

Dimick Clocks 50:46 To Win

By MIKE SEAMANS
MONTPELIER — Vermont's premier distance runner, John Dimick of Brattleboro, ran a very strong race to win the third annual Montpelier 10-Mile Road Race here Saturday.

Dimick, who runs with the Green Mountain Athletic Association, finished in 50:46. He held off Jack Arthur of Rutland, who finished not far back in 51:18.

"I was hoping to ease off on the way back," Dimick said after the race, "but I saw how close Jack was and I had to keep up the pressure all the way." Arthur runs with the Vermont Ridgerunners.

Dimick, who competed for a

spot on the U. S. Olympic Team in the marathon last year and may begin again training for another try at it in 1980, said he runs about 10 miles a day. He said this was close to his best time for 10 miles and that the competition was stiff.

The race was run along the south side of the Winooski River, beginning at Montpelier High School, out onto Memorial Drive, turning right toward Montpelier Junction and out on the dirt road for five miles, then back on the same course to the Green Mountain Power headquarters. Though there was no sun, it was humid and water stations along the

course were well-used.

This year marked the first time that the race was sanctioned by the New England Ridgerunners Club as the 10-mile championship for New England. The first two years of the race the course was 11 miles long.

Over 130 runners competed in the race, though over 175 had signed.

There were six divisions in all for men and three for women.

For the men, Rick Bayko of Merrimac, Mass. took first in the 30-39 year age group, finishing in 54:50. Rick Saltmarsh of Penacook, N. H. captured first for the 40-49 year-olds, clocking

a 61:54. Hugh Short of Chittenden was first in the 50-59 year-old group at 62:08, and Ed Estle was the only runner over 60, finishing in 81:25.

For women, Nancy Drago of Potsdam, N. Y. was the top finisher with a clocking of 64 flat, while Ann Schiavone of Shelburne, a Rice High runner, was tops among junior women with a time of 69:50.

The North Country Athletic Club, which sponsored the event along with the Montpelier Recreation Department, easily won the team championship, with four runners from the NCAC finishing among the top 11.



The gun sounds and the field moves out in the Montpelier 10 Mile Road Race. (Sivret photo)

Montpelier 10 miler 1977

Clipped By:

rmmurphyvt

Mon, May 6, 2024