

## **CENTRAL VERMONT RUNNERS MEETING**

**MAY 19, 2025**

14 Members in attendance and 8 members in attendance via Zoom

Meeting called to order 6:00PM

Motion to except the minutes from the last meeting by Phyliss, 2<sup>nd</sup> by Bob

Treasures report club in good standings

Membership report club has 267 members—reminder to renew your membership

Fun Run – social meet ups after the runs, everyone was in favor of the after running gatherings.

Trail fun run- members were going to try for a Monday evenings trail run alternating between different trails in Montpelier. Darrel & Jess will coordinate the trail runs on Mondays.

Winter Group fun runs – Katie says thank you to everyone that hosted and came out to do Winter runs. Great variety of places to run.

CVR Green Up was a great success again this year, lots of trash was picked up.

Race Reports

Paul Mailman 10 miler & 5K very successful 126 finishers including Paul Mailman himself.

Mutt Strut was a great success with a total donation to Potters Angels of \$750.00

Adamant Half marathon & relay was also a great success with 100 registered and 81 finishers.

Barre Town Spring run very well attended with 120 runners

Upcoming Races

Capital City Stampede

Track meets starting at the end of June on Thursdays

The ORO standings have been updated by Joe

Trail Running is happening on Saturdays through the summer check out the sign-up sheet if interested in joining or hosting the fun run.

Gear/Merchandise... working on getting the best option for the members. more to come.

CVR's 45<sup>th</sup> anniversary Event. To be held August 17<sup>th</sup> in Elmore State Park. The club voted for no more than a \$500.00 budget for food & games for the event.

Members approved the purchasing of two new jones counters for accurately measuring courses.  
Motion to accept by Chris 2<sup>nd</sup> by Donna motion passed.

Meeting Adjourned @ 6:50PM