

CVR Members	Renew Year	Vol Status	NYE 5K	Shamrock 5K	GMAA Sap Run 10k	Mailman 10 miler	Adamant Half	Cap City 10k	Totals	# Races
Please email Joe Merrill with any errors or omissions.			12/31/2024	3/15/2025	4/6/2025	4/19/2025	5/10/2025	6/7/2025	clinched	
roadduck99@yahoo.com			Points	Points	Points	Points	Points	Points	Need 2 Vol	
										195
Female 20 - 29										
Hedges, Addie	25	Y	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	600.0000	6
Female 30 - 39										
Ball, Jessica	25		100.0000			100.0000		100.0000	300.0000	3
Chartrand, Kristine	25					83.4493	72.9396		156.3889	2
Brown, Hannah	27	Y				65.4818		67.2333	132.7151	2
Broderick, Dylan	26						100.0000		100.0000	1
Salembier, Shannon	26						76.8920		76.8920	1
Wilmers, Emily	26						67.3167		67.3167	1
Female 40 - 49										
Milkowski, Anna	25		100.0000	100.0000	100.0000		100.0000	100.0000	500.0000	5
Gadwah, Jaime	25	Y	69.5047	70.9713	67.5683	79.3834		74.4396	361.8673	5
Lapierre, Laura	26		67.7332			78.5510	71.0047		217.2889	3
Valentine, Megan	27		96.8968	95.4714					192.3682	2
Jancaitis, Jackie	28	Y				100.0000	88.0523		188.0523	2
Chabot, Katy	25					94.4232	85.5487		179.9719	2
Patterson, Caitlin	25						69.6953	76.8992	146.5944	2
Boulter, Kathryn	25		62.8586					70.3073	133.1658	2
Costello, Katie	25							75.9766	75.9766	1
Hayes, Natalia	25			69.2142					69.2142	1
Byrne, Emily	25		62.8586						62.8586	1
Female 50 - 59										
Miller-Arsenault, Jennifer	25					100.0000	100.0000		200.0000	2
Treadwell, Anne	26	Y			100.0000			100.0000	200.0000	2
Fowler, Holly	27				79.8626		84.5108		164.3734	2
Gordon, Jennifer	26				86.2867				86.2867	1
Female 60 - 69										
Smyers, Donna	27	Y	100.0000	95.8621	100.0000				295.8621	3
Martin, Dot	29			100.0000				100.0000	200.0000	2
Lasell, Cheryl	29		62.9118	60.0314					122.9432	2
Tillinghast, Phyllis	26					100.0000			100.0000	1
Rutherford, Kay	26			82.5148					82.5148	1
Female 70 - 79										
McCarthy, Elizabeth	25	Y	100.0000	98.0044	96.9976	94.2491		100.0000	489.2512	5
Creagh, Merrill	27	Y	99.3170	100.0000		86.0396		98.8257	384.1824	4
Blauwiekel, Ruth	26				100.0000	100.0000			200.0000	2
Helling, Dot	25	Y	95.8265						95.8265	1
Williams, Kimberly	25	Y		81.4747					81.4747	1
Non-Binary 60-69									-	-
Knutson, Sarah	26					100.0000		100.0000	200.0000	2

Male 70 - 79										
MacFarland, Gordon	25		100.0000				100.0000	100.0000	300.0000	3
Windisch, Charlie	25				100.0000	100.0000		90.9006	290.9006	3
Valentine, John	27	Y		100.0000		87.2511		81.8562	269.1072	3
Martin, John	29			93.5911				74.0731	167.6642	2
Hogeboom, Tim	25	Y		64.0449				70.9592	135.0041	2
Boniface, Keith	26							97.1873	97.1873	1
Hackney, John	25	Y					87.7028		87.7028	1
Shanley, Jamie	25		84.2321						84.2321	1
Male 80 +.										
Murphy, Bob	25	Y		100.0000				100.0000	200.0000	2
Ferno, Dick	25	Y		77.9435					77.9435	1