

CVR Capital City Stampede 10K
 2009 CVR/ORS Race Series Race #2
 USATF Certified. Registration No. USATF #VT07003RF
 Montpelier, VT 06/13/2009

Place	Name	Age	S	City	St	Time	Pace
1	Teage! O'Connor	25	M	Burlington	VT	34:40	5:35
2	Andrew Fritz	27	M	Winooski	VT	35:32	5:44
3	Peter Maksimow	30	M	East Montpelier	VT	35:59	5:48
4	Nathan Fields	28	M	Winooski	VT	36:15	5:51
5	Michael Early	45	M	Huntington	VT	37:11	6:00
6	Nate Brooks	23	M	Essex	VT	37:32	6:03
7	Jack Pilla	51	M	Charlotte	VT	37:33	6:03
8	Scott Atkins	38	M	Stowe	VT	37:39	6:04
9	Todd Archambault	34	M	Essex Jct	VT	38:30	6:12
10	Eric Darling	36	M	Shelburne	VT	38:34	6:13
11	Hugh Pritchard	41	M	Montpelier	VT	38:56	6:16
12	Rob McDougall	34	M	So. Burlington	VT	39:19	6:20
13	PJ Telep	38	M	Waitsfield	VT	39:28	6:22
14	Travis Voyer	31	M	Essex Jct.	VT	39:53	6:26
15	Dennis Contois	47	M	Lawrenceville	NJ	39:54	6:26
16	Andes Tripp	39	M	Montpelier	VT	40:36	6:33
17	Jon Williamson	43	M	Montpelier	VT	40:39	6:33
18	Paul Moreau	43	M	Golden	CO	40:48	6:34
19	Matt Dall	30	M	Colchester	VT	40:48	6:34
20	Chuck Arnold	62	M	Burlington	VT	40:50	6:35
21	John Wulff	33	M	Waterbury	VT	40:55	6:36
22	Peter Hirschfeld	31	M	Montpelier	VT	41:36	6:42
23	Kristian Omland	41	M	Jericho	VT	41:43	6:43
24	Ken Scharz	55	M	So. Burlington	VT	42:01	6:46
25	Chris Andresen	53	M	Montpelier	VT	42:19	6:49
26	Thomas Rogers	42	M	Winooski	VT	42:44	6:53
27	Kristin Moreau	42	F	Golden	CO	42:49	6:54
28	Liz Longworth	25	F	Waitsfield	VT	43:05	6:57
29	Mack Gardner-Morse	48	M	Calais	VT	43:09	6:57
30	Jessica Bolduc	33	F	So. Burlington	VT	43:47	7:03
31	Scott Nichols	43	M	Essex	VT	44:28	7:10
32	Mike Bessette	39	M	St. Albans	VT	44:31	7:10
33	Dave Hammond	49	M	Huntington	VT	44:38	7:11
34	Adam French	30	M	Berlin	VT	44:44	7:12
35	Greg Jackson	48	M	Barre	VT	44:47	7:13
36	Jane Osmond	34	F	Strykersville	NY	44:50	7:13
37	Jeffrey Prescott	45	M	Charlotte	NC	44:56	7:14
38	Sarah London	29	F	Montpelier	VT	44:57	7:15
39	Jamie Shanley	56	M	Montpelier	VT	45:06	7:16
40	Findlay Walsh	24	M	Middleton	CT	45:15	7:17
41	Richard Boisseau	62	M	St. Johnsbury C	VT	45:30	7:20
42	Julia Lewis	42	F	Burlington	VT	45:36	7:21
43	James Palmer	54	M	Williston	VT	45:38	7:21
44	Lauren Abendroth	25	F	Moretown	VT	45:38	7:21
45	Ken Mello	39	M	Williston	VT	46:06	7:26
46	Jacques Moreau	12	M	Golden	CO	46:19	7:28
47	Brian Kelly	24	M	Waterbury	VT	46:25	7:29
48	Michael Kennedy	41	M	So. Burlington	VT	46:47	7:32
49	unknown					46:49	7:33
50	Christopher Grantz	32	M	Barre	VT	46:50	7:33

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Place	Name	Age	S	City	St	Time	Pace
51	Andy Shuford	49	M	Concord	NC	46:58	7:34
52	Sandy Colvin	41	F	Montpelier	VT	47:02	7:35
53	Leah MacCarthy	27	F	Burlington	VT	47:06	7:35
54	Jason Fielder	38	M	East Calais	VT	47:11	7:36
55	Dave Fields	54	M	Underhill	VT	47:23	7:38
56	Sarah Pribram	41	F	Shelburne	VT	47:27	7:39
57	Nina C. Aitken	54	F	Waterbury	VT	47:29	7:39
58	Michael Gordon	52	M	Essex Jct.	VT	48:03	7:44
59	Bob Sayers	55	M	Huntington	VT	48:06	7:45
60	Jonathan Pence	26	M	Burlington	VT	48:15	7:46
61	Olliver Hackerson	22	M	Montpelier	VT	48:21	7:47
62	Leslie Crawford	55	F	Burlington	VT	48:38	7:50
63	Helen Smith	23	F	Winooski	VT	48:46	7:51
64	Carlie Krolick	54	F	Charlotte	VT	48:47	7:52
65	Sam Martell	18	F	Georgia	VT	48:56	7:53
66	Lary Martell	52	M	Georgia	VT	48:59	7:53
67	Jen Lyon-Horne	37	F	So. Hero	VT	49:50	8:02
68	Clifford Cary	67	M	Lebanon	NH	49:53	8:02
69	Fiona McEnany	13	F	Franconia	NH	50:05	8:04
70	Steve Smith	51	M	Remsen	NY	50:06	8:04
71	Joel Ernstof	35	M	Waterbury Ctr.	VT	50:14	8:06

72	Kristin Lundy	39	F	Colchester	VT	50:27	8:08
73	Kelly Wilson	41	F	Charlotte	VT	50:27	8:08
74	Ruth Blauwiel	55	F	Colchester	VT	50:28	8:08
75	Nora Duane	30	F	East Montpelier	VT	51:05	8:14
76	Rick DeAngelis	53	M	Montpelier	VT	51:12	8:15
77	Ellie Bouffard	48	F	Colchester	VT	51:18	8:16
78	Michael Shover	60	M	Bradford	VT	51:23	8:17
79	Ginger Lambert	55	F	Middlebury	VT	51:36	8:19
80	Evan Smith	15	M	Remsen	NY	51:41	8:20
81	David Cameron	38	M	Barre	VT	51:42	8:20
82	Robert Searles	60	M	Wolcott	VT	52:38	8:29
83	Thomas Hogeboom	58	M	Hardwick	VT	53:11	8:34
84	Amanda Voyer	32	F	Essex Jct.	VT	53:17	8:35
85	Abby Fish	32	F	Waterbury	VT	53:27	8:37
86	Meg Allison	36	F	Moretown	VT	53:29	8:37
87	Jessica Scherer	22	F	So. Burlington	VT	54:54	8:51
88	Kyle Reardon	22	M	So. Burlington	VT	55:01	8:52
89	Nicole Moran	30	F	Barre	VT	55:04	8:52
90	Gary S. White	44	M	Derby	VT	55:19	8:55
91	Sherry Ricker	38	F	Burlington	VT	55:20	8:55
92	Michael Chernick	55	M	Montpelier	VT	55:50	9:00
93	Dave Stacy	54	M	Kettering	OH	56:12	9:03
94	Miranda Harsha	28	F	Winooski	VT	56:29	9:06
95	Jason Boyd	36	M	Northfield Fall	VT	56:32	9:06
96	Phillip Howard	71	M	Burlington	VT	57:27	9:15
97	Tanya Noyes	37	F	So. Burlington	VT	58:27	9:25
98	Whitney Machnik	46	F	Middlesex	VT	58:39	9:27
99	Bob Howe	62	M	Barre	VT	59:42	9:37
100	Krista Pettrey	23	F	Kittery	ME	59:50	9:38

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Place	Name	Age	S	City	St	Time	Pace
101	Angie Richardson	41	F	Waitsfield	VT	59:50	9:38
102	Connie Bary	26	F	Ellicott	MD	59:52	9:39
103	Adam Longworth	28	M	Northfield	VT	59:53	9:39
104	Hillary Spence	26	F	Milton	VT	1:00:05	9:41
105	Sarah Willard	25	F	Montpelier	VT	1:00:05	9:41
106	Dick Ferno	65	M	Williamstown	VT	1:00:07	9:41
107	Emily Allaire	30	F	Barre	VT	1:00:21	9:43
108	Kira Krier-Whalen	34	F	Waterbury	VT	1:01:06	9:50
109	Carrie Ames	22	F	So. Burlington	VT	1:01:22	9:53
110	Buddy Longworth	59	M	Northfield Fall	VT	1:01:22	9:53
111	John W. Paterson	44	M	Barre	VT	1:01:42	9:56
112	Ashley Calkins	25	F	Middlebury	VT	1:02:08	10:00
113	Mary E. Mendoza	25	F	Middlebury	VT	1:02:08	10:00
114	Roger Cranse	68	M	Montpelier	VT	1:02:41	10:06
115	Marcy Schneider	28	F	Barre	VT	1:03:18	10:12
116	Dan Schneider	31	M	Barre	VT	1:03:18	10:12
117	Kate Nadeau	29	F	Williston	VT	1:04:26	10:23
118	Monica Boyd	33	F	Northfield Fall	VT	1:04:52	10:27
119	Jeanne Chickanosky	36	F	Huntington	VT	1:07:13	10:50
120	Isabelle Chickanosky	9	F	Huntington	VT	1:07:13	10:50
121	Gerow M. Carlson	77	M	Middlesex	VT	1:07:24	10:51
122	Ariane Kissam	33	F	Burlington	VT	1:10:28	11:21
123	Leslie Wisdom	38	F	Braintree	VT	1:11:15	11:28
124	Betty Rose	61	F	Montpelier	VT	1:14:34	12:01
125	Beth Gambler	65	F	Montpelier	VT	1:16:13	12:16
126	Kelly Stearns	37	F	Baltimore	VT	1:24:34	13:37
127	Angela Davis	29	F	So. Reading	VT	1:24:35	13:37
128	Ashley Gallo	22	F	Burlington	VT	1:51:38	17:58

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***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 01 - 19							
1	65	Sam Martell	18	Georgia	VT	48:56	
2	69	Fiona McEnany	13	Franconia	NH	50:05	
Record 38:56 by Caitlin Compton in 1999							
MALE AGE GROUP 01 - 19							
1	46	Jacques Moreau	12	Golden	CO	46:19	
2	80	Evan Smith	15	Remsen	NY	51:41	
Record 32:37 by Brent Coon in 1985							
FEMALE AGE GROUP 20 - 29							
1	28	Liz Longworth	25	Waitsfield	VT	43:05	
2	38	Sarah London	29	Montpelier	VT	44:57	
3	44	Lauren Abendroth	25	Moretown	VT	45:38	
4	53	Leah MacCarthy	27	Burlington	VT	47:06	
5	63	Helen Smith	23	Winooski	VT	48:46	
6	87	Jessica Scherer	22	So. Burlington	VT	54:54	
7	94	Miranda Harsha	28	Winooski	VT	56:29	
8	100	Krista Pettrey	23	Kittery	ME	59:50	
9	102	Connie Bary	26	Ellicott	MD	59:52	

10	104 Hillary Spence	26 Milton	VT	1:00:05
11	105 Sarah Willard	25 Montpelier	VT	1:00:05
12	109 Carrie Ames	22 So. Burlington	VT	1:01:22
13	112 Ashley Calkins	25 Middlebury	VT	1:02:08
14	113 Mary E. Mendoza	25 Middlebury	VT	1:02:08
15	115 Marcy Schneider	28 Barre	VT	1:03:18
16	117 Kate Nadeau	29 Williston	VT	1:04:26
17	127 Angela Davis	29 So. Reading	VT	1:24:35
18	128 Ashley Gallo	22 Burlington	VT	1:51:38

Record 35:28 by Lea Hayer in 1983

MALE AGE GROUP 20 - 29

1	1 Teage! O'Connor	25 Burlington	VT	34:40
2	2 Andrew Fritz	27 Winooski	VT	35:32
3	4 Nathan Fields	28 Winooski	VT	36:15
4	6 Nate Brooks	23 Essex	VT	37:32
5	40 Findlay Walsh	24 Middleton	CT	45:15
6	47 Brian Kelly	24 Waterbury	VT	46:25
7	60 Jonathan Pence	26 Burlington	VT	48:15
8	61 Olliver Hackerson	22 Montpelier	VT	48:21
9	88 Kyle Reardon	22 So. Burlington	VT	55:01
10	103 Adam Longworth	28 Northfield	VT	59:53

Record 30:26 by Eric Morse in 1993

FEMALE AGE GROUP 30 - 39

1	30 Jessica Bolduc	33 So. Burlington	VT	43:47
2	36 Jane Osmond	34 Strykersville	NY	44:50
3	67 Jen Lyon-Horne	37 So. Hero	VT	49:50
4	72 Kristin Lundy	39 Colchester	VT	50:27
5	75 Nora Duane	30 East Montpelier	VT	51:05
6	84 Amanda Voyer	32 Essex Jct.	VT	53:17
7	85 Abby Fish	32 Waterbury	VT	53:27
8	86 Meg Allison	36 Moretown	VT	53:29
9	89 Nicole Moran	30 Barre	VT	55:04
10	91 Sherry Ricker	38 Burlington	VT	55:20
11	97 Tanya Noyes	37 So. Burlington	VT	58:27
12	107 Emily Allaire	30 Barre	VT	1:00:21
13	108 Kira Krier-Whalen	34 Waterbury	VT	1:01:06
14	118 Monica Boyd	33 Northfield Falls	VT	1:04:52
15	119 Jeanne Chickanosky	36 Huntington	VT	1:07:13
16	122 Ariane Kissam	33 Burlington	VT	1:10:28
17	123 Leslie Wisdom	38 Braintree	VT	1:11:15
18	126 Kelly Stearns	37 Baltimore	VT	1:24:34

Record 36:43 by Gina Sperry in 1991

MALE AGE GROUP 30 - 39

1	3 Peter Maksimow	30 East Montpelier	VT	35:59
2	8 Scott Atkins	38 Stowe	VT	37:39
3	9 Todd Archambault	34 Essex Jct	VT	38:30
4	10 Eric Darling	36 Shelburne	VT	38:34
5	12 Rob McDougall	34 So. Burlington	VT	39:19
6	13 PJ Telep	38 Waitsfield	VT	39:28
7	14 Travis Voyer	31 Essex Jct.	VT	39:53
8	16 Andes Tripp	39 Montpelier	VT	40:36
9	19 Matt Dall	30 Colchester	VT	40:48
10	21 John Wulff	33 Waterbury	VT	40:55
11	22 Peter Hirschfeld	31 Montpelier	VT	41:36
12	32 Mike Bessette	39 St. Albans	VT	44:31
13	34 Adam French	30 Berlin	VT	44:44
14	45 Ken Mello	39 Williston	VT	46:06
15	50 Christopher Grantz	32 Barre	VT	46:50
16	54 Jason Fielder	38 East Calais	VT	47:11
17	71 Joel Ernstof	35 Waterbury Ctr.	VT	50:14
18	81 David Cameron	38 Barre	VT	51:42
19	95 Jason Boyd	36 Northfield Falls	VT	56:32
20	116 Dan Schneider	31 Barre	VT	1:03:18

Record 30:50 by Eric Morse in 1995

FEMALE AGE GROUP 40 - 49

1	27 Kristin Moreau	42 Golden	CO	42:49
2	42 Julia Lewis	42 Burlington	VT	45:36
3	52 Sandy Colvin	41 Montpelier	VT	47:02
4	56 Sarah Pribram	41 Shelburne	VT	47:27
5	73 Kelly Wilson	41 Charlotte	VT	50:27
6	77 Ellie Bouffard	48 Colchester	VT	51:18
7	98 Whitney Machnik	46 Middlesex	VT	58:39
8	101 Angie Richardson	41 Waitsfield	VT	59:50

Record 38:29 by Sue Barber in 1997

MALE AGE GROUP 40 - 49

1	5 Michael Early	45 Huntington	VT	37:11
2	11 Hugh Pritchard	41 Montpelier	VT	38:56
3	15 Dennis Contois	47 Lawrenceville	NJ	39:54
4	17 Jon Williamson	43 Montpelier	VT	40:39
5	18 Paul Moreau	43 Golden	CO	40:48
6	23 Kristian Omland	41 Jericho	VT	41:43
7	26 Thomas Rogers	42 Winooski	VT	42:44
8	29 Mack Gardner-Morse	48 Calais	VT	43:09
9	31 Scott Nichols	43 Essex	VT	44:28
10	33 Dave Hammond	49 Huntington	VT	44:38
11	35 Greg Jackson	48 Barre	VT	44:47
12	37 Jeffrey Prescott	45 Charlotte	NC	44:56
13	48 Michael Kennedy	41 So. Burlington	VT	46:47
14	51 Andy Shuford	49 Concord	NC	46:58
15	90 Gary S. White	44 Derby	VT	55:19
16	111 John W. Paterson	44 Barre	VT	1:01:42

Record 34:00 by Randy Sightler in 2001

FEMALE AGE GROUP 50 - 59

1	57	Nina C. Aitken	54	Waterbury	VT	47:29
2	62	Leslie Crawford	55	Burlington	VT	48:38
3	64	Carlie Krollick	54	Charlotte	VT	48:47
4	74	Ruth Blauwikel	55	Colchester	VT	50:28
5	79	Ginger Lambert	55	Middlebury	VT	51:36
Record 41:41 by Moira Durnin in 2001						
MALE AGE GROUP 50 - 59						
1	7	Jack Pilla	51	Charlotte	VT	37:33
2	24	Ken Scharz	55	So. Burlington	VT	42:01
3	25	Chris Andresen	53	Montpelier	VT	42:19
4	39	Jamie Shanley	56	Montpelier	VT	45:06
5	43	James Palmer	54	Williston	VT	45:38
6	55	Dave Fields	54	Underhill	VT	47:23
7	58	Michael Gordon	52	Essex Jct.	VT	48:03
8	59	Bob Sayers	55	Huntington	VT	48:06
9	66	Lary Martell	52	Georgia	VT	48:59
10	70	Steve Smith	51	Remsen	NY	50:06
11	76	Rick DeAngelis	53	Montpelier	VT	51:12
12	83	Thomas Hogeboom	58	Hardwick	VT	53:11
13	92	Michael Chernick	55	Montpelier	VT	55:50
14	93	Dave Stacy	54	Kettering	OH	56:12
15	110	Buddy Longworth	59	Northfield Falls	VT	1:01:22
Record 34:44 by Doug MacGregor in 1990						
FEMALE AGE GROUP 60 - 69						
1	124	Betty Rose	61	Montpelier	VT	1:14:34
2	125	Beth Gambler	65	Montpelier	VT	1:16:13
Record 46:38 by Patty Foltz in 2008						
MALE AGE GROUP 60 - 69						
1	20	Chuck Arnold	62	Burlington	VT	40:50
New record. Old record 41:05 by Chuck Arnold in 2007						
2	41	Richard Boisseau	62	St. Johnsbury Ctr.	VT	45:30
3	68	Clifford Cary	67	Lebanon	NH	49:53
4	78	Michael Shover	60	Bradford	VT	51:23
5	82	Robert Searles	60	Wolcott	VT	52:38
6	99	Bob Howe	62	Barre	VT	59:42
7	106	Dick Ferno	65	Williamstown	VT	1:00:07
8	114	Roger Cranse	68	Montpelier	VT	1:02:41
FEMALE AGE GROUP 70 - 99						
MALE AGE GROUP 70 - 99						
1	96	Phillip Howard	71	Burlington	VT	57:27
2	121	Gerow M. Carlson	77	Middlesex	VT	1:07:24
Record 49:37 by Jean Bernaquez in 2006						