

Records at Northfield by Bob Murphy

A few records fell at Northfield this past weekend, all in the older ages. Only one of them was an age group record. That was 77 year old Cindy Quackenbush, who ran a 31:17 to top Marsha Bancroft's previous record of 32:31 in the Female 75-79 age group.

There were also three additional new single age records. Although these were not age group records, they are worth noting. Merrill Creagh set a new mark for 72 year old women (29:45), Gordon MacFarland did the same for 76 year old men (24:30) and Bob Murphy set an new mark for 84 year old men (30:21).

The question arises: What about all those younger folks? The simple answer is that there were a lot of young, fast runners in early years of this event, and the fastest runners are no longer showing up at Northfield. So records set many years ago by some of those young hot-shots still stand. Think Eric Morse and Keith Woodard for example. Eric owns 13 single age records, and Keith has 11. On the female side it is not so lop-sided, but Sue Hackney (aka Barber) has 10 single age records, and Patty Foltz has 6.

And what is it with so many new older folks' records? Another pretty simple answer. Whereas in the early years of CVR there were few if any competitors older than their 60s, now many are extending their running years into their 70s and 80s. Because there are far fewer people in those age groups, many of the records are recent and "ripe for the picking".

As most of you probably know, I have been in CVR since its beginning in 1980. Over the years I have taken on a number of tasks, and have become a sort of club statistician. It is something that has interested me, so I was ready and willing to put together information for age group records for two of our races that have recently switched from 10-year to 5-year age groups. It was not a particularly easy task in some regards, as finding results from past years has not been easy. Although most results from 1997 on are complete, and mostly available in newsletters or on our website, results from 1978 to 1996 were either unobtainable, or lacked much important information. The years for which I have yet to find ANY results at all were 1978 and 1988 (if someone out there has results for either of those years, I would love to obtain a copy). For results that I was able to find over that period (many in old newspapers), age groups varied (14-29 was a popular one), and ages of individuals were usually not included.

To come up with new 5-year age group records, it was important to know how old a person was in each race. Where ages were typically not given, those of local runners, or those who came most years could be determined by comparison with results where their ages WERE given. For others, I was able to exercise some of my genealogical research skills to determine their ages. For many others, though, I simply had to leave them out of my listings despite some impressive running times. So despite my best efforts, the listings that I have generated will be missing some people who should be recognized, and I apologize for that shortcoming. Still, what follows are current single age records for the Northfield 5k from its inception in 1978 to 2024. Note that no race was held in 2011 (Tropical Storm Irene), nor in 2020 (COVID).

ALL-TIME SINGLE AGE RECORDS
Northfield Labor Day Observances Race
5 KILOMETERS – Female

Age	Time	Name	Hometown & State		Date
5	27:42	Olivia Weis	Coopersberg	PA	2002
6		none			
7		none			
8	29:08	Tuula Hoiska	Montpelier	VT	1979
9	23:13	Tuula Hoiska	Montpelier	VT	1980
10	24:18	Erin Magill	Moretown	VT	2010
11	22:59	Caroline Costello	Barre	VT	1980
12	20:56	Cindy Martin			1981
13	18:41	Keelin Hollowood	Saratoga Spring	NY	2008
14	19:20	Amanda Borroughs	Wilton	NY	2008
15	18:26	Sydney King	Saratoga Spring	NY	2008
16	18:00	Tara Chaplin	Middlesex	VT	1997
17	18:16	Katherine Greenia	Morrisville	VT	1992
18	19:28	Gretchen Walthers	Northfield	VT	1989
19	18:36	Carolyn Cunniff			1981
20	21:40	Joy Erdman	Williston	VT	2005
21	18:22	Patty Roach		VT	1982
22	18:44	Laura Wilson	Montpelier	VT	1992
23	18:53	Laura Wilson	Stowe	VT	1993
24	19:47	Rose Nash	Hardwick	VT	2003
25	18:10	Patricia Addis-Hudson	Westville	NJ	1991
26	19:45	Ingrid Cyres	?	?	1989
27	19:21	Megan Valentine	Colchester	VT	2006
28	18:23	Lori Crotts	?	?	2016
29	18:00	Bonnie McReynolds	Colchester	VT	1993
30	20:19	Torey Olson	?	VT	2018
31	18:35	Alicia Freese	?	VT	2019
32	19:00	Dorothy Graham	Barre	VT	1993
33	19:35	Megan Valentine	Jericho	VT	2012
34	17:34	Leatrice Sikora	Greenfield	MA	1989
35	19:23	Susan Drapp	Duxbury	VT	1990
36	20:06	Megan Valentine	Jericho	VT	2015
37	18:28	Susan McNamara	Burlington	VT	1997
38	19:32	Emmy Stocker	Greenwich	?	1996
39	18:37	Susan Barber	Johnson	VT	1996
40	19:11	Debbie Brunelle-Tirrito	Winooski	VT	1995
41	19:03	Moira Durnin	Stowe	VT	1992
42	19:09	Moira Durnin	Stowe	VT	1993
43	18:54	Susan Barber	Montpelier	VT	2000
44	19:02	Susan Barber	Montpelier	VT	2001
45	19:19	Susan Hackney	Montpelier	VT	2002
46	19:26	Susan Hackney	Montpelier	VT	2003
47	20:00	Dot Martin	Montpelier	VT	2008
48	21:10	Melanie Benson	Morrisville	VT	2006

49	19:54	Sue Hackney	Montpelier	VT	2006
50	20:30	Dianne Walthers	Northfield	VT	1992
51	20:05	Sue Hackney	Montpelier	VT	2008
52	20:56	Patty Foltz	Stowe	VT	2000
53	18:53	Diane Legare	Montreal	QUE	2004
54	21:21	Sandra Dickin	Colchester	VT	2021
55	21:36	Dot Martin	Montpelier	VT	2016
56	21:16	Sue Hackney	Montpelier	VT	2013
57	21:28	Dot Martin	Montpelier	VT	2018
58	24:01	Patricia Driscoll	Stowe	VT	2013
59	22:04	Patty Foltz	Stowe	VT	2007
60	20:59	Patty Foltz	Stowe	VT	2008
61	22:10	Susan Hackney	Montpelier	VT	2018
62	24:13	Darragh Ellerson	Montpelier	VT	1992
63	24:35	Donna Smyers	Adamant	VT	2021
64	23:56	Sue Hackney	Montpelier	VT	2021
65	23:13	Patty Foltz	Stowe	VT	2013
66	23:52	Patty Foltz	Stowe	VT	2014
67	28:25	Maureen Murphy	So. Burlington	VT	2003
68	28:25	Elizabeth McCarthy	Hardwick	VT	2021
69	27:00	Dot Helling	Adamant	VT	2019
70	25:41	Patty Foltz	Stowe	VT	2018
71	29:08	Dot Helling	Adamant	VT	2021
72	29:45	Merill Creagh	Barre	VT	2024
73	41:23	Janet McCarthy	Millsboro	DE	2022
74	28:58	Cindy Quackenbush	Monson	MA	2021
75	32:31	Marsha Bancroft	Worcester	VT	2013
76					
77	31:17	Cindy Quackenbush	Salisbury	VT	2024

ALL-TIME SINGLE AGE RECORDS
 Northfield Labor Day Observances Race
 5 KILOMETERS – Male

Age	Time	Name	Hometown	State	Date
5	28:14	Daniel Fontaine	Northfield	VT	2010
6	42:22	Joel Domas	Rochester	VT	2008
7	36:37	Brian Bushey	Montpelier	VT	2010
8	26:49	Kai Yaeger	Arlington	VA	2014
9	24:15	Hayden Reil	East Barre	VT	2012
10	18:59	Dale Kunkel	Northfield	VT	1997
11	19:48	Evan Thornton-Sherman	Waterford	VT	2015
12	18:53	Evan Thornton-Sherman	Waterford	VT	2016
13	17:53	Evan Thornton-Sherman	Waterford	VT	2017
14	17:22	Mint Henk	Randolph	VT	1998
15	16:29	Mint Henk	Braintree	VT	1999
16	16:49	Mike Davis	Morrisville	VT	1987
17	15:39	Nathan Shenk-Boright	Middlesex	VT	1998
18	16:01	Francis Burdette	Montpelier	VT	1983
19	15:20	Eric Morse			1984
20	15:05	Eric Morse			1985
21	15:55	Sam Davis			1982
22	14:46	Eric Morse	Waterbury	VT	1987
23	14:35	Eric Morse	Waterbury	VT	1988
24	14:25	Eric Morse	Waterbury	VT	1989
25	14:38	Eric Morse	Waterbury	VT	1990
26	14:24	Eric Morse	Moretown	VT	1991
27	14:40	Eric Morse	Moretown	VT	1992
28	14:45	Eric Morse	Moretown	VT	1993
29	14:44	Eric Morse	Moretown	VT	1994
30	15:21	James Miller	Essex Junction	VT	1989
31	15:04	Mark Chaplin	Montpelier	VT	1982
32	15:35	Sam Davis	Montpelier	VT	1993
33	15:08	Tony Bates	Salisbury	VT	1992
34	15:06	Eric Morse	Berlin	VT	1999
35	14:59	Eric Morse	Montpelier	VT	2000
36	15:12	Eric Morse	Montpelier	VT	2001
37	15:11	Keith Woodward	East Corinth	VT	1988
38	15:58	Charlie Gunn	Henniker	NH	1992
39	16:04	Tony Bates	Salisbury	VT	1998
40	16:01	Sam Davis	Colchester	VT	2001
41	16:16	Mark Chaplin	Middlesex	VT	1992
42	16:25	Sam Davis	Colchester	VT	2003
43	15:51	Keith Woodward	East Corinth	VT	1994
44	15:59	Keith Woodward	East Corinth	VT	1995
45	16:33	Shawn Gardner	Dallas	TX	2008
46	17:04	Mark Chaplin	Middlesex	VT	1997
47	16:51	Mark Chaplin	Middlesex	VT	1998
48	16:51	Mark Chaplin	Middlesex	VT	1999

49	16:18	Keith Woodward	East Corinth	VT	2000
50	15:58	Keith Woodward	East Corinth	VT	2001
51	17:00	William Dixon	Putney	VT	1998
52	17:15	William Dixon	Brattleboro	VT	1999
53	18:05	Gordon MacFarland	Burlington	VT	2001
54	16:50	William Dixon	Putney	VT	2001
55	17:45	Kevin McMahon	Essex Jct.	VT	2009
56	17:57	Gordon MacFarland	Burlington	VT	2004
57	18:47	Edward McSweeney	Montpelier	VT	2007
58	19:31	John Hackney	Montpelier	VT	2003
59	20:01	Chuck Arnold	Huntington	VT	2006
60	18:31	Bill Springer	Keene	NH	1999
61	18:32	Keith Woodward	Stowe	VT	2012
62	18:38	Keith Woodward	Stowe	VT	2013
63	18:59	Keith Woodward	Stowe	VT	2014
64	19:22	Keith Woodward	Moretown	VT	2015
65	19:38	Keith Woodward	Moretown	VT	2016
66	20:08	Keith Woodward	Moretown	VT	2017
67	21:57	John Pelton	West Rupert	VT	2006
68	21:27	John Pelton	West Rupert	VT	2007
69	24:14	Charles Windisch	Jericho	VT	2022
70	22:48	John Pelton	West Rupert	VT	2009
71	22:31	Jean Bernaquez	Montreal	QUE	2003
72	23:03	John Hackney	Montpelier	VT	2017
73	22:30	Gordon MacFarland	Burlington	VT	2021
74	24:08	Jean Bernaquez	Montreal	QUE	2006
75	24:14	Jean Bernaquez	Montreal	QUE	2007
76	24:30	Gordon MacFarland	Burlington	VT	2024
77	25:42	Gerald Barney	Swanton	VT	2009
78	27:48	Bob Murphy	Barre	VT	2018
79	28:11	Bob Murphy	Barre	VT	2019
80	26:36	Jean Bernaquez	Montreal	QUE	2012
81	26:41	Jean Bernaquez	Montreal	QUE	2013
82	29:19	Jean Bernaquez	Montreal	QUE	2014
83	29:16	Peter Mitchell	Jericho	VT	2023
84	30:21	Bob Murphy	Barre	VT	2024
85	31:21	Jean Bernaquez	Montreal	QUE	2017
86	37:06	Jean Bernaquez	Montreal	QUE	2018
87	37:43	Jean Bernaquez	Montreal	QUE	2019