49	MONT	PELIER	VT	12	0:20:46
## AGE GROUP: 50 — 59 PLACE 0'A11 NAME AGE CITY ST BIB NO. TIME 1	3	16	TOWNS	END GILBERT		46	BARR	E	VT	182	0:22:54
## AGE GROUP: 50 — 59 PLACE 0'A11 NAME AGE CITY ST BIB NO. TIME 1	4	18	DAN A	GUDA		40	WEST	FIELD	MA	80	0:23:06
## AGE GROUP: 50 — 59 PLACE 0'All NAME AGE CITY ST BIB NO. TIME 1	5	33	CEDRI	C ROYEA		49	BARRI	E	٧T	74	0:26:56
PLACE 0'All NAME AGE CITY ST BIB NO. TIME 1 4 BOB MURPHY	6	45	RON M	ICHAUD		48	S. B	URLINGTO	VT	175	0:31:05
PLACE 0'All NAME 1 4 BOB MURPHY 2 21 TOM SISSEL 3 24 TED CHASE MALE AGE GROUP: 60 AND OVER PLACE 0'All NAME AGE CITY ST BIB NO. TIME 51 BARRE VI 15 0:18:49 51 S. BURLINGTO VI 170 0:23:28 51 W, DANVILLE VI 143 0:24:20 MALE AGE GROUP: 60 AND OVER AGE CITY ST BIB NO. TIME	MAL	E A	GE	GROUF :	50	-		59			
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MALE AGE GROUP: 60 AND OVER PLACE 0'A11 NAME AGE CITY ST BIB NO. TIME		4	BOR M	URPHY		51	RARRI	F	VT	15	0-18-49
MALE AGE GROUP: 60 AND OVER PLACE 0'A11 NAME AGE CITY ST BIB NO. TIME	_	21	TOM S	ISSEL		51	S. R	LIRE TNGTO	UT	170	0.23.20
PLACE O'All NAME AGE CITY ST BIB NO. TIME		24	TED C	HASE		51	W, D	ANVILLE	VΤ	143	0:24:20
PLACE O'All NAME AGE CITY ST BIB NO. TIME	маі :	E ^	CE	CECHE -			LIT	0115			
				UKUUF 2					-	T. T. P	****
1 13 ROBERT SHELTON 61 BRADFORD VT 42 0:22:05						AUL	CIII		51	RIB MO.	LIME
1 15 KUBERI SHELTON 61 BRADFORD VT 42 0:22:05						===	**==:		==		
	_	13	KOBER	I SHELTON		61	BRADI	FORD	۷T		0:22:05
2 32 ERNIE FLANDERS 60 MONTPELIER VT 24 0:26:49	2	32	ERNIE	FLANDERS		60	MONT	PELIER	VT	24	0:26:49

Page 1

FIRST ANNUAL MOTHERS DAY 5K ROAD RACE PRESENTED BY ADELPHIA CABLE COMMUNICATIONS & N.E. CABLE TELEVISION ASSOC. May 12, 1991 5KH TAC CERTIFIED #VT87005BT Montpelier, VT

Timing By: GRANITE STATE RACE SERVICES, NEWPORT, NH (603)863-2537

* WOMEN'S RESULTS * ***********

* Under TACSTATS Age-Group guideline

F	LACE	DIA	DIA	HAME	AGE	S	CITY	ST	Ю.	TIME	FACE
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	1	1	F0118	KATHERINE GREENIA	16	F	MORRISVILLE	٧T	184	0:20:29*	6:36
	2	1	F 202A	MERILL CRAY	38	F	ELMÓRE	VΤ		0:20:30	6:36
	3	2	F0118	KELLY GREENFIELD	1.5	F	ST. ALBANS	VT		0:22:55	7:23
	4			CLAUDIA SULLIVAN	37			VT		0:23:42	7:38
	5	1	F1929	KAREN RUPALJE	23		COLCHESTER	VT		0:24:06	7:45
	6	3	F3039	DIANE CHANDLER				VT		0:24:38	7:56
	7	4	F3039	PAT MATTER				VT		0:24:42	7:57
	8	5	F3039	DONNA SHOW			STOWE	VT		0:25:33	8:13
	9			HEIDI SHITH				VT			
	10	2	F4049	JUDY UTTON COLUMBO						0:26:03	8:23
	11	3	F4049	JANET GILBERT				٧Ţ		0:27:16	8:47
	12	6	F3039	SHIRLEY REMEIKA				VT		0:27:18	B:47
	13	3	F0118	KIM CAREY			MONTPELIER			0:27:22	8:48
	14			PENNY MCINTOSH				VT		0:27:36	8:53
	15			POLLI FLANDERS			CAMBRIDGE		164	0:27:54	8:59
	16	ā	E4040	JANET COON				VT	22	0:28:02	9:01
	17							VT	171	0:28:04	9:02
	18			LISA MICHAUD				VT	61	0:29:56	9:38
	19	9	F4049	MARGE MICHAUD	43	F.	SO. BURLINGTON	VT	. 58	0:31:06	10:01
		6	F 4049	LUCI MEYETTE		F	ESSEX JCT.	۷T	180	0:33:36	10:49
	20	/	F 4049	LAUREN CHASE	42	F	W. DANVILLE	۷T		0:38:20	12:20
¥	linda	• TA	Γ	Ann Daniel Co.							* 4. B E V

FEMALE AGE-GROUP RESULTS

FIRST ANNUAL MOTHERS DAY 5K ROAD RACE PRESENTED BY ADELPHIA CABLE COMMUNICATIONS & N.E. CABLE TELEVISION ASSOC. May 12, 1991 5KM TAC CERTIFIED BYT87005BT Montpelier, VI

Timing By: GRANITE STATE RACE SERVICES, NEWPORT, NH (603)863-2537

PENALE ARE REGISE	
FEMALE AGE GROUP:	IS AND UNDER
LINCE O HII NAME	AGE CITY ST BIB NO. TIME
1 D 7 NATHEBILIE COCCUIA	1' HOUSTONIAND DE REMESSE ENCADE
2 KELLY OBSERVETS D	16 MOKRISVILLE VT 184 0:20:29 15 ST. ALBANS VT 177 0:22:55 18 ESSEX JCT. VT 179 0:27:36 17 SO. BURLINGT VT 61 0:29:56
Z CALL CREENTIELD	15 51. ALBANS VI 1// 0:22:55
3 37 KIN CHRET	18 ESSEX JUL. VI 1/9 0:27:36
4 43 LISH MICHAUD	17 SO. BUKLING! VI 61 0:29:56
FEMALE AGE GROUP:	19 - 29
PLACE O'All NAME	AGE CITY ST RIB NO. TIME
1 23 KAREN RUPALJE	23 COLCHESTER VT 84 0:24:06
FEMALE AGE GROUP:	
	AGE CITY ST BIB NO. TIME
1 8 MERILL CRAY	38 ELMORE VT 174 0:20:30
Z ZZ CLAUDIA SULLIVAN	37 JERICHO VT 163 0:23:42
3 ZO DIANE CHANDLER	31 SHELBURNE VT 146 0:24:38
4 Z/ FAI MATTER	34 MUNIPELIER VT 172 0:24:42
5 ZY DUNNA SNUW	31 STUWE VT 81 0:25:33
6 36 SHIKLEY KEMEIKA	38 MONTPELIER VT 56 0:27:22
/ 40 PENNY MUINTUSH	38 ELMORE VT 174 0:20:30 37 JERICHO VT 163 0:23:42 31 SHELBURNE VT 146 0:24:38 34 MONTPELIER VT 172 0:24:42 31 STOWE VT 81 0:25:33 38 MONTPELIER VT 56 0:27:22 39 CAMBRIDGE VT 164 0:27:54
FEMALE AGE GROUP:	
PLACE O'All NAME	AGE CITY ST BIB NO. TIME
1 30 HEIDI SMITH	49 MORETOWN VT 167 0:26:03 48 MONTPELIER VT 169 0:27:16
2 34 JUDY UTTON COLOMBO	48 MONTPELIER VT 169 0:27:16
3 35 JANET GILBERT	49 BARRE VT 181 0:27:18
4 42 JANET COON	49 FAIRFAX VT 171 0:28:04
5 46 MARGE MICHAUD	43 SO. BURLINGT VT 58 0:31:06
6 47 LUCI MEYETTE	49 BARRE VT 181 0:27:18 49 FAIRFAX VT 171 0:28:04 43 SO. BURLINGT VT 58 0:31:06 ESSEX JCT. VT 180 0:33:36
FEMALE AGE GROUP:	
PLACE D'ALL HAME	90 - 97
PLACE O'All NAME	AGE CITY ST BIB NO. TIME
	54 MONTPELIER VT 27 0:28:02
FEMALE AGE GROUP:	60 AND OVER
PLACE D'All NAME	AGE CITY ST BIB NO. TIME



EVERY TUESDAY AT 5:30 P.M.

MAY - OCTOBER

CHOOSE YOUR DISTANCE: 2 MILES

4 MILES

6 MILES

-'S ARE UNOFFICAL

- NEWTON BAKER WILL BE THERE
ANYWAY

- BRING YOUR OWN WATER AND WATCH

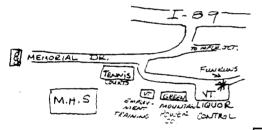
- SAME COURSE

START/FINISH:

VT. LIQUOR CONTROL WAREHOUSE PARKING LOT

at the end of GREEN MOUNTAIN DRIVE

MONTPELIER, VT.





RRCA GATORADE



RACE HOTLINE

For the Greater Washington, DC Area

703-683-RRCA

The Race Hotline is a service provided by Gatorade and the Road Runners Club of America. Callers are given pertinent information regarding the coming week's running events. The hotline is updated weekly.



P.O. Box 501, Stratton, VT 05155 (802)297-0100

STRATTONFEST 1991 SUMMER ATHLETIC EVENTS

Colin J. Lawson

RUNNING EVENTS:

Athletic Director-Stratton Resort Area Association

MULLIGANS 6K/3K CROSS COUNTRY RUN
SATURDAY, JUNE 29, 1991

START AND FINISH AT THE STRATTON VILLAGE SQUARE, STRATTON, VT.

RED FOX 10K/5K TOWN AND COUNTRY FUN RUN SATURDAY, JULY 20, 1991

START AND FINISH AT THE RED FOX INN, BONDVILLE, VT.

JAKES MARKETPLACE CAFE 15K/5K ROAD RACE SATURDAY, AUGUST 17, 1991

START AND FINISH AT THE MOUNTAIN MARKETPLACE, LONDONDERRY, VT. PROCEEDS FROM ABOVE RACES TO BENEFIT VERMONT SPECIAL OLYMPICS

MAPLE LEAF HALF MARATHON AT THE EQUINOX RESORT HOTEL SATURDAY, SEPTEMBER 7, 1991

START AND FINISH AT THE EQUINOX RESORT HOTEL, MANCHESTER VILL., VT. PROCEEDS TO BENEFIT NORTHSHIRE YOUTH ACTIVITIES COMMITTEE

MOUNTAIN BIKING

THE SCRAMBLER MOUNTAIN BIKE RACE SATURDAY, AUGUST 3, 1991

START AND FINISH AT THE STRATTON MT. BASE LODGE, STRATTON, VT. PROCEEDS TO BENEFIT THE VERMONT HANDICAPPED SPORTS FOUNDATION

FOR FURTHER INFORMATION, PLEASE CONTACT THE STRATTON RESORT AREA ASSOCIATION AT (802) 297-0100

Please accept an invitation to join us for one or all of the events. The cost to active club members will be \$10, per race or \$25, for the series. The cost for the Maple Leaf will be \$12. The only thing I ask is that members pre-register and send along a note as to their club affiliation.

RACE SCHEDULE

*** C.V.R. - INDICATES C.V.R. - SPONSORED RACE. IF YOU DO NOT PLAN TO RUN, YOUR HELP WOULD BE GREATLY APPRECIATED DY THE RACE DIRECTOR AND CREW.

JUNE 16 CASPIAN LAKE RUNAROUND 10:30 A.M.

7-MILE RACE, PRE-REGISTRATION 84.00

CALL 748-8645, RACE DAY REGISTRATION \$5.00

AT CASPIAN LAKE BEACH

*** C.V.R. JUNE 22 MONTPELIER 10-MILER 9:00 A.M. AT

MONTPELIER HIGH SCHOOL

TIM NOONAN (229-4658)

JULY 4 <u>CANNONBALL RUN</u> 8:30 A.M. 10 K AND 2 MILE RUNS BY MORRISVILLE REC. DEPT. CALL ROD DAVIS (888-4312)

* * * July 13 BEAR SWAMP RACE 9:00 A.M. 5.6 MILES C.V.R.

RUMNEY ELEMENTARY SCHOOL, MIDDLESEX
TIM NOONAN (229-4658)

*** Aug. 3 BERLIN POND COUPLES RACE 8K C.V.R. CHRIS WHALEN (496-9703)

The Nike/RRCA Children's Program earlier funded a booklet targeted to the parent and the child, entitled, "Children's Running — A Guide for Parents and Kids," which is available from the RRCA for \$1.50 for a single copy. Written by Don Kardong and Jim Ferstle, the booklet answers many questions that will help children enjoy the sport. Bulk rates are available by writing to the RRCA at 629 S. Washington St., Alexandria, VA 22314.