

47th Paul Mailman 10 Mile
Montpelier, VT April 16, 2022

Place	No.	First Name	Last Name	Age	S	City	St	Club	Rank	Time	Pace
1	507	Avery	Smart	17	M	Montpelie	VT		1	56:35	5:40
2	529	Chris	Chichester	40	M	Lyndonvil	VT		2	57:51	5:48
3	528	Aaron	Epps	32	M	Rutland	VT		3	1:00:04	6:01
4	502	Jonathan	Flyer	38	M	Burlingto	VT		4	1:02:11	6:14
5	599	George	Aitken	28	M	Waterbury	VT	CVR	5	1:03:54	6:24
6	503	Maxfield	English	46	M	Wolcott	VT		6	1:04:21	6:27
7	508	Luke	Murphy	14	M	Montpelie	VT		7	1:04:51	6:30
8	598	Eric	Darling	49	M	Shelburne	VT		8	1:05:14	6:32
9	515	Tim	Richmond	47	M	Williston	VT		9	1:05:29	6:33
10	501	Danielle	Winslow	28	F	Richmond	VT		10	1:06:24	6:39
11	504	Jay	Borland	15	M	Montpelie	VT		11	1:07:57	6:48
12	595	Matthew	Roth	44	M	Fairfax	VT		12	1:08:10	6:49
13	589	Richard	Gallagher	42	M	Essex Jct	VT		13	1:08:16	6:50
14	526	Dylan	Broderick	31	F	Montpelie	VT	CVR	14	1:11:37	7:10
15	513	Maike	Holthuijze	35	F	Burlingto	VT		15	1:12:15	7:14
16	597	Sarah	Pribram	54	F	Shelburne	VT		16	1:13:30	7:21
17	542	Salvador	Acosta	50	M	Montpelie	VT	CVR	17	1:14:58	7:30
18	539	Brie	Van Dam	36	F	Fairbanks	AK		18	1:15:32	7:34
19	543	Anna	Milkowski	47	F	Montpelie	VT	CVR	19	1:15:59	7:36
20	514	Jill	Preston	49	F	Burlingto	VT		20	1:16:56	7:42
21	506	Craig	Manning	46	M	Norwich	VT		21	1:17:23	7:45
22	512	Kimberly	Caldwell	32	F	Northfiel	VT	CVR	22	1:18:31	7:52
23	523	Katherine	Weaver	33	F	South Bur	VT		23	1:19:06	7:55
24	544	Andrew	Gilbert	60	M	Hardwick	VT	CVR	24	1:19:23	7:57
25	546	Rose	Modry	42	F	Greensbor	VT		25	1:19:41	7:59
26	594	Liba	Hladik	57	F	Thetford	VT		26	1:20:38	8:04
27	540	Tom	Mowatt	66	M	Chelsea	VT	CVR	27	1:23:39	8:22
28	532	Shannon	Salembier	36	F	Montpelie	VT	CVR	28	1:25:13	8:32
29	527	Donna	Smyers	64	F	Adamant	VT	CVR	29	1:25:44	8:35
30	604	Nina	Aitken	67	F	Waterbury	VT	CVR	30	1:26:23	8:39
31	602	Jennifer	Frantz	48	F	Morrisvil	VT		31	1:27:03	8:43
32	521	Thomas	Hogeboom	70	M	Hardwick	VT	CVR	32	1:27:59	8:48
33	533	Scott	Hess	65	M	Montpelie	VT	CVR	33	1:29:39	8:58
34	510	Ann	Bushey	64	F	Montpelie	VT	CVR	34	1:29:53	9:00
35	511	Kevin	Nadzam	48	M	East Mont	VT		35	1:30:28	9:03
36	505	Manuel	Sainz	66	M	Marshfiel	VT	CVR	36	1:30:57	9:06
37	525	Emily	Leich	28	F	Montpelie	VT		37	1:31:06	9:07
38	524	Lauren	Cater	33	F	Essex Jun	VT		38	1:31:19	9:08
39	516	Mark	Lawliss	60	M	South Bur	VT		39	1:32:20	9:14
40	596	Dennis	Shaffer	68	M	Palinfiel	VT		40	1:35:15	9:32
41	592	Carl	Rogers	66	M	East Barr	VT		41	1:37:23	9:45
42	538	Darrel	Lasell	64	M	Williamst	VT	CVR	42	1:37:33	9:46
43	536	Heather	Tomlins	41	F	Montpelie	VT	CVR	43	1:37:44	9:47
44	535	Dorothy (Do	Helling	72	F	Adamant	VT	CVR	44	1:39:31	9:58
45	531	Carl	Etnier	59	M	Montpelie	VT	CVR	45	1:41:28	10:09
46	520	Elizabeth	McCarthy	69	F	Hardwick	VT	CVR	46	1:44:37	10:28
47	518	Angela	Ferro	59	F	South Bur	VT		47	1:45:50	10:35
48	534	Melissa	Lund	51	F	Newbury	VT		48	1:47:20	10:44
49	537	Sarah	Williams	41	F	Stowe	VT	CVR	49	1:50:20	11:02
50	522	Randi	Sanville	58	F	South Bur	VT		50	1:52:57	11:18
51	603	Lynan	Moy	58	F	South Bur	VT		51	1:52:58	11:18

47th Paul Mailman 10 Mile
Montpelier, VT April 16, 2022

***** AGE GROUP RESULTS *****

FEMALE AGE GROUP: 0 - 19

Record 57:53 by Tara Chaplin in 1998

MALE AGE GROUP: 0 - 19

1	37	Avery	Smart	17	Montpelier	VT	1	56:35
2	43	Luke	Murphy	14	Montpelier	VT	2	1:04:51
3	47	Jay	Borland	15	Montpelier	VT	3	1:07:57

Record 55:18 by Francis Burdett in 1982

FEMALE AGE GROUP: 20 - 29

1	46 Danielle	Winslow	28 Richmond	VT	1 1:06:24
2	73 Emily	Leich	28 Montpelier	VT	2 1:31:06

Record 1:00:03 by Ann Peisch in 1982

MALE AGE GROUP: 20 - 29

1	41 George	Aitken	28 Waterbury	VT	1 1:03:54
---	-----------	--------	--------------	----	-----------

Record 50:09 by Jim Miller in 1982

FEMALE AGE GROUP: 30 - 39

1	50 Dylan	Broderick	31 Montpelier	VT	1 1:11:37
2	51 Maike	Holthuijzen	35 Burlington	VT	2 1:12:15
3	54 Brie	Van Dam	36 Fairbanks	AK	3 1:15:32
4	58 Kimberly	Caldwell	32 Northfield	VT	4 1:18:31
5	59 Katherine	Weaver	33 South Burlington	VT	5 1:19:06
6	64 Shannon	Salebier	36 Montpelier	VT	6 1:25:13
7	74 Lauren	Cater	33 Essex Junction	VT	7 1:31:19

Record 55:58 by Leatrice Sikora Hayer in 1988

MALE AGE GROUP: 30 - 39

1	39 Aaron	Epps	32 Rutland	VT	1 1:00:04
2	40 Jonathan	Flyer	38 Burlington	VT	2 1:02:11

Record 51:00 by Keith Woodward in 1982

FEMALE AGE GROUP: 40 - 49

1	55 Anna	Milkowski	47 Montpelier	VT	1 1:15:59
2	56 Jill	Preston	49 Burlington	VT	2 1:16:56
3	61 Rose	Modry	42 Greensboro	VT	3 1:19:41
4	67 Jennifer	Frantz	48 Morrisville	VT	4 1:27:03
5	79 Heather	Tomlins	41 Montpelier	VT	5 1:37:44
6	85 Sarah	Williams	41 Stowe	VT	6 1:50:20

Record 1:03:09 by Moira Durnin in 1991

MALE AGE GROUP: 40 - 49

1	38 Chris	Chichester	40 Lyndonville	VT	1 57:51
2	42 Maxfield	English	46 Wolcott	VT	2 1:04:21
3	44 Eric	Darling	49 Shelburne	VT	3 1:05:14
4	45 Tim	Richmond	47 Williston	VT	4 1:05:29
5	48 Matthew	Roth	44 Fairfax	VT	5 1:08:10
6	49 Richard	Gallagher	42 Essex Jct.	VT	6 1:08:16
7	57 Craig	Manning	46 Norwich	VT	7 1:17:23
8	71 Kevin	Nadzam	48 East Montpelier	VT	8 1:30:28

Record 55:29 by Jim Miller in 1999

FEMALE AGE GROUP: 50 - 59

1	52 Sarah	Pribram	54 Shelburne	VT	1 1:13:30
2	62 Liba	Hladik	57 Thetford	VT	2 1:20:38
3	83 Angela	Ferro	59 South Burlington	VT	3 1:45:50
4	84 Melissa	Lund	51 Newbury	VT	4 1:47:20
5	86 Randi	Sanville	58 South Burlington	VT	5 1:52:57
6	87 Lynan	Moy	58 South Burlington	VT	6 1:52:58

Record 1:12:24 by Phyllis Heaton in 1983

MALE AGE GROUP: 50 - 59

1	53 Salvador	Acosta	50 Montpelier	VT	1 1:14:58
2	81 Carl	Etnier	59 Montpelier	VT	2 1:41:28

Record 56:53 by Doug MacGregor in 1991

FEMALE AGE GROUP: 60 - 69

1	65 Donna	Smyers	64 Adamant	VT	1 1:25:44
2	66 Nina	Aitken	67 Waterbury	VT	2 1:26:23
3	70 Ann	Bushey	64 Montpelier	VT	3 1:29:53
4	82 Elizabeth	McCarthy	69 Hardwick	VT	4 1:44:37

Record 1:18:32 by Moira Durnin in 2011

MALE AGE GROUP: 60 - 69

1	60 Andrew	Gilbert	60 Hardwick	VT	1 1:19:23
2	63 Tom	Mowatt	66 Chelsea	VT	2 1:23:39
3	69 Scott	Hess	65 Montpelier	VT	3 1:29:39
4	72 Manuel	Sainz	66 Marshfield	VT	4 1:30:57
5	75 Mark	Lawliss	60 South Burlington	VT	5 1:32:20
6	76 Dennis	Shaffer	68 Palinfeld	VT	6 1:35:15
7	77 Carl	Rogers	66 East Barre	VT	7 1:37:23
8	78 Darrel	Lasell	64 Williamstown	VT	8 1:37:33

Record 1:04:40 by Gordon MacFarland in 2010

FEMALE AGE GROUP: 70 - 79

1	80 Dorothy (Do	Helling	72 Adamant	VT	1 1:39:31
---	----------------	---------	------------	----	-----------

MALE AGE GROUP: 70 - 79

1	68 Thomas	Hogeboom	70 Hardwick	VT	1 1:27:59
---	-----------	----------	-------------	----	-----------

Record 1:17:36 by Philip Krajewski in 2017

FEMALE AGE GROUP: 80 - 99

MALE AGE GROUP: 80 - 99