

CVR Members	Vol Status	NYE 5K	Shamrock 5K	Kaynor's 10k	Mainman 10 miler	Adamant Half	Cap City 10k	Birdland 5K	Heritage 5k	Benin Pond 5 miler	Northfield 5k	Groton Forest 10K	Groton Forest 15	Groton Forest 26	Sodom Pond 4	Lf Peep 5k	Lf Peep Half	Totals	# Races
		12/31/2023	3/16/2024	4/7/2024	4/13/2024	5/11/2024	6/8/2024	6/22/2024	7/27/2024	8/15/2024	8/31/2024	9/14/2024	9/14/2024	9/14/2024	9/18/2024	10/6/2024	10/6/2024	clinched	
		Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Need 2 Vol	
<b>Female 0 - 19</b>																			
<b>Female 20 - 29</b>																			
Hedges, Addie	Y	100.0000			100.0000		100.0000	100.0000	100.0000	100.0000	100.0000				100.0000		100.0000	600.0000	9
<b>Female 30 - 39</b>																			
Hulbert, Katie	Y	100.0000			85.8398	75.0990		100.0000	84.8286	100.0000		100.0000						570.6685	7
Brown, Hannah	Y	65.9080									68.2819		100.0000				100.0000	334.1900	4
Broderick, Dylan	Y				100.0000	100.0000									100.0000			300.0000	3
Keener, Kate	Y									89.1228	100.0000	95.0370						284.1598	3
Caldwell, Kimberly	Y								93.6561									93.6561	1
<b>Female 40 - 49</b>																			
Gadwah, Jaime	Y	69.2835	61.9807	64.7965			65.2850		93.0815	85.9685	66.1035				92.8049	100.0000		572.5268	9
Lapierre, Laura	Y							74.0614			69.1562	91.1466					100.0000	334.3642	4
Tomlins, Heather	Y							65.9074		100.0000					100.0000			265.9074	3
Humphrey, Katie	Y								100.0000		68.0314	93.0387						261.0701	3
Milkowski, Anna	Y	100.0000		100.0000														200.0000	2
Jancaitis, Jackie	Y							100.0000										100.0000	1
<b>Female 50 - 59</b>																			
Treadwell, Anne	Y	100.0000	100.0000	100.0000						100.0000	100.0000						100.0000	600.0000	6
Saigman, Laury	Y	78.7828																78.7828	1
<b>Female 60 - 69</b>																			
Smyers, Donna	Y	100.0000		100.0000	100.0000			100.0000		100.0000					100.0000			600.0000	6
Lasell, Cheryl	Y	66.9953	86.3520	63.8591			100.0000	70.5763	72.2428		66.6526	100.0000			100.0000	85.1742		514.3453	9
Williams, Kimberly	Y		100.0000						60.6776		69.7829					100.0000		330.4605	4
Pattison, Fabienne	Y				86.9186				100.0000									186.9186	2
Lopez, Ali	Y					100.0000												100.0000	1
LaCroix, Lori	Y				94.3665													94.3665	1
Aitken, Nina	Y	92.9804																92.9804	1
<b>Female 70 - 79</b>																			
McCarthy, Elizabeth	Y		97.3799		100.0000		100.0000				100.0000	100.0000			100.0000		100.0000	600.0000	7
Creagh, Merrill	Y		100.0000	94.3411			98.1046		100.0000		98.4874							490.9331	5
<b>Male 0 - 19</b>																			
Sheehan, Andy	Y						100.0000				95.9836							195.9836	2
<b>Male 20 - 29</b>																			
Miller, Luke	Y	77.1879			100.0000		100.0000	100.0000	100.0000	100.0000	100.0000				100.0000		100.0000	600.0000	9
Lumsden, Jordan	Y									82.1653								82.1653	1
<b>Male 30 - 39</b>																			
Maurais, Peter	Y	89.6104	100.0000	100.0000	88.7811	100.0000	100.0000	93.3579	100.0000	83.2630	100.0000	100.0000			100.0000		100.0000	600.0000	13
Jackson, Seth	Y									96.7320								96.7320	1
Jakob, Michael	Y									67.3493								67.3493	1
<b>Male 40 - 49</b>																			
Brown, Stephen	Y	100.0000				86.6166				87.0652	100.0000		100.0000				98.6708	572.3526	6
Sheehan, Sean	Y					78.4720	100.0000		100.0000	84.5385	96.5655				100.0000			559.5760	6
Sherriff, Graham	Y	88.7553				70.4038												159.1591	2
Seltzer, Mark	Y	77.0885								67.6695								144.7579	2
Becker, Nick	Y														86.2595			86.2595	1
Jones, Randy	Y							84.3233										84.3233	1
Brinkerhoff, Stan	Y	67.6915																67.6915	1
<b>Male 50 - 59</b>																			
Luyckx, Peter	Y	96.9123	100.0000					100.0000			100.0000				98.2249	100.0000		595.1371	6
Merrill, Joseph	Y			100.0000			88.0937		95.0941	71.6020	91.0112		80.0319		91.6667			545.8977	7
Acosta, Salvador	Y						100.0000											100.0000	1
Richardshon, Scott	Y												100.0000					100.0000	1

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<b>Please email Joe Merrill with any errors or omissions.</b>		12/31/2023	3/16/2024	4/7/2024	4/13/2024	5/11/2024	6/8/2024	6/22/2024	7/27/2024	8/15/2024	8/31/2024	9/14/2024	9/14/2024	9/14/2024	9/18/2024	10/6/2024	10/6/2024	clinched	
<a href="mailto:roadduck99@yahoo.com">roadduck99@yahoo.com</a>		Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Need 2 Vol	
<b>Male 60 - 69</b>																			
Flint, Jim	Y	100.0000	100.0000	100.0000		100.0000			100.0000						100.0000			600.0000	6
Gardner-Morse, Mack	Y		96.7504	98.5284	100.0000		100.0000	100.0000	98.1021	95.5409	100.0000				87.0170			596.6305	9
Lasell, Darrel	Y	78.2149	78.5372	79.1444	75.8135			82.3268	71.3810	77.0563	78.3454		100.0000		68.9951		99.3999	517.6232	11
Noonan, Tim	Y	88.8592	88.7534	92.9894		89.1065					99.1567							458.8652	5
Rohr, James	Y	66.9011				49.7893	59.8639	61.8412	57.0613	61.3468	66.8404				57.6647	100.0000		416.7934	9
Sainz, Manuel	Y								73.6971	80.0969	83.1958		90.2298					327.2197	4
Etnier, Carl	Y					72.3387							100.0000				100.0000	272.3387	3
Casey, Dennis	Y	80.9235		77.3803	81.6707													239.9745	3
Diebold, John	Y	82.1208			80.4087													162.5295	2
Dugan, Matthew	Y							98.8273										98.8273	1
Howard, Mark	Y								77.0298									77.0298	1
<b>Male 70 - 79</b>																			
Hogeboom, Tim	Y	100.0000	100.0000		100.0000	100.0000		100.0000	100.0000		91.3043				95.4079		100.0000	600.0000	9
Valentine, John	Y	96.6212	90.6393	93.4109				88.1673			87.3960				94.3147	100.0000		563.1533	7
Martin, John	Y						79.5568			95.1414	77.8190							252.5172	3
Hackney, John	Y									100.0000					100.0000			200.0000	2
Howe, Bob	Y						60.7575			70.1079	67.5862							198.4516	3
Shanley, Jamie	Y						81.8009								93.7363			175.5372	2
Furlong, Gary	Y	77.7672																77.7672	1
<b>Male 80 +</b>																			
Murphy, Bob	Y		100.0000				100.0000			100.0000	100.0000						100.0000	500.0000	5
Ferno, Dick	Y										75.8118				100.0000			175.8118	2