

CVR Capital City Stampede 10K
 2023 CVR/ORO Race Series
 USATF Certified. No. VT21001JK
 Montpelier, VT 06/10/2023

Place	Div/Tot	Name	Age	S	City	St	Time	Pace	Clu	Sen
1	1/3	Nick Orlando	28	M	South Burli	VT	33:54	5:28		
2	1/7	Ian McCallum-Cook	34	M	Burlington	VT	34:41	5:35		
3	2/7	Silas Talbot	30	M	Burlington	VT	35:27	5:43		
4	1/5	Teague O'Connor	39	M	Burlington	VT	35:33	5:44		
5	3/7	Ben Taska	33	M	Barre	VT	36:07	5:49		
6	1/2	Bradley Calkins	41	M	Winooski	VT	36:41	5:55		
7	4/7	Seth Jackson	33	M	Montpelier	VT	37:02	5:58		
8	2/5	Stephen Gonzalez	38	M	Williamstow	VT	37:40	6:04		
9	1/6	Paul Murphy	53	M	Mendon	VT	37:57	6:07		
10	1/9	Alex Mchenry	57	M	South Burli	VT	38:31	6:12		
11	1/2	Tim Richmond	48	M	Milton	VT	38:48	6:15		
12	2/6	Jon Floyd	50	M	Waterbury C	VT	40:12	6:29		
13	3/6	Binney Mitchell	54	M	Burlington	VT	40:33	6:32		
14	1/6	Nick Persampieri	63	M	Burlington	VT	40:48	6:34	CVR	
15	2/9	Allen Mead	56	M	Hinesburg	VT	41:06	6:37		
16	1/6	Jess Marini	32	F	Burlington	VT	41:15	6:39		
17	1/3	Sarah Waterman Mann	39	F	Morrisville	VT	41:59	6:46		
18	3/5	Stephen Brown	39	M	Montpelier	VT	42:18	6:49	CVR	
19	1/7	Sarah Pribram	55	F	Shelburne	VT	42:18	6:49		
20	2/3	Luke Miller	28	M	Montpelier	VT	42:21	6:49	CVR	
21	3/9	Matt Guild	59	M	Bellows Fal	VT	42:24	6:50		
22	1/1	Brian Eustis	21	M	Essex Junct	VT	42:27	6:50		
23	4/5	Peter Maurais	35	M	Barre	VT	43:20	6:59	CVR	
24	1/2	Addie Hedges	20	F	Montpelier	VT	43:21	6:59	CVR	
25	2/2	Emily Bloom	20	F	South Burli	VT	44:18	7:08	CVR	
26	2/6	Hibby Whitten	34	F	Cambridge	VT	44:39	7:12		
27	2/7	Anne Treadwell	55	F	Montpelier	VT	44:46	7:13	CVR	
28	1/5	Michael Flanders	65	M	Cape Elizab	ME	45:24	7:19	CVR	
29	4/9	Scott Nichols	57	M	Essex	VT	45:58	7:24		
30	2/6	Mack Gardner-Morse	62	M	Calais	VT	46:08	7:26	CVR	
31	4/6	Michael Giammusso	51	M	Adamant	VT	46:32	7:30	CVR	
32	2/5	Kevin Markowski	65	M	Middletown	CT	46:41	7:31		
33	5/6	Peter Luyckx	52	M	Montpelier	VT	46:59	7:34	CVR	
34	5/7	Eric Spencer	33	M	Montpelier	VT	47:29	7:39		
35	1/4	Kimberly Tillotson	40	F	Williamstow	VT	47:40	7:41	CVR	
36	1/4	Julie Kelly	50	F	Essex Junct	VT	47:47	7:42		
37	3/3	Brady Dunkle	28	M	Essex Junct	VT	48:24	7:48		
38	3/6	Robin Jackson	32	F	Montpelier	VT	48:31	7:49		
39	5/9	Rob Hamel	55	M	Gorham	NH	49:13	7:56		
40	6/9	Matthew Dugan	59	M	Waterbury	VT	49:27	7:58		
41	1/4	Wendy Memishian	26	F	South Burli	VT	49:51	8:02		
42	7/9	John Andrews	59	M	Newbury	VT	49:59	8:03		
43	1/2	Jessica Bolduc	47	F	Craftsbury	VT	50:22	8:07		
44	1/2	Liz Champagne	65	F	South Burli	VT	50:29	8:08		
45	3/6	Cris Cote	60	M	Essex Junct	VT	50:30	8:08	CVR	
46	3/7	Michelle Baker	58	F	Waterbury	VT	50:36	8:09		
47	6/7	Josh Burke	33	M	Barnet	VT	50:41	8:10		
48	2/4	Ananya Das	40	F	South Burli	VT	50:42	8:10		
49	3/4	Eline van den Broek	42	F	Hinesburg	VT	50:51	8:11		
50	4/6	Clara Ayer	34	F	East Montpe	VT	51:00	8:13	CVR	
51	2/4	Christina Guggenber	29	F	Waitsfield	VT	51:11	8:15		
52	2/2	Craig Manning	48	M	Norwich	VT	53:09	8:34		
53	1/3	Dot Martin	62	F	Montpelier	VT	53:30	8:37	CVR	
54	3/4	Hannah Jones	26	F	South Burli	VT	54:15	8:44		
55	5/6	Erin Kinnarney	33	F	Randolph Ce	VT	54:29	8:46		
56	6/6	Sara Clark	32	F	Burlington	VT	54:49	8:50		
57	4/6	Dennis Casey	64	M	Groton	VT	55:07	8:53	CVR	
58	6/6	Paul Voltmer	54	M	Windsor	VT	55:30	8:56		
59	1/2	Ted McKnight	78	M	Jericho	VT	56:28	9:06		
60	1/2	Douglas Glover	74	M	Plainfield	VT	56:52	9:09	CVR	
61	4/4	Anna Reinold	41	F	Barre	VT	56:54	9:10	CVR	
62	7/7	Muangthai Prachankh	33	M	Richmond	VT	57:03	9:11	CVR	
63	3/5	Darrel Lasell	65	M	Williamstow	VT	57:37	9:17	CVR	
64	4/7	Kim Musgrave	55	F	Montpelier	VT	58:01	9:21	CVR	
65	4/5	Michael Gordon	66	M	Essex Junct	VT	59:30	9:35		
66	5/7	Julia Smith	58	F	Whistler	BC	1:00:18	9:43		
67	5/6	Dan Layne	62	M	Claremont	CA	1:00:22	9:43		
68	6/7	Phyllis Tillinghast	59	F	Montpelier	VT	1:01:17	9:52	CVR	
69	8/9	Steven Read	58	M	Piermont	NH	1:01:19	9:53		
70	2/2	Rose Bergeron	66	F	Essex Junct	VT	1:02:22	10:03		
71	2/2	John Valentine	73	M	Roxbury	VT	1:03:04	10:09	CVR	
72	2/4	Heidi Hales Dugan	52	F	Waterbury	VT	1:03:20	10:12	CVR	
73	1/2	Bob Murphy	83	M	Barre	VT	1:03:50	10:17	CVR	
74	4/4	Ana Ulberg	27	F	Burlington	VT	1:08:02	10:57		
75	3/4	Kimberly Luebbers	54	F	Williston	VT	1:08:10	10:59		
76	2/2	Peter Mitchell	83	M	Jericho	VT	1:08:11	10:59		
77	2/2	Brian Flynn	78	M	Shelburne	VT	1:08:13	10:59	CVR	
78	2/3	Amy Lafayette	39	F	Winooski	VT	1:08:26	11:01		
79	2/2	Dan Barnes	43	M	Winooski	VT	1:08:26	11:01		
80	6/6	James Rohr	62	M	Barre	VT	1:09:21	11:10	CVR	
81	5/5	Gary Furlong	69	M	Milton	VT	1:10:01	11:16		
82	2/2	Jaime Gadwah	46	F	Saint Johns	VT	1:11:39	11:32	CVR	
83	2/3	Lisa Layne	61	F	Claremont	CA	1:12:59	11:45		
84	9/9	Robert Luebbers	58	M	Williston	VT	1:13:43	11:52		
85	3/3	Blaise Laing	38	F	West Berlin	VT	1:17:44	12:31	CVR	
86	5/5	Matthew Moore	39	M	Sharon	VT	1:17:45	12:31	CVR	
87	3/3	Cheryl Lasell	63	F	Williamstow	VT	1:19:51	12:51	CVR	
88	1/1	Gavin McGill	18	M	Montpelier	VT	1:26:27	13:55		
89	1/1	Emma Eggleston	17	F	Montpelier	VT	1:26:30	13:56		
90	4/4	Kara Eggleston	54	F	MontpelierM	VT	1:51:35	17:58		
91	7/7	Heather Malone	56	F	Lakeland	FL	1:51:35	17:58		

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***** AGE GROUP RESULTS *****

		FEMALE AGE GROUP	10 - 14		
		MALE AGE GROUP	10 - 14		
		NONB AGE GROUP	10 - 14		
		FEMALE AGE GROUP	15 - 19		
1	89	Emma Eggleston	17 Montpelier	VT	1:26:30
		MALE AGE GROUP	15 - 19		
1	88	Gavin McGill	18 Montpelier	VT	1:26:27
		NONB AGE GROUP	15 - 19		
		FEMALE AGE GROUP	20 - 24		
1	24	Addie Hedges	20 Montpelier	VT	43:21 CVR
2	25	Emily Bloom	20 South Burlington	VT	44:18 CVR
		MALE AGE GROUP	20 - 24		
1	22	Brian Eustis	21 Essex Junction	VT	42:27
		NONB AGE GROUP	20 - 24		
		FEMALE AGE GROUP	25 - 29		
1	41	Wendy Memishian	26 South Burlington	VT	49:51
2	51	Christina Guggenber	29 Waitsfield	VT	51:11
3	54	Hannah Jones	26 South Burlington	VT	54:15
4	74	Ana Ulberg	27 Burlington	VT	1:08:02
		MALE AGE GROUP	25 - 29		
1	1	Nick Orlando	28 South Burlington	VT	33:54
2	20	Luke Miller	28 Montpelier	VT	42:21 CVR
3	37	Brady Dunkle	28 Essex Junction	VT	48:24
		NONB AGE GROUP	25 - 29		
		FEMALE AGE GROUP	30 - 34		
1	16	Jess Marini	32 Burlington	VT	41:15
2	26	Hibby Whitten	34 Cambridge	VT	44:39
3	38	Robin Jackson	32 Montpelier	VT	48:31
4	50	Clara Ayer	34 East Montpelier	VT	51:00 CVR
5	55	Erin Kinnarney	33 Randolph Center	VT	54:29
6	56	Sara Clark	32 Burlington	VT	54:49
		MALE AGE GROUP	30 - 34		
1	2	Ian McCallum-Cook	34 Burlington	VT	34:41
2	3	Silas Talbot	30 Burlington	VT	35:27
3	5	Ben Taska	33 Barre	VT	36:07
4	7	Seth Jackson	33 Montpelier	VT	37:02
5	34	Eric Spencer	33 Montpelier	VT	47:29
6	47	Josh Burke	33 Barnet	VT	50:41
7	62	Muangthai Prachanhk	33 Richmond	VT	57:03 CVR
		NONB AGE GROUP	30 - 34		
		FEMALE AGE GROUP	35 - 39		
1	17	Sarah Waterman Mann	39 Morrisville	VT	41:59
2	78	Amy Lafayette	39 Winooski	VT	1:08:26
3	85	Blaise Laing	38 West Berlin	VT	1:17:44 CVR
		MALE AGE GROUP	35 - 39		
1	4	Teague O'Connor	39 Burlington	VT	35:33
2	8	Stephen Gonzalez	38 Williamstown	VT	37:40
3	18	Stephen Brown	39 Montpelier	VT	42:18 CVR
4	23	Peter Maurais	35 Barre	VT	43:20 CVR
5	86	Matthew Moore	39 Sharon	VT	1:17:45 CVR
		NONB AGE GROUP	35 - 39		
		FEMALE AGE GROUP	40 - 44		
1	35	Kimberly Tillotson	40 Williamstown	VT	47:40 CVR
2	48	Ananya Das	40 South Burlington	VT	50:42
3	49	Eline van den Broek	42 Hinesburg	VT	50:51
4	61	Anna Reinold	41 Barre	VT	56:54 CVR
		MALE AGE GROUP	40 - 44		
1	6	Bradley Calkins	41 Winooski	VT	36:41
2	79	Dan Barnes	43 Winooski	VT	1:08:26
		NONB AGE GROUP	40 - 44		
		FEMALE AGE GROUP	45 - 49		
1	43	Jessica Bolduc	47 Craftsbury Common	VT	50:22
2	82	Jaime Gadwah	46 Saint Johnsbury	VT	1:11:39 CVR
		MALE AGE GROUP	45 - 49		
1	11	Tim Richmond	48 Milton	VT	38:48
2	52	Craig Manning	48 Norwich	VT	53:09
		NONB AGE GROUP	45 - 49		
		FEMALE AGE GROUP	50 - 54		
1	36	Julie Kelly	50 Essex Junction	VT	47:47
2	72	Heidi Hales Dugan	52 Waterbury	VT	1:03:20 CVR
3	75	Kimberly Luebbers	54 Williston	VT	1:08:10
4	90	Kara Eggleston	54 MontpelierMontpeli	VT	1:51:35
		MALE AGE GROUP	50 - 54		
1	9	Paul Murphy	53 Mendon	VT	37:57
2	12	Jon Floyd	50 Waterbury Center	VT	40:12
3	13	Binney Mitchell	54 Burlington	VT	40:33
4	31	Michael Giammusso	51 Adamant	VT	46:32 CVR
5	33	Peter Luyckx	52 Montpelier	VT	46:59 CVR
6	58	Paul Voltmer	54 Windsor	VT	55:30
		NONB AGE GROUP	50 - 54		
		FEMALE AGE GROUP	55 - 59		
1	19	Sarah Pribram	55 Shelburne	VT	42:18
2	27	Anne Treadwell	55 Montpelier	VT	44:46 CVR
3	46	Michelle Baker	58 Waterbury	VT	50:36
4	64	Kim Musgrave	55 Montpelier	VT	58:01 CVR
5	66	Julia Smith	58 Whistler	BC	1:00:18
6	68	Phyllis Tillinghast	59 Montpelier	VT	1:01:17 CVR
7	91	Heather Malone	56 Lakeland	FL	1:51:35
		MALE AGE GROUP	55 - 59		
1	10	Alex Mchenry	57 South Burlington	VT	38:31
2	15	Allen Mead	56 Hinesburg	VT	41:06
3	21	Matt Guild	59 Bellows Falls	VT	42:24
4	29	Scott Nichols	57 Essex	VT	45:58
5	39	Rob Hamel	55 Gorham	NH	49:13
6	40	Matthew Dugan	59 Waterbury	VT	49:27
7	42	John Andrews	59 Newbury	VT	49:59
8	69	Steven Read	58 Piermont	NH	1:01:19
9	84	Robert Luebbers	58 Williston	VT	1:13:43
		NONB AGE GROUP	55 - 59		
		FEMALE AGE GROUP	60 - 64		
1	53	Dot Martin	62 Montpelier	VT	53:30 CVR
2	83	Lisa Layne	61 Claremont	CA	1:12:59
3	87	Cheryl Lasell	63 Williamstown	VT	1:19:51 CVR
		MALE AGE GROUP	60 - 64		
1	14	Nick Persampieri	63 Burlington	VT	40:48 CVR

2	30	Mack Gardner-Morse	62	Calais	VT	46:08	CVR
3	45	Cris Cote	60	Essex Junction	VT	50:30	CVR
4	57	Dennis Casey	64	Groton	VT	55:07	CVR
5	67	Dan Layne	62	Claremont	CA	1:00:22	
6	80	James Rohr	62	Barre	VT	1:09:21	CVR

			NONB	AGE GROUP	60 - 64		
			FEMALE	AGE GROUP	65 - 69		
1	44	Liz Champagne	65	South Burlington	VT	50:29	
2	70	Rose Bergeron	66	Essex Junction	VT	1:02:22	
			MALE	AGE GROUP	65 - 69		
1	28	Michael Flanders	65	Cape Elizabeth	ME	45:24	CVR
2	32	Kevin Markowski	65	Middletown	CT	46:41	
3	63	Darrel Lasell	65	Williamstown	VT	57:37	CVR
4	65	Michael Gordon	66	Essex Junction	VT	59:30	
5	81	Gary Furlong	69	Milton	VT	1:10:01	
			NONB	AGE GROUP	65 - 69		
			FEMALE	AGE GROUP	70 - 74		
			MALE	AGE GROUP	70 - 74		
1	60	Douglas Glover	74	Plainfield	VT	56:52	CVR
2	71	John Valentine	73	Roxbury	VT	1:03:04	CVR
			NONB	AGE GROUP	70 - 74		
			FEMALE	AGE GROUP	75 - 79		
			MALE	AGE GROUP	75 - 79		
1	59	Ted McKnight	78	Jericho	VT	56:28	
2	77	Brian Flynn	78	Shelburne	VT	1:08:13	CVR
			NONB	AGE GROUP	75 - 79		
			FEMALE	AGE GROUP	80 - 84		
			MALE	AGE GROUP	80 - 84		
1	73	Bob Murphy	83	Barre	VT	1:03:50	CVR
2	76	Peter Mitchell	83	Jericho	VT	1:08:11	
			NONB	AGE GROUP	80 - 84		
			FEMALE	AGE GROUP	85 - 89		
			MALE	AGE GROUP	85 - 89		
			NONB	AGE GROUP	85 - 89		
			FEMALE	AGE GROUP	90 - 94		
			MALE	AGE GROUP	90 - 94		
			NONB	AGE GROUP	90 - 94		
			FEMALE	AGE GROUP	95 - 99		
			MALE	AGE GROUP	95 - 99		
			NONB	AGE GROUP	95 - 99		