

Berlin Pond Five Miler
2025 CVR/ORO Race Series #9
Berlin, VT
August 14, 2025

Place	Div/Tot	Name	Age	S	City	St	Club	Time	Pace
1	1/7	Maxfield English	49	M	Wolcott	VT	CVR	30:09	6:02
2	1/7	Luke Miller	30	M	Montpelier	VT	CVR	31:37	6:20
3	1/12	Tim Richmond	50	M	Williston	VT		32:01	6:25
4	1/3	Steven Supan	19	M	Montpelier	VT		33:34	6:43
5	1/12	Eric Morse	60	M	Berlin	VT	CVR	33:54	6:47
6	2/7	Stephen Brown	41	M	Montpelier	VT	CVR	34:03	6:49
7	1/5	Amanda Watters	45	F	Northfield	VT		34:04	6:49
8	1/3	Addie Hedges	23	F	Montpelier	VT	CVR	34:07	6:50
9	2/12	Tony Bates	66	M	Salisbury	VT		34:24	6:53
10	2/12	Sean Sheehan	51	M	Montpelier	VT	CVR	34:25	6:53
11	2/7	Peter Maurais	37	M	Barre	VT	CVR	35:29	7:06
12	1/3	Anna Milkowski	50	F	Montpelier	VT	CVR	36:33	7:19
13	1/4	David Poulin	23	M	Washington	VT		36:40	7:20
14	2/3	Constance Hammer	22	F	Norwich	VT		36:45	7:21
15	3/12	Mack Gardner-Morse	64	M	Calais	VT	CVR	36:49	7:22
16	3/7	Adam French	46	M	Berlin	VT		36:49	7:22
17	3/12	Patrick Reimer	59	M	Montpelier	VT	CVR	37:28	7:30
18	4/7	Todd Page	47	M	Berlin	VT		37:31	7:31
19	4/12	Scott Nichols	59	M	Essex	VT		37:34	7:31
20	3/7	Nick Lamson	32	M	Montpelier	VT		37:36	7:32
21	4/12	Curt Weeber	63	M	Winooski	VT		37:39	7:32
22	2/4	Jordan Lumsden	29	M	Barre	VT	CVR	38:28	7:42
23	5/12	Daniel Scheidt	53	M	Burlington	VT		38:35	7:43
24	5/12	Cris Cote	62	M	Essex Junction	VT	CVR	39:30	7:54
25	5/7	Daniel Keeney	41	M	Calais	VT	CVR	39:54	7:59
26	6/12	Timothy Lamson	59	M	Montpelier	VT		39:59	8:00
27	2/3	Anne Treadwell	57	F	Montpelier	VT	CVR	40:03	8:01
28	6/12	Tim Noonan	69	M	Montpelier	VT	CVR	40:30	8:06
29	6/7	Nick Becker	48	M	East Montpelier	VT	CVR	40:36	8:08
30	4/7	Randy Laprade	33	M	Barre	VT	CVR	40:47	8:10
31	1/3	Christina Guggenberge	31	F	Northfield	VT	CVR	41:01	8:13
32	5/7	Daniel Blanchard	36	M	Essex Junction	VT		41:10	8:14
33	3/4	Alexander Maurice	21	M	Websterville	VT		41:42	8:21
34	2/3	Jessica Ball	34	F	Montpelier	VT	CVR	42:15	8:27
35	7/12	Ken Bruce	67	M	Underhill Cente	VT		42:17	8:28
36	1/2	Donna Smyers	67	F	Adamant	VT	CVR	42:47	8:34
37	7/12	Ron Cleveland	56	M	Burlington	VT		43:12	8:39
38	8/12	Joseph Merrill	59	M	Montpelier	VT	CVR	43:21	8:41
39	9/12	Clayton Cargill	52	M	Danville	VT		43:38	8:44
40	3/3	Shannon Salembier	39	F	Montpelier	VT	CVR	44:37	8:56
41	2/2	Ann Bushey	67	F	Montpelier	VT	CVR	46:23	9:17
42	10/12	Bill Kaigle	55	M	Milton	VT		46:47	9:22
43	1/1	Sarah Knutson	63	X	Plainfield	VT	CVR	46:51	9:23
44	8/12	Manuel Sainz	69	M	Marshfield	VT	CVR	47:41	9:33
45	6/7	Simon Anguish	30	M	Berlin	VT		47:52	9:35
46	9/12	Dennis Casey	67	M	Groton	VT	CVR	47:58	9:36
47	3/3	Sophie Bell	25	F	Barre	VT		48:18	9:40
48	2/5	Susan Sibley	42	F	Barre	VT		48:32	9:43
49	3/3	Jeannie Dryfoos	51	F	Calais	VT	CVR	48:42	9:45
50	1/1	Elizabeth McCarthy	72	F	Hardwick	VT	CVR	48:52	9:47
51	10/12	DARREL LASELL	67	M	Williamstown	VT	CVR	49:09	9:50
52	3/5	Laura Lapierre	42	F	Plainfield	VT	CVR	49:41	9:57
53	4/4	Jack Lareau	29	M	Montpelier	VT		49:58	10:00
54	11/12	Andy Wilson	52	M	West Topsham	VT		50:53	10:11
55	1/2	Thomas Hogeboom	74	M	Hardwick	VT	CVR	51:01	10:13
56	2/2	Jamie Shanley	72	M	Montpelier	VT	CVR	52:28	10:30
57	11/12	Michael Gordon	68	M	Essex Junction	VT		52:33	10:31
58	7/7	Nathan Gage	34	M	Orange	VT	CVR	52:41	10:33
59	4/5	Jaime Gadwah	48	F	Waterford	VT	CVR	53:00	10:36
60	2/3	Jarratt Sibley	11	M	Barre	VT		56:25	11:17
61	5/5	karen Supan	47	F	montpelier	VT		57:42	11:33
62	7/7	Paul Winters	48	M	East Montpelier	VT		57:49	11:34
63	12/12	Mohamadou Ndione	53	M	North Hyde Park	VT		1:01:23	12:17

64	3/3	Marley Ndione	6 M Marshfield	VT	1:01:24	12:17
65	12/12	James Rohr	64 M Barre	VT CVR	1:09:01	13:49

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***** AGE GROUP RESULTS *****

FEMALE AGE GROUP 1 - 19						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
Record 31:10 by Rena Schwartz in 2017						

FEMALE AGE GROUP 20 - 29						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	8	Addie Hedges	23	Montpelier	VT CVR	34:07
2	14	Constance Hammer	22	Norwich	VT	36:45
3	47	Sophie Bell	25	Barre	VT	48:18
Record 31:35 by Lori Crotts in 2016						

FEMALE AGE GROUP 30 - 39						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	31	Christina Guggenberge	31	Northfield	VT CVR	41:01
2	34	Jessica Ball	34	Montpelier	VT CVR	42:15
3	40	Shannon Salembier	39	Montpelier	VT CVR	44:37
Record 33:16 by Meg Valentine in 2017						

FEMALE AGE GROUP 40 - 49						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	7	Amanda Watters	45	Northfield	VT	34:04
2	48	Susan Sibley	42	Barre	VT	48:32
3	52	Laura Lapierre	42	Plainfield	VT CVR	49:41
4	59	Jaime Gadwah	48	Waterford	VT CVR	53:00
5	61	karen Supan	47	montpelier	VT	57:42
Record 33:49 by Dot Martin in 2007						

FEMALE AGE GROUP 50 - 59						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	12	Anna Milkowski	50	Montpelier	VT CVR	36:33
2	27	Anne Treadwell	57	Montpelier	VT CVR	40:03
3	49	Jeannie Dryfoos	51	Calais	VT CVR	48:42
Record 34:01 by Sue Hackney in 2008						

FEMALE AGE GROUP 60 - 69						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	36	Donna Smyers	67	Adamant	VT CVR	42:47
2	41	Ann Bushey	67	Montpelier	VT CVR	46:23
Record 36:31 by Sue Hackney in 2018						

FEMALE AGE GROUP 70 - 79						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	50	Elizabeth McCarthy	72	Hardwick	VT CVR	48:52
Record 46:54 by Dot Helling in 2021						

FEMALE AGE GROUP 80 - 99						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====

MALE AGE GROUP 1 - 19						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	4	Steven Supan	19	Montpelier	VT	33:34
2	60	Jarratt Sibley	11	Barre	VT	56:25
3	64	Marley Ndione	6	Marshfield	VT	1:01:24
Record 26:37 by Daniel Grosvenor in 2014						

MALE AGE GROUP 20 - 29						
Place	O'All	Name	Age	City	St Club	Time
=====	=====	=====	=====	=====	=====	=====
1	13	David Poulin	23	Washington	VT	36:40

2	22	Jordan Lumsden	29	Barre	VT	CVR	38:28	7:42
3	33	Alexander Maurice	21	Websterville	VT		41:42	8:21
4	53	Jack Lareau	29	Montpelier	VT		49:58	10:00

Record 26:56 by Matt Cheney in 2015

MALE AGE GROUP 30 - 39

Place	0'All	Name	Age	City	St	Club	Time	Pace
1	2	Luke Miller	30	Montpelier	VT	CVR	31:37	6:20
2	11	Peter Maurais	37	Barre	VT	CVR	35:29	7:06
3	20	Nick Lamson	32	Montpelier	VT		37:36	7:32
4	30	Randy Laprade	33	Barre	VT	CVR	40:47	8:10
5	32	Daniel Blanchard	36	Essex Junction	VT		41:10	8:14
6	45	Simon Anguish	30	Berlin	VT		47:52	9:35
7	58	Nathan Gage	34	Orange	VT	CVR	52:41	10:33

Record 27:55 by Neal Graves in 2021

MALE AGE GROUP 40 - 49

Place	0'All	Name	Age	City	St	Club	Time	Pace
1	1	Maxfield English	49	Wolcott	VT	CVR	30:09	6:02
2	6	Stephen Brown	41	Montpelier	VT	CVR	34:03	6:49
3	16	Adam French	46	Berlin	VT		36:49	7:22
4	18	Todd Page	47	Berlin	VT		37:31	7:31
5	25	Daniel Keeney	41	Calais	VT	CVR	39:54	7:59
6	29	Nick Becker	48	East Montpelier	VT	CVR	40:36	8:08
7	62	Paul Winters	48	East Montpelier	VT		57:49	11:34

Record 27:17 by Eric Morse in 2011

MALE AGE GROUP 50 - 59

Place	0'All	Name	Age	City	St	Club	Time	Pace
1	3	Tim Richmond	50	Williston	VT		32:01	6:25
2	10	Sean Sheehan	51	Montpelier	VT	CVR	34:25	6:53
3	17	Patrick Reimer	59	Montpelier	VT	CVR	37:28	7:30
4	19	Scott Nichols	59	Essex	VT		37:34	7:31
5	23	Daniel Scheidt	53	Burlington	VT		38:35	7:43
6	26	Timothy Lamson	59	Montpelier	VT		39:59	8:00
7	37	Ron Cleveland	56	Burlington	VT		43:12	8:39
8	38	Joseph Merrill	59	Montpelier	VT	CVR	43:21	8:41
9	39	Clayton Cargill	52	Danville	VT		43:38	8:44
10	42	Bill Kaigle	55	Milton	VT		46:47	9:22
11	54	Andy Wilson	52	West Topsham	VT		50:53	10:11
12	63	Mohamadou Ndione	53	North Hyde Park	VT		1:01:23	12:17

Record 28:50 by Jim Paige in 2012

MALE AGE GROUP 60 - 69

Place	0'All	Name	Age	City	St	Club	Time	Pace
1	5	Eric Morse	60	Berlin	VT	CVR	33:54	6:47
2	9	Tony Bates	66	Salisbury	VT		34:24	6:53
3	15	Mack Gardner-Morse	64	Calais	VT	CVR	36:49	7:22
4	21	Curt Weeber	63	Winooski	VT		37:39	7:32
5	24	Cris Cote	62	Essex Junction	VT	CVR	39:30	7:54
6	28	Tim Noonan	69	Montpelier	VT	CVR	40:30	8:06
7	35	Ken Bruce	67	Underhill Center	VT		42:17	8:28
8	44	Manuel Sainz	69	Marshfield	VT	CVR	47:41	9:33
9	46	Dennis Casey	67	Groton	VT	CVR	47:58	9:36
10	51	DARREL LASELL	67	Williamstown	VT	CVR	49:09	9:50
11	57	Michael Gordon	68	Essex Junction	VT		52:33	10:31
12	65	James Rohr	64	Barre	VT	CVR	1:09:01	13:49

Record 32:30 by Ed McSweeney in 2010

MALE AGE GROUP 70 - 79

Place	0'All	Name	Age	City	St	Club	Time	Pace
1	55	Thomas Hogeboom	74	Hardwick	VT	CVR	51:01	10:13
2	56	Jamie Shanley	72	Montpelier	VT	CVR	52:28	10:30

Record 38:21 by Peter Davis in 2017

MALE AGE GROUP 80 - 99

Place	0'All	Name	Age	City	St	Club	Time	Pace
Record	53:49	by Bob Murphy	in 2021					

NONBINARY AGE GROUP 60 - 69

Place	0'All	Name	Age	City	St	Club	Time	Pace
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1	43 Sarah Knutson	63 Plainfield	VT CVR	46:51	9:23	