

CAPITAL CITY STAMPEDE 10K COURSE MAP

Starts on Langdon St ~ Turn right on Elm St ~ First left on Court St ~ At end of Court St go straight across State House lawn to Baldwin St ~ At end of Baldwin St turn left on Bailey Ave ~ After crossing bridge, turn right on bike path ~ Continue on bike path until end ~ Continue straight on Junction Rd until turn around (just before the bridge) ~ Return the same way you came!

Mile Markers

- Mile 1 – On bike path, just before high school track
- Mile 2 – On Junction Rd, just before railroad crossing
- Mile 3 – On Junction Rd, between Bartlett Rd and bridge
- Mile 4 – On Junction Rd, just before railroad crossing
- Mile 5 – On bike path, just before Dept. of Labor parking lot and high school track
- Mile 6 – Midway down Court St

