

	Vol Status	NYE 5K	Shamrock 5K	Kaynor's 10k	Mailman 10 miler	Adamant Half	Cap City 10k	Totals	# Races
CVR Members									
Please email Joe Merrill with any errors or omissions.		12/31/2023	3/16/2024	4/7/2024	4/13/2024	5/11/2024	6/8/2024	clinched	
roadduck99@yahoo.com		Points	Points	Points	Points	Points	Points	Need 2 Vol	
Female 0 - 19									
Female 20 - 29									
Hedges, Addie		100.0000			100.0000		100.0000	300.0000	3
Noonan, Theresa				100.0000				100.0000	1
Guggenberger, Christina		99.2877						99.2877	1
Piccirillo, Ashley		95.8076						95.8076	1
Female 30 - 39									
Hulbert, Katie		100.0000			85.8398	75.0990		260.9389	3
Ayer, Clara			100.0000		83.6665	69.4963		253.1628	3
Broderick, Dylan	Y				100.0000	100.0000		200.0000	2
Farren, Laura							100.0000	100.0000	1
Naughton, Meredith		98.8850						98.8850	1
Salembier, Shannon		91.6667						91.6667	1
Jackson, Robin					90.5625			90.5625	1
Risley, Michelle						73.5118		73.5118	1
Laing, Blaise			67.0615					67.0615	1
Brown, Hannah		65.9080						65.9080	1
Female 40 - 49									
Tillotson, Kimberly					98.5865	100.0000	100.0000	298.5865	3
Valentine, Megan		97.2633	100.0000		100.0000			297.2633	3
Gadwah, Jaime	Y	69.2835	61.9807	64.7965			65.2850	261.3456	4
Milkowski, Anna		100.0000		100.0000				200.0000	2
Chapell, Natalie						83.6224		83.6224	1
Hayes, Natalia					76.2847			76.2847	1
Gravel, Susannah			45.0018					45.0018	1
Female 50 - 59									
Treadwell, Anne	Y	100.0000	100.0000	100.0000				300.0000	3
Tillinghast, Phyllis					80.6590	100.0000	100.0000	280.6590	3
Miller-Arsenault, Jennifer					100.0000			100.0000	1
Allison, Meg		98.8095						98.8095	1
Saligman, Laury	Y	78.7828						78.7828	1
Female 60 - 69									
Lasell, Cheryl		66.9953	86.3520	63.8591			100.0000	317.2064	4
Smyers, Donna	Y	100.0000		100.0000	100.0000			300.0000	3
Lopez, Ali	Y					100.0000		100.0000	1
Williams, Kimberly			100.0000					100.0000	1
LaCroix, Lori					94.3665			94.3665	1
Aitken, Nina	Y	92.9804						92.9804	1
Pattison, Fabienne	Y				86.9186			86.9186	1
Medalie, Laura					86.0945			86.0945	1
Gillis, Maryke		70.9809						70.9809	1

	Vol		Shamrock	Kaynor's	Mailman 10				
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roadduck99@yahoo.com		Points	Points	Points	Points	Points	Points	Need 2 Vol	
Female 70 - 79									
McCarthy, Elizabeth	Y		97.3799		100.0000		100.0000	297.3799	3
Creagh, Merrill	Y		100.0000	94.3411			98.1046	292.4457	3
Blauwikel, Ruth				100.0000				100.0000	1
Male 0 - 19									
Sheehan, Andy	Y						100.0000	100.0000	1
Shoesmith, Ralph		100.0000						100.0000	1
Nadzam, Isaac							87.1489	87.1489	1
Male 20 - 29									
Miller, Luke		77.1879			100.0000		100.0000	277.1879	3
Cioffi, Patrick		100.0000						100.0000	1
Male 30 - 39									
Maurais, Peter	Y	89.6104	100.0000	100.0000	88.7811	100.0000	100.0000	578.3915	6
Aitken, George		100.0000			100.0000			200.0000	2
Watt, Charlie					80.4763	87.4593		167.9356	2
Carlson, Riley					80.3901	84.8859		165.2759	2
Matthies, Emery					66.4482	71.5634		138.0116	2
Schmidt, John						85.9468		85.9468	1
Lamson, Tim						85.8470		85.8470	1
Clifford, Colin					85.2888			85.2888	1
Male 40 - 49									
Sheehan, Sean	Y	77.0885				78.4720	100.0000	255.5605	3
Brown, Stephen		100.0000				86.6166		186.6166	2
Sherriff, Graham	Y	88.7553				70.4038		159.1591	2
English, Maxfield						100.0000		100.0000	1
Zaino, Robert		87.3347						87.3347	1
Seltzer, Mark		77.0885						77.0885	1
Brinkerhoff, Stan	Y	67.6915						67.6915	1
Chapell, Seth						65.8448		65.8448	1
Male 50 - 59									
Giammusso, Michael		100.0000				95.4513	97.8200	293.2712	3
Luyckx, Peter	Y	96.9123	100.0000					196.9123	2
Merrill, Joseph	Y			100.0000			88.0937	188.0937	2
Acosta, Salvador							100.0000	100.0000	1
Lamson, Tim						100.0000		100.0000	1
Nadzam, Kevin							82.4052	82.4052	1

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roadduck99@yahoo.com		Points	Points	Points	Points	Points	Points	Need 2 Vol	
Male 60 - 69									
Flint, Jim	Y	100.0000	100.0000	100.0000		100.0000		400.0000	4
Gardner-Morse, Mack	Y		96.7504	98.5284	100.0000		100.0000	395.2788	4
Noonan, Tim		88.8592	88.7534	92.9894		89.1065		359.7085	4
Lasell, Darrel	Y	78.2149	78.5372	79.1444	75.8135			311.7100	4
Casey, Dennis		80.9235		77.3803	81.6707			239.9745	3
Rohr, James		66.9011				49.7893	59.8639	176.5543	3
Cote, Chris		81.2691		88.7066				169.9757	2
Diebold, John		82.1208			80.4087			162.5295	2
Heney, Tim							99.0728	99.0728	1
Gillis, Mike		84.5714						84.5714	1
DeAngelis, Rick							80.1071	80.1071	1
Etnier, Carl						72.3387		72.3387	1
Male 70 - 79									
Hogeboom, Tim		100.0000	100.0000		100.0000	100.0000		400.0000	4
Valentine, John	Y	96.6212	90.6393	93.4109				280.6713	3
Windisch, Charlie				100.0000			94.9921	194.9921	2
MacFarland, Gordon							100.0000	100.0000	1
Boisseau, Richard		91.4190						91.4190	1
Shanley, Jamie	Y						81.8009	81.8009	1
Martin, John							79.5568	79.5568	1
Furlong, Gary		77.7672						77.7672	1
Howe, Bob							60.7575	60.7575	1
Male 80 +.									
Murphy, Bob	Y		100.0000				100.0000	200.0000	2