

Capital City Stampede 10k Run
Montpelier, VT June 7, 2025

Place	Div/Tot	No.	First Na	Last Name	Age	S	City	St	Club	Time	Pace
1	1/3	16	Daniel	Brennan	20	M	Saint Jo	VT		34:12	5:31
2	1/7	84	Jurdan	Mossburg	30	M	South Bu	VT		34:43	5:36
3	2/7	95	Connor	Remington	30	M	Burlingt	VT		35:31	5:43
4	3/7	89	Lance	Parker	31	M	Waterbur	VT		35:38	5:44
5	2/3	94	Clifford	Ransom	24	M	Burlingt	VT		35:56	5:47
6	1/5	6	Steve	Andrews	43	M	Shelburn	VT		36:22	5:52
7	1/4	38	Maxfield	English	49	M	Wolcott	VT		36:59	5:58
8	1/8	99	Rachel	Rudder	32	F	Willisto	VT		37:27	6:02
9	1/7	81	Binney	Mitchell	56	M	Burlingt	VT		37:45	6:05
10	4/7	34	Anthony	Downs	32	M	Essex Ju	VT		37:56	6:07
11	2/7	125	Michael	McGrane	55	M	Northfie	VT		38:27	6:12
12	1/8	74	Chris	Matthews	51	M	Jericho	VT		38:50	6:15
13	5/7	79	Luke	Miller	30	M	Montpeli	VT		38:51	6:16
14	6/7	37	Sean	Dunn	32	M	Burlingt	VT		39:14	6:19
15	1/7	107	Bradley	Sleeper	35	M	Colchest	VT		39:18	6:20
16	1/3	127	Christin	Winchell	19	F	Stowe	VT		39:47	6:25
17	1/3	39	Heather	Feldman	38	F	Colchest	VT		39:48	6:25
18	2/7	72	Alex	Martinez	39	M	Orange	VT		40:16	6:29
19	1/3	35	Salvador	Doyle	14	M	Montpeli	VT		40:58	6:36
20	3/7	129	Matt	Ozahowski	39	M	W. Newbu	VT		41:01	6:36
21	3/7	78	Allen	Mead	58	M	Hinesbur	VT		41:05	6:37
22	2/8	124	Jon	Floyd	53	M	Waterbur	VT		41:14	6:38
23	2/8	69	Jess	Marini	34	F	Burlingt	VT		41:15	6:39
24	3/8	82	Michael	Moore	54	M	East Hav	VT		41:26	6:40
25	2/5	20	Stephen	Brown	41	M	Montpeli	VT		41:32	6:42
26	1/5	83	Eric	Morse	60	M	Berlin	VT		41:41	6:43
27	1/10	9	Tony	Bates	66	M	Salisbur	VT		42:00	6:46
28	2/10	92	Nick	Persampie	65	M	Burlingt	VT		42:13	6:48
29	4/7	75	Peter	Maurais	37	M	Barre	VT		42:18	6:49
30	1/3	110	Jazmyn	Sylvester	29	F	Saint Al	VT		42:48	6:54
31	4/7	77	Alex	McHenry	59	M	South Bu	VT		42:59	6:56
32	1/2	49	Addie	Hedges	22	F	Montpeli	VT		43:10	6:57
33	3/5	26	Jarred	Cobb	41	M	Montpeli	VT		43:36	7:01
34	4/8	103	Sean	Sheehan	51	M	Montpeli	VT		43:39	7:02
35	2/3	126	Jaxon	O'Connor	13	M	Middlese	VT		44:07	7:06
36	5/8	65	Peter	Luyckx	54	M	Saint Jo	VT		44:08	7:07
37	4/5	3	Steven	Abraham	41	M	Bethel	VT		44:51	7:13
38	2/5	116	Curt	Weeber	63	M	Winooski	VT		45:18	7:18
39	1/3	128	Anna	Milkowski	50	F	Montpeli	VT		45:23	7:19
40	3/8	113	Amy	Tomasso	31	F	Moretown	VT		46:17	7:27
41	1/3	64	Jordan	Lumsden	29	M	Barre	VT		46:31	7:30
42	5/7	87	Scott	Nichols	59	M	Essex	VT		46:39	7:31
43	3/5	44	Mack	Gardner-M	64	M	Calais	VT		46:48	7:32
44	3/10	41	Michael	Flanders	67	M	Cape Eli	ME		47:02	7:35
45	6/8	4	Salvador	Acosta	53	M	Waterbur	VT		47:39	7:40
46	2/3	111	Charlott	Thomas	16	F	Salo	FI		47:54	7:43
47	1/2	66	Gordon	MacFarlan	77	M	Burlingt	VT		48:57	7:53
48	1/2	114	Anne	Treadwell	57	F	Montpeli	VT		48:59	7:53
49	4/5	47	Matt	Guild	61	M	Bellows	VT		49:10	7:55
50	7/8	50	Paul	Hochanade	51	M	Burlingt	VT		49:17	7:56
51	1/2	24	Liz	Champagne	67	F	South Bu	VT		49:24	7:57
52	7/7	60	Randy	Laprade	33	M	Barre	VT		49:31	7:59
53	6/7	15	Kari	Bradley	57	M	Calais	VT		49:43	8:00
54	4/8	8	Jessica	Ball	34	F	Montpeli	VT		50:06	8:04
55	3/3	17	Senait	Brett	16	F	Montpeli	VT		50:12	8:05
56	5/8	29	Viktoria	Dahill	30	F	Hingham	MA		50:12	8:05
57	1/5	13	Keith	Boniface	71	M	Northfie	VT		50:22	8:07
58	3/3	68	Justin	MaGill	23	M	Moretown	VT		50:30	8:08
59	2/4	11	Nick	Becker	47	M	East Mon	VT		51:02	8:13
60	2/3	104	Carolyn	Siccama	54	F	Willisto	VT		51:21	8:16
61	2/3	56	Dylan	Kemelor	25	M	Burlingt	VT		51:31	8:18
62	5/5	55	Daniel	Keeney	41	M	Calais	VT		51:40	8:19
63	3/4	102	Mark	Seltzer	46	M	Montpeli	VT		52:03	8:23
64	7/7	63	Scott	Lovelette	56	M	Montpeli	VT		52:37	8:29
65	5/7	130	Colin	Rand	38	M	Underhil	VT		53:08	8:33

66	4/10	98	Greg	Rosser	68	M	Conesus	NY	53:22	8:36
67	6/7	21	Matthew	Caldwell	37	M	Northfie	VT	53:40	8:39
68	1/1	58	Sarah	Knutson	63	X	Plainfie	VT	53:43	8:39
69	6/8	57	Emily	Kline	30	F	Lebanon	NH	53:44	8:39
70	2/5	118	Charles	Windisch	71	M	Jericho	VT	53:51	8:40
71	5/10	48	George	Hamm	65	M	Montpeli	VT	54:16	8:44
72	1/1	70	Dot	Martin	64	F	Montpeli	VT	54:42	8:49
73	1/4	18	Kristen	Brosnan	47	F	Colchest	VT	55:12	8:53
74	7/8	121	Hannah	Yindra	30	F	Montpeli	VT	55:31	8:56
75	3/3	53	Evan	Kanneberg	14	M	Rincon	GA	55:42	8:58
76	8/8	131	Craig	Manning	50	M	Norwich	VT	56:40	9:08
77	6/10	100	Manuel	Sainz	69	M	Marshfie	VT	56:43	9:08
78	7/10	23	Dennis	Casey	66	M	Groton	VT	57:21	9:14
79	8/10	32	John	Diebold	66	M	Randolph	VT	57:54	9:19
80	2/3	93	Danielle	Rand	37	F	Underhil	VT	58:11	9:22
81	3/3	54	Karin	Kanneberg	50	F	Rincon	GA	58:13	9:23
82	1/3	101	Donna	Sarasin	72	F	Nashua	NH	58:43	9:27
83	1/2	91	Caitlin	Patterson	41	F	Montpeli	VT	59:01	9:30
84	8/8	106	Danielle	Simpson	32	F	West Bur	VT	59:12	9:32
85	2/4	27	Katie	Costello	49	F	Montpeli	VT	59:44	9:37
86	2/2	115	John	Valentine	75	M	Roxbury	VT	59:48	9:38
87	2/2	33	Nancy	Dorn	66	F	Quechee	VT	1:00:10	9:41
88	3/5	25	Carl	Champion	74	M	Rutland	VT	1:00:37	9:46
89	3/4	43	Jaime	Gadwah	48	F	Saint Jo	VT	1:00:58	9:49
90	1/1	22	Juniper	Casana	13	F	Hanover	NH	1:01:01	9:50
91	7/7	46	Ken	Grob	38	M	Willisto	VT	1:01:34	9:55
92	9/10	45	Michael	Gordon	68	M	Essex Ju	VT	1:01:42	9:56
93	2/3	76	Elizabet	McCarthy	72	F	Hardwick	VT	1:01:43	9:56
94	3/3	28	Merill	Creagh	72	F	Barre	VT	1:02:27	10:03
95	3/3	61	Jack	Larue	28	M	Montpeli	VT	1:03:02	10:09
96	2/2	12	Sophie	Bell	24	F	Barre	VT	1:04:25	10:22
97	2/2	14	Kathryn	Boulter	42	F	Montpeli	VT	1:04:33	10:24
98	4/5	71	John	Martin	73	M	Montpeli	VT	1:06:05	10:38
99	4/4	62	Cassia	Leenderts	48	F	Montpeli	VT	1:06:24	10:42
100	5/5	122	Thomas	Hogegoom	74	M	Hardwick	VT CVR	1:08:59	11:06
101	1/1	85	Bob	Murphy	85	M	Barre	VT	1:09:28	11:11
102	10/10	120	Tony	Wolusky	66	M	Saint Jo	VT	1:11:00	11:26
103	4/4	119	Paul	Winters	48	M	East Mon	VT	1:11:22	11:29
104	2/2	108	Sarah	Stacread-	59	F	Richmond	VT	1:11:23	11:30
105	2/3	30	Gianna	DeMarco	25	F	Claremon	NH	1:11:48	11:34
106	3/3	59	Kate	Lagersted	25	F	Barre	VT	1:12:23	11:39
107	3/3	19	Hannah	Brown	36	F	Montpeli	VT	1:14:31	12:00
108	5/5	97	James	Rohr	64	M	Barre	VT	1:22:22	13:16

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***** AGE GROUP RESULTS *****

MALE AGE GROUP: 10 - 14
1 Salvador Doyle 14 Montpelier VT 40:58
New record. Old record 41:00 by Sargent Burns in 2018
2 Jaxon O'Connor 13 Middlesex VT 44:07
3 Evan Kanneberg 14 Rincon GA 55:42
FEMALE AGE GROUP: 10 - 14
1 Juniper Casana 13 Hanover NH 1:01:01
Record 44:55 by Julie Rouelle in 1983
NONB AGE GROUP: 10 - 14
MALE AGE GROUP: 15 - 19
Record 32:17 by Steve Stebbins in 1980
FEMALE AGE GROUP: 15 - 19
1 Christina Winchell 19 Stowe VT 39:47
2 Charlotta Thomas 16 Salo FI 47:54
3 Senait Brett 16 Montpelier VT 50:12
Record 34:51 by Judi St. Hilaire in 1979
NONB AGE GROUP: 15 - 19

MALE AGE GROUP: 20 - 24
 1 Daniel Brennan 20 Saint Johnsbury VT 34:12
 2 Clifford Ransom 24 Burlington VT 35:56
 3 Justin MaGill 23 Moretown VT 50:30
 Record 30:29 by Jim Miller in 1983
 FEMALE AGE GROUP: 20 - 24
 1 Addie Hedges 22 Montpelier VT 43:10
 2 Sophie Bell 24 Barre VT 1:04:25
 Record 35:57 by Judi St. Hilaire in 1981
 NONB AGE GROUP: 20 - 24
 Record 34:02 by Kae Ravichandran in 2022
 MALE AGE GROUP: 25 - 29
 1 Jordan Lumsden 29 Barre VT 46:31
 2 Dylan Kemelor 25 Burlington VT 51:31
 3 Jack Larue 28 Montpelier VT 1:03:02
 Record 30:26 by Eric Morse in 1993
 FEMALE AGE GROUP: 25 - 29
 1 Jazmyn Sylvester-Cros 29 Saint Albans VT 42:48
 2 Gianna DeMarco 25 Claremont NH 1:11:48
 3 Kate Lagerstedt 25 Barre VT 1:12:23
 Record 35:27 by Lea Hayer in 1983
 NONB AGE GROUP: 25 - 29
 MALE AGE GROUP: 30 - 34
 1 Jurdan Mossburg 30 South Burlington VT 34:43
 2 Connor Remington 30 Burlington VT 35:31
 3 Lance Parker 31 Waterbury VT 35:38
 4 Anthony Downs 32 Essex Junction VT 37:56
 5 Luke Miller 30 Montpelier VT 38:51
 6 Sean Dunn 32 Burlington VT 39:14
 7 Randy Laprade 33 Barre VT 49:31
 Record 30:50 by Eric Morse in 1995
 FEMALE AGE GROUP: 30 - 34
 1 Rachel Rudder 32 Williston VT 37:27
 2 Jess Marini 34 Burlington VT 41:15
 3 Amy Tomasso 31 Moretown VT 46:17
 4 Jessica Ball 34 Montpelier VT 50:06
 5 Viktoria Dahill 30 Hingham MA 50:12
 6 Emily Kline 30 Lebanon NH 53:44
 7 Hannah Yindra 30 Montpelier VT 55:31
 8 Danielle Simpson 32 West Burke VT 59:12
 Record 36:43 by Gina Sperry in 1991
 NONB AGE GROUP: 30 - 34
 MALE AGE GROUP: 35 - 39
 1 Bradley Sleeper 35 Colchester VT 39:18
 2 Alex Martinez 39 Orange VT 40:16
 3 Matt Ozahowski 39 W. Newbury VT 41:01
 4 Peter Maurais 37 Barre VT 42:18
 5 Colin Rand 38 Underhill VT 53:08
 6 Matthew Caldwell 37 Northfield VT 53:40
 7 Ken Grob 38 Williston VT 1:01:34
 Record 32:34 by Tony Bates in 1997
 FEMALE AGE GROUP: 35 - 39
 1 Heather Feldman 38 Colchester VT 39:48
 2 Danielle Rand 37 Underhill VT 58:11
 3 Hannah Brown 36 Montpelier VT 1:14:31
 Record 36:37 by Kasie Enman in 2018
 NONB AGE GROUP: 35 - 39
 MALE AGE GROUP: 40 - 44
 1 Steve Andrews 43 Shelburne VT 36:22
 2 Stephen Brown 41 Montpelier VT 41:32
 3 Jarred Cobb 41 Montpelier VT 43:36
 4 Steven Abraham 41 Bethel VT 44:51
 5 Daniel Keeney 41 Calais VT 51:40
 Record 33:26 by Charles Kellogg in 1980
 FEMALE AGE GROUP: 40 - 44
 1 Caitlin Patterson 41 Montpelier VT 59:01
 2 Kathryn Boulter 42 Montpelier VT 1:04:33
 Record 38:29 by Sue Barber in 1997
 NONB AGE GROUP: 40 - 44
 MALE AGE GROUP: 45 - 49
 1 Maxfield English 49 Wolcott VT 36:59
 2 Nick Becker 47 East Montpelier VT 51:02

3 Mark	Seltzer	46 Montpelier	VT	52:03
4 Paul	Winters	48 East Montpelier	VT	1:11:22
Record 35:19 by Tom Thurston in 2012				
FEMALE AGE GROUP: 45 - 49				
1 Kristen	Brosnan	47 Colchester	VT	55:12
2 Katie	Costello	49 Montpelier	VT	59:44
3 Jaime	Gadwah	48 Saint Johnsbury	VT	1:00:58
4 Cassia	Leendertse	48 Montpelier	VT	1:06:24
Record 40:16 by Sue Hackney in 2003				
NONB AGE GROUP: 45 - 49				
MALE AGE GROUP: 50 - 54				
1 Chris	Matthews	51 Jericho	VT	38:50
2 Jon	Floyd	53 Waterbury Ctr.	VT	41:14
3 Michael	Moore	54 East Haven	VT	41:26
4 Sean	Sheehan	51 Montpelier	VT	43:39
5 Peter	Luyckx	54 Saint Johnsbury	VT	44:08
6 Salvador	Acosta	53 Waterbury	VT	47:39
7 Paul	Hochanadel	51 Burlington	VT	49:17
8 Craig	Manning	50 Norwich	VT	56:40
Record 34:44 by Doug MacGregor in 1990				
FEMALE AGE GROUP: 50 - 54				
1 Anna	Milkowski	50 Montpelier	VT	45:23
2 Carolyn	Siccama	54 Williston	VT	51:21
3 Karin	Kanneberg	50 Rincon	GA	58:13
Record 41:41 by Moira Durnin in 2001				
NONB AGE GROUP: 50 - 54				
MALE AGE GROUP: 55 - 59				
1 Binney	Mitchell	56 Burlington	VT	37:45
2 Michael	McGrane	55 Northfield	VT	38:27
3 Allen	Mead	58 Hinesburg	VT	41:05
4 Alex	McHenry	59 South Burlington	VT	42:59
5 Scott	Nichols	59 Essex	VT	46:39
6 Kari	Bradley	57 Calais	VT	49:43
7 Scott	Lovelette	56 Montpelier	VT	52:37
Record 36:30 by Doug MacGregor in 1996				
FEMALE AGE GROUP: 55 - 59				
1 Anne	Treadwell	57 Montpelier	VT	48:59
2 Sarah	Stacread-Swim	59 Richmond	VT	1:11:23
Record 42:18 by Sarah Pribram in 2023				
NONB AGE GROUP: 55 - 59				
MALE AGE GROUP: 60 - 64				
1 Eric	Morse	60 Berlin	VT	41:41
2 Curt	Weeber	63 Winooski	VT	45:18
3 Mack	Gardner-Morse	64 Calais	VT	46:48
4 Matt	Guild	61 Bellows Falls	VT	49:10
5 James	Rohr	64 Barre	VT	1:22:22
Record 38:07 by Jim Miller in 2021				
FEMALE AGE GROUP: 60 - 64				
1 Dot	Martin	64 Montpelier	VT	54:42
Record 45:28 by Sue Hackney in 2018				
NONB AGE GROUP: 60 - 64				
1 Sarah	Knutson	63 Plainfield	VT	53:43
MALE AGE GROUP: 65 - 69				
1 Tony	Bates	66 Salisbury	VT	42:00
2 Nick	Persampieri	65 Burlington	VT	42:13
3 Michael	Flanders	67 Cape Elizabeth	ME	47:02
4 Greg	Rosser	68 Conesus	NY	53:22
5 George	Hamm	65 Montpelier	VT	54:16
6 Manuel	Sainz	69 Marshfield	VT	56:43
7 Dennis	Casey	66 Groton	VT	57:21
8 John	Diebold	66 Randolph	VT	57:54
9 Michael	Gordon	68 Essex Junction	VT	1:01:42
10 Tony	Wolusky	66 Saint Johnsbury	VT	1:11:00
Record 40:56 by Norm Larson in 2024				
FEMALE AGE GROUP: 65 - 69				
1 Liz	Champagne	67 South Burlington	VT	49:24
2 Nancy	Dorn	66 Quechee	VT	1:00:10
Record 48:31 by Patty Foltz in 2013				
NONB AGE GROUP: 65 - 69				
MALE AGE GROUP: 70 - 74				
1 Keith	Boniface	71 Northfield	VT	50:22
2 Charles	Windisch	71 Jericho	VT	53:51

3 Carl	Champion	74 Rutland	VT	1:00:37
4 John	Martin	73 Montpelier	VT	1:06:05
5 Thomas	Hogegoom	74 Hardwick	VT	1:08:59
Record 45:25 by Gordon MacFarland in 2019				
FEMALE AGE GROUP: 70 - 74				
1 Donna	Sarasin	72 Nashua	NH	58:43
2 Elizabeth	McCarthy	72 Hardwick	VT	1:01:43
3 Merrill	Creagh	72 Barre	VT	1:02:27
Record 55:01 by Erika Campbell in 2022				
NONB AGE GROUP: 70 - 74				
MALE AGE GROUP: 75 - 79				
1 Gordon	MacFarland	77 Burlington	VT	48:57
New record. Old record 50:04 by Jean Bernaquez in 2007				
2 John	Valentine	75 Roxbury	VT	59:48
FEMALE AGE GROUP: 75 - 79				
Record 1:03:32 by Cindy Quackenbush in 2022				
NONB AGE GROUP: 75 - 79				
MALE AGE GROUP: 80 - 84				
Record 55:27 by Jean Bernaquez in 2013				
FEMALE AGE GROUP: 80 - 84				
NONB AGE GROUP: 80 - 84				
MALE AGE GROUP: 85 - 89				
1 Bob	Murphy	85 Barre	VT	1:09:28
FEMALE AGE GROUP: 85 - 89				
NONB AGE GROUP: 85 - 89				
MALE AGE GROUP: 90 - 94				
FEMALE AGE GROUP: 90 - 94				
NONB AGE GROUP: 90 - 94				