

| CVR Members                                                    | Renew Year | Vol Status | NYE 5K            | Shamrock 5K      | GMAA Sap Run 10k | Mailman 10 miler | Totals     | # Races |
|----------------------------------------------------------------|------------|------------|-------------------|------------------|------------------|------------------|------------|---------|
| Please email Joe Merrill with any errors or omissions.         |            |            | 12/31/2024 Points | 3/15/2025 Points | 4/6/2025 Points  | 4/19/2025 Points | clinched   |         |
| <a href="mailto:roadduck99@yahoo.com">roadduck99@yahoo.com</a> |            |            |                   |                  |                  |                  | Need 2 Vol | 120     |
| <b>Female 20 - 29</b>                                          |            |            |                   |                  |                  |                  |            |         |
| Hedges, Addie                                                  | 25         |            |                   | 100.0000         | 100.0000         | 100.0000         | 300.0000   | 3       |
| <b>Female 30 - 39</b>                                          |            |            |                   |                  |                  |                  |            |         |
| Ball, Jessica                                                  | 25         |            | 100.0000          |                  |                  | 100.0000         | 200.0000   | 2       |
| Chartrand, Kristine                                            | 25         |            |                   |                  |                  | 83.4493          | 83.4493    | 1       |
| Brown, Hannah                                                  | 27         |            |                   |                  |                  | 65.4818          | 65.4818    | 1       |
| <b>Female 40 - 49</b>                                          |            |            |                   |                  |                  |                  |            |         |
| Milkowski, Anna                                                | 25         |            | 100.0000          | 100.0000         | 100.0000         |                  | 300.0000   | 3       |
| Gadwah, Jaime                                                  | 25         |            | 69.5047           | 70.9713          | 67.5683          | 79.3834          | 287.4277   | 4       |
| Valentine, Megan                                               | 27         |            | 96.8968           | 95.4714          |                  |                  | 192.3682   | 2       |
| Lapierre, Laura                                                | 24         |            | 67.7332           |                  |                  | 78.5510          | 146.2842   | 2       |
| Jancaitis, Jackie                                              | 28         |            |                   |                  |                  | 100.0000         | 100.0000   | 1       |
| Chabot, Katy                                                   | 25         |            |                   |                  |                  | 94.4232          | 94.4232    | 1       |
| Hayes, Natalia                                                 | 25         |            |                   | 69.2142          |                  |                  | 69.2142    | 1       |
| Byrne, Emily                                                   | 25         |            | 62.8586           |                  |                  |                  | 62.8586    | 1       |
| <b>Female 50 - 59</b>                                          |            |            |                   |                  |                  |                  |            |         |
| Miller-Arsenault, Jennifer                                     | 25         |            |                   |                  |                  | 100.0000         | 100.0000   | 1       |
| Treadwell, Anne                                                | 26         |            |                   |                  | 100.0000         |                  | 100.0000   | 1       |
| Gordon, Jennifer                                               | 26         |            |                   |                  | 86.2867          |                  | 86.2867    | 1       |
| Fowler, Holly                                                  | 27         |            |                   |                  | 79.8626          |                  | 79.8626    | 1       |
| <b>Female 60 - 69</b>                                          |            |            |                   |                  |                  |                  |            |         |
| Smyers, Donna                                                  | 27         | Y          | 100.0000          | 95.8621          | 100.0000         |                  | 295.8621   | 3       |
| Lasell, Cheryl                                                 | 29         |            | 62.9118           | 60.0314          |                  |                  | 122.9432   | 2       |
| Martin, Dot                                                    | 24         |            |                   | 100.0000         |                  |                  | 100.0000   | 1       |
| Tillinghast, Phyllis                                           | 26         |            |                   |                  |                  | 100.0000         | 100.0000   | 1       |
| Lopez, Ali                                                     | 24         |            |                   |                  | 89.3623          |                  | 89.3623    | 1       |
| Rutherford, Kay                                                | 26         |            |                   | 82.5148          |                  |                  | 82.5148    | 1       |
| <b>Female 70 - 79</b>                                          |            |            |                   |                  |                  |                  |            |         |
| McCarthy, Elizabeth                                            | 25         | Y          | 100.0000          | 98.0044          | 96.9976          | 94.2491          | 389.2512   | 4       |
| Creagh, Merrill                                                | 27         |            | 99.3170           | 100.0000         |                  | 86.0396          | 285.3567   | 3       |
| Blauwiekel, Ruth                                               | 26         |            |                   |                  | 100.0000         | 100.0000         | 200.0000   | 2       |
| Helling, Dot                                                   | 25         | Y          | 95.8265           |                  |                  |                  | 95.8265    | 1       |
| Williams, Kimberly                                             | 25         | Y          |                   | 81.4747          |                  |                  | 81.4747    | 1       |
| Whitefox, Luana                                                | 24         |            |                   | 68.8742          |                  |                  | 68.8742    | 1       |
|                                                                |            |            |                   |                  |                  |                  | -          | -       |
| <b>Male 0 - 19</b>                                             |            |            |                   |                  |                  |                  |            |         |
| Doyle, Salvador                                                | 24         |            | 100.0000          |                  |                  |                  | 100.0000   | 1       |
| Nadzam, Isaac                                                  | 25         |            | 95.5556           |                  |                  |                  | 95.5556    | 1       |
| Sheehan, Andy                                                  | 24         |            | 80.0860           |                  |                  |                  | 80.0860    | 1       |

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| Please email Joe Merrill with<br>any errors or omissions.      |               |               | 12/31/2024 | 3/15/2025      | 4/6/2025            | 4/19/2025           | clinched   |         |
| <a href="mailto:roadduck99@yahoo.com">roadduck99@yahoo.com</a> |               |               | Points     | Points         | Points              | Points              | Need 2 Vol |         |
|                                                                |               |               |            |                |                     |                     |            | 120     |
|                                                                |               |               |            |                |                     |                     |            |         |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 20 - 29</b>                                            |               |               |            |                |                     |                     |            |         |
| Miller, Luke                                                   | 25            |               | 100.0000   | 100.0000       | 100.0000            | 100.0000            | 400.0000   | 4       |
| Lumsden, Jordan                                                | 25            |               | 83.5883    | 82.7537        | 81.3893             | 78.7391             | 326.4704   | 4       |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 30 - 39</b>                                            |               |               |            |                |                     |                     |            |         |
| Maurais, Peter                                                 | 25            |               | 97.2973    | 100.0000       | 100.0000            | 83.9824             | 381.2797   | 4       |
| Laprade, Randy                                                 | 25            |               | 89.3431    | 91.7425        | 87.7832             | 75.8847             | 344.7535   | 4       |
| Aitken, George                                                 | 27            |               |            |                |                     | 100.0000            | 100.0000   | 1       |
| Watt, Charlie                                                  | 25            |               | 100.0000   |                |                     |                     | 100.0000   | 1       |
| Martinez, Alex                                                 | 25            |               |            |                |                     | 93.2112             | 93.2112    | 1       |
| Caldwell, Matthew                                              | 27            |               |            |                |                     | 76.8627             | 76.8627    | 1       |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 40 - 49</b>                                            |               |               |            |                |                     |                     |            |         |
| Becker, Nick                                                   | 27            |               | 77.7778    | 100.0000       |                     | 73.5994             | 251.3771   | 3       |
| Brown, Stephen                                                 | 27            |               | 90.8264    |                |                     | 86.6867             | 177.5132   | 2       |
| Burke, Daniel                                                  | 24            |               | 100.0000   |                |                     |                     | 100.0000   | 1       |
| English, Maxfield                                              | 25            |               |            |                |                     | 100.0000            | 100.0000   | 1       |
| McConville, Andrew                                             | 25            |               | 86.6719    |                |                     |                     | 86.6719    | 1       |
| Chartrand, Michael                                             | 25            |               |            |                |                     | 66.9408             | 66.9408    | 1       |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 50 - 59</b>                                            |               |               |            |                |                     |                     |            |         |
| Reimer, Patrick                                                | 27            |               | 95.8333    | 98.3771        | 100.0000            | 98.8644             | 393.0749   | 4       |
| Luyckx, Peter                                                  | 25            |               | 100.0000   | 100.0000       |                     | 100.0000            | 300.0000   | 3       |
| Merrill, Joseph                                                | 27            | Y             | 84.5023    |                |                     | 79.7545             | 164.2568   | 2       |
| Sheehan, Sean                                                  | 24            | Y             |            |                |                     | 99.6566             | 99.6566    | 1       |
| Richardson, Scott                                              | 27            |               |            |                | 89.8066             |                     | 89.8066    | 1       |
| Lapierre, Brian                                                | 24            |               | 76.0216    |                |                     |                     | 76.0216    | 1       |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 60 - 69</b>                                            |               |               |            |                |                     |                     |            |         |
| Gardner-Morse, Mack                                            | 25            |               | 94.6006    | 100.0000       | 100.0000            | 93.8863             | 388.4869   | 4       |
| Noonan, Tim                                                    | 25            | Y             | 87.3038    | 93.7796        | 96.3928             |                     | 277.4761   | 3       |
| Lasell, Darrel                                                 | 29            | Y             | 74.4904    | 81.5882        |                     | 75.3733             | 231.4519   | 3       |
| Flint, Jim                                                     | 26            |               | 100.0000   |                |                     | 100.0000            | 200.0000   | 2       |
| Cote, Chris                                                    | 26            |               | 84.9834    |                | 95.4050             |                     | 180.3883   | 2       |
| Gilbert, Andrew                                                | 25            |               |            |                |                     | 93.3475             | 93.3475    | 1       |
| Flanders, Michael                                              | 29            |               |            |                |                     | 91.1771             | 91.1771    | 1       |
| Casey, Dennis                                                  | 24            |               | 77.1877    |                |                     |                     | 77.1877    | 1       |
| Sainz, Manuel                                                  | 26            | Y             |            |                |                     | 73.1512             | 73.1512    | 1       |
| Rohr, James                                                    | 27            |               |            | 67.0048        |                     |                     | 67.0048    | 1       |
|                                                                |               |               |            |                |                     |                     |            |         |
| <b>Male 70 - 79</b>                                            |               |               |            |                |                     |                     |            |         |
| Windisch, Charlie                                              | 25            |               |            |                | 100.0000            | 100.0000            | 200.0000   | 2       |
| Valentine, John                                                | 27            |               |            | 100.0000       |                     | 87.2511             | 187.2511   | 2       |
| MacFarland, Gordon                                             | 25            |               | 100.0000   |                |                     |                     | 100.0000   | 1       |
| Martin, John                                                   | 24            |               |            | 93.5911        |                     |                     | 93.5911    | 1       |
| Shanley, Jamie                                                 | 25            |               | 84.2321    |                |                     |                     | 84.2321    | 1       |
| Hogeboom, Tim                                                  | 25            | Y             |            | 64.0449        |                     |                     | 64.0449    | 1       |

|                                                                |              |               |               |           |                |              |               |                |
|----------------------------------------------------------------|--------------|---------------|---------------|-----------|----------------|--------------|---------------|----------------|
|                                                                |              |               |               |           |                |              |               |                |
| <b>CVR Members</b>                                             | <b>Renew</b> | <b>Vol</b>    |               | Shamrock  | GMAA Sap       | Mailman 10   |               |                |
|                                                                | <b>Year</b>  | <b>Status</b> | <b>NYE 5K</b> | <b>5K</b> | <b>Run 10k</b> | <b>miler</b> | <b>Totals</b> | <b># Races</b> |
| <b>Please email Joe Merrill with</b>                           |              |               | 12/31/2024    | 3/15/2025 | 4/6/2025       | 4/19/2025    | clinched      |                |
| <b>any errors or omissions.</b>                                |              |               | Points        | Points    | Points         | Points       | Need 2 Vol    |                |
| <a href="mailto:roadduck99@yahoo.com">roadduck99@yahoo.com</a> |              |               |               |           |                |              |               | 120            |
|                                                                |              |               |               |           |                |              |               |                |
|                                                                |              |               |               |           |                |              |               |                |
| <b><u>Male 80 +.</u></b>                                       |              |               |               |           |                |              |               |                |
| Murphy, Bob                                                    | 25           | Y             |               | 100.0000  |                |              | 100.0000      | 1              |
| Ferno, Dick                                                    | 24           | Y             |               | 77.9435   |                |              | 77.9435       | 1              |
|                                                                |              |               |               |           |                |              | -             |                |
| <b><u>Non-Binary</u></b>                                       |              |               |               |           |                |              |               |                |
| Knutson, Sarah                                                 | 26           |               |               |           |                | 100.0000     | 100.0000      | 1              |