

	Birth Year	Renew Year	Vol Status	NYE 5K	Shamrock 5K	GMAA Sap Run 10k	Mailman 10 miler	Adamant Half	Cap City 10k	Birdland 5K	Totals	# Races
CVR Members												
Please email Joe Merrill with any errors or omissions.				12/31/2024 Points	3/15/2025 Points	4/6/2025 Points	4/19/2025 Points	5/10/2025 Points	6/7/2025 Points	6/21/2025 Points	clinched Need 2 Vol	
roadduck99@yahoo.com												233
<u>Female 20 - 29</u>												
Hedges, Addie	2002	25	Y	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000		600.0000	6
<u>Female 30 - 39</u>												
Ball, Jessica	1991	25		100.0000			100.0000		100.0000	100.0000	400.0000	4
Chartrand, Kristine	1986	25					83.4493	72.9396			156.3889	2
Brown, Hannah	1989	27	Y				65.4818		67.2333		132.7151	2
Broderick, Dylan	1990	26						100.0000			100.0000	1
Salembier, Shannon	1985	26	Y					76.8920			76.8920	1
Wilmers, Emily	1989	26	Y					67.3167			67.3167	1
<u>Female 40 - 49</u>												
Milkowski, Anna	1975	25		100.0000	100.0000	100.0000		100.0000	100.0000	100.0000	600.0000	6
Gadwah, Jaime	1976	25	Y	69.5047	70.9713	67.5683	79.3834		74.4396	65.8781	427.7454	6
Lapierre, Laura	1982	26		67.7332			78.5510	71.0047		76.7757	294.0646	4
Jancaitis, Jackie	1983	28	Y				100.0000	88.0523		93.2993	281.3515	3
Valentine, Megan	1978	27		96.8968	95.4714						192.3682	2
Chabot, Katy	1978	25					94.4232	85.5487			179.9719	2
Patterson, Caitlin	1983	25						69.6953	76.8992		146.5944	2
Boulter, Kathryn	1982	25	Y	62.8586					70.3073		133.1658	2
Costello, Katie	1975	25							75.9766		75.9766	1
Hayes, Natalia	1983	25			69.2142						69.2142	1
Humphrey, Katie	1976	27	Y							68.4298	68.4298	1
Nadzam, Brooke	1976	25								66.7886	66.7886	1
Byrne, Emily	1975	25		62.8586							62.8586	1
<u>Female 50 - 59</u>												
Miller-Arsenault, Jennifer	1970	25					100.0000	100.0000			200.0000	2
Treadwell, Anne	1967	26	Y			100.0000			100.0000		200.0000	2
Fowler, Holly	1974	27				79.8626		84.5108			164.3734	2
Halstead, Sara	1972	25								100.0000	100.0000	1
Gordon, Jennifer	1970	26				86.2867					86.2867	1
<u>Female 60 - 69</u>												
Smyers, Donna	1957	27	Y	100.0000	95.8621	100.0000					295.8621	3
Martin, Dot	1960	29			100.0000				100.0000		200.0000	2
Lopez, Ali	1962	24				89.3623		100.0000			189.3623	2
Lasell, Cheryl	1959	29		62.9118	60.0314					65.4799	188.4230	3
Rutherford, Kay	1960	26	Y		82.5148					72.4563	154.9712	2
Bushey, Ann	1958	26	Y							100.0000	100.0000	1
Tillinghast, Phyllis	1964	26					100.0000				100.0000	1
<u>Female 70 - 79</u>												
McCarthy, Elizabeth	1952	25	Y	100.0000	98.0044	96.9976	94.2491		100.0000		489.2512	5
Creagh, Merill	1952	27	Y	99.3170	100.0000		86.0396		98.8257	100.0000	484.1824	5
Blauwikel, Ruth	1953	26				100.0000	100.0000				200.0000	2
Williams, Kimberly	1955	25	Y		81.4747					62.1262	143.6009	2
Helling, Dot	1950	25	Y	95.8265							95.8265	1
Whitefox, Luana	1954	24			68.8742						68.8742	1

	Birth Year	Renew Year	Vol Status	NYE 5K	Shamrock 5K	GMAA Sap Run 10k	Mailman 10 miler	Adamant Half	Cap City 10k	Birdland 5K	Totals	# Races
CVR Members												
Please email Joe Merrill with any errors or omissions.				12/31/2024	3/15/2025	4/6/2025	4/19/2025	5/10/2025	6/7/2025	6/21/2025	clinched	
roadduck99@yahoo.com				Points	Points	Points	Points	Points	Points	Points	Need 2 Vol	
												233
<u>Non-Binary 60-69</u>												
Knutson, Sarah	1961	26					100.0000		100.0000		200.0000	2
<u>Male 0 - 19</u>												
Nadzam, Isaac	2011	25		95.5556				100.0000		100.0000	295.5556	3
Sheehan, Andy	2010	25		80.0860							80.0860	1
<u>Male 20 - 29</u>												
Miller, Luke	1995	25		100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	600.0000	7
Lumsden, Jordan	1995	25		83.5883	82.7537	81.3893	78.7391		83.5185	67.2745	477.2633	6
<u>Male 30 - 39</u>												
Maurais, Peter	1988	25	Y	97.2973	100.0000	100.0000	83.9824	100.0000	95.1931	93.4122	585.9025	7
Laprade, Randy	1992	25	Y	89.3431	91.7425	87.7832	75.8847		81.3194	90.8046	516.8775	6
Caldwell, Matthew	1988	27					76.8627	86.4115	75.0311	100.0000	338.3052	4
Martinez, Alex	1986	25					93.2112		100.0000		193.2112	2
Carlson, Riley	1991	27	Y					85.7526		89.5305	175.2831	2
Aitken, George	1993	27					100.0000				100.0000	1
Watt, Charlie	1993	25		100.0000							100.0000	1
Lamson, Nick	1993	24						90.8996			90.8996	1
<u>Male 40 - 49</u>												
English, Maxfield	1977	25					100.0000	100.0000	100.0000	100.0000	400.0000	4
Becker, Nick	1977	27		77.7778	100.0000		73.5994		72.4690	74.8470	398.6931	5
Brown, Stephen	1983	27	Y	90.8264			86.6867		89.0449		266.5581	3
Keeney, Daniel	1984	25							71.5806	75.1817	146.7623	2
Chartrand, Michael	1984	25					66.9408	67.6451			134.5860	2
Burke, Daniel	1983	24		100.0000							100.0000	1
Cobb, Jarred	1983	25						88.6770			88.6770	1
McConville, Andrew	1981	25		86.6719							86.6719	1
Abraham, Steven	1984	26							82.4601		82.4601	1
Seltzer, Mark	1976	25	Y						71.0535		71.0535	1
<u>Male 50 - 59</u>												
Reimer, Patrick	1966	27		95.8333	98.3771	100.0000	98.8644	96.4474			489.5223	5
Sheehan, Sean	1974	25	Y				99.6566	100.0000	100.0000	100.0000	399.6566	4
Luyckx, Peter	1971	25	Y	100.0000	100.0000		100.0000		98.9048		398.9048	4
Merrill, Joseph	1965	27	Y	84.5023			79.7545	76.1273		79.5162	319.9004	4
Richardson, Scott	1972	27				89.8066		85.3320			175.1386	2
Acosta, Salvador	1972	26	Y						91.6055		91.6055	1
Bradley, Kari	1968	26	Y						87.7975		87.7975	1
Lapierre, Brian	1968	26		76.0216							76.0216	1
Nadzam, Kevin	1973	25								70.0998	70.0998	1

	Birth	Renew	Vol		Shamrock	GMAA Sap	Mailman 10					
CVR Members	Year	Year	Status	NYE 5K	5K	Run 10k	miler	Adamant Half	Cap City 10k	Birdland 5K	Totals	# Races
Please email Joe Merrill with any errors or omissions.				12/31/2024	3/15/2025	4/6/2025	4/19/2025	5/10/2025	6/7/2025	6/21/2025	clinched	
roadduck99@yahoo.com				Points	Points	Points	Points	Points	Points	Points	Need 2 Vol	
												233
Male 60 - 69												
Gardner-Morse, Mack	1961	25		94.6006	89.2574	89.7089	93.8863		89.0670	88.0488	544.5689	6
Noonan, Tim	1956	25	Y	87.3038	83.7052	86.4729		100.0000		75.4835	432.9654	5
Morse, Eric	1965	26			100.0000	100.0000			100.0000	100.0000	400.0000	4
Lasell, Darrel	1957	29	Y	74.4904	72.8235		75.3733			71.0980	293.7852	4
Sainz, Manuel	1955	26	Y				73.1512	83.1737	73.4940		229.8189	3
Flint, Jim	1959	26	Y	100.0000			100.0000				200.0000	2
Flanders, Michael	1958	29					91.1771		88.6251		179.8022	2
Cote, Chris	1962	26		84.9834		85.5868					170.5702	2
Casey, Dennis	1958	27		77.1877					72.6824		149.8700	2
Rohr, James	1960	27	Y		59.8068				50.6070	36.9026	147.3164	3
Persamiari, Nick	1959	25							98.7367		98.7367	1
Gilbert, Andrew	1962	25					93.3475				93.3475	1
Hamm, George	1959	26							76.8120		76.8120	1
Diebold, John	1959	26	Y						71.9919		71.9919	1
Male 70 - 79												
MacFarland, Gordon	1948	25		100.0000				100.0000	100.0000		300.0000	3
Windisch, Charlie	1953	25				100.0000	100.0000		90.9006		290.9006	3
Valentine, John	1949	27	Y		100.0000		87.2511		81.8562		269.1072	3
Martin, John	1951	29			93.5911				74.0731		167.6642	2
Hogeboom, Tim	1951	25	Y		64.0449				70.9592		135.0041	2
Boniface, Keith	1954	26							97.1873		97.1873	1
Hackney, John	1945	25	Y					87.7028			87.7028	1
Shanley, Jamie	1953	25		84.2321							84.2321	1
Male 80 +.												
Murphy, Bob	1940	25	Y		100.0000				100.0000		200.0000	2
Ferno, Dick	1943	25	Y		77.9435						77.9435	1