

CVR Members	Vol Status	NYE 5K	Shamrock 5K	GMAA Sap Run 10k	Mailman 10 miler	Adamant Half	Cap City 10k	Birdland 5K	Bear Swp 5.7 mi	Barre Heritage 5k	Berlin Pond 5 miler	Northfield 5k	Groton Forest 12K	Groton Forest 15M	Sodom Pond 4	Totals	# Races
Please email Joe Merrill with any errors or omissions.		12/31/2024 Points	3/15/2025 Points	4/6/2025 Points	4/19/2025 Points	5/10/2025 Points	6/7/2025 Points	6/21/2025 Points	7/12/2025 Points	7/26/2025 Points	8/14/2025 Points	8/30/2025 Points	9/6/2025 Points	9/6/2025 Points	9/17/2025 Points	clinched	
roadduck99@yahoo.com																Need 2 Vol	424
Female 20 - 29																	
Hedges, Addie	Y	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000		100.0000	100.0000	100.0000					600.0000	9
Female 30 - 39																	
Ball, Jessica	Y	100.0000			100.0000		100.0000	100.0000		100.0000	100.0000				100.0000	600.0000	7
Brown, Hannah	Y				65.4818		67.2333		55.2072			100.0000			81.2395	369.1618	5
Broderick, Dylan						100.0000			100.0000							200.0000	2
Salembier, Shannon	Y					76.8920					94.6956					171.5876	2
Chartrand, Kristine					83.4493	72.9396										156.3889	2
Caldwell, Kimberly	Y									96.1944						96.1944	1
Wilmers, Emily	Y					67.3167										67.3167	1
Female 40 - 49																	
Milkowski, Anna		100.0000	100.0000	100.0000		100.0000	100.0000	100.0000			93.2057	99.6902				600.0000	8
Lapierre, Laura	Y	67.7332			78.5510	71.0047		76.7757	94.0111		68.5676	78.1421	100.0000			498.4846	8
Gadwah, Jaime	Y	69.5047	70.9713	67.5683	79.3834		74.4396	65.8781	85.0198	100.0000	64.2767	74.6953			82.8064	496.3445	11
Jancaitis, Jackie	Y				100.0000	88.0523		93.2993							100.0000	381.3515	4
Chabot, Katy					94.4232	85.5487			100.0000						98.6075	378.5794	4
Valentine, Megan		96.8968	95.4714									100.0000				292.3682	3
Patterson, Caitlin						69.6953	76.8992									146.5944	2
Boulter, Kathryn	Y	62.8586					70.3073									133.1658	2
Watters, Amanda											100.0000					100.0000	1
Costello, Katie							75.9766									75.9766	1
Hayes, Natalia			69.2142													69.2142	1
Humphrey, Katie	Y							68.4298								68.4298	1
Nadzam, Brooke								66.7886								66.7886	1
Byrne, Emily		62.8586														62.8586	1
Wade-Keeney, Adrian												59.0367				59.0367	1
Female 50 - 59																	
Treadwell, Anne	Y			100.0000			100.0000		100.0000		100.0000	97.3012			100.0000	597.3012	6
Carlson, Rima												100.0000	100.0000			200.0000	2
Miller-Arsenault, Jennifer	Y				100.0000	100.0000										200.0000	2
Yang, Xin									91.5397						86.6667	178.2063	2
Dryfoos, Jeannie											82.2382				83.3853	165.6235	2
Fowler, Holly				79.8626		84.5108										164.3734	2
Hales Dugan, Heidi	Y												69.3617		73.0394	142.4011	2
Halstead, Sara								100.0000								100.0000	1
Gordon, Jennifer				86.2867												86.2867	1
Female 60 - 69																	
Smyers, Donna	Y	100.0000	95.8621	100.0000					100.0000		100.0000				100.0000	595.8621	6
Bushey, Ann	Y							100.0000		100.0000	92.2386	97.0443	100.0000		95.6974	584.9803	6
Martin, Dot			100.0000				100.0000		92.1797			100.0000				392.1797	4
Lasell, Cheryl	Y	62.9118	60.0314					65.4799		64.9700		64.6962				318.0892	5
Tillinghast, Phyllis					100.0000							77.9041			78.3585	256.2626	3
Rutherford, Kay	Y		82.5148					72.4563								154.9712	2
Pattison, Fabienne	Y									89.9217						89.9217	1
Medalie, Laura	Y														89.7959	89.7959	1

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roadduck99@yahoo.com		Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Points	Need 2 Vol	424
Female 70 - 79																	
McCarthy, Elizabeth	Y	100.0000	98.0044	96.9976	94.2491		100.0000		100.0000		100.0000	100.0000	100.0000		100.0000	600.0000	10
Creagh, Merrill	Y	99.3170	100.0000		86.0396		98.8257	100.0000	97.4750	100.0000		96.7669				595.6178	8
Williams, Kimberly	Y		81.4747					62.1262				79.2751				222.8760	3
Blauwikel, Ruth				100.0000	100.0000											200.0000	2
Helling, Dot	Y	95.8265													92.7839	188.6104	2
Non-Binary 60-69																	
Knutson, Sarah	Y				100.0000		100.0000				100.0000	100.0000			100.0000	500.0000	5
Male 0 - 19																	
Nadzam, Isaac		95.5556				100.0000		100.0000	100.0000			100.0000				495.5556	5
Jancaitis, Jacob										100.0000						100.0000	1
Sheehan, Andy		80.0860														80.0860	1
Male 20 - 29																	
Miller, Luke	Y	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000	100.0000					600.0000	10
Lumsden, Jordan		83.5883	82.7537	81.3893	78.7391		83.5185	67.2745			82.1924	100.0000				513.4421	8
Hale, Cal	Y													100.0000		100.0000	1
Male 30 - 39																	
Maurais, Peter	Y	97.2973	100.0000	100.0000	83.9824	100.0000	95.1931	93.4122	100.0000	100.0000	100.0000	100.0000			100.0000	600.0000	12
LaPrade, Randy	Y	89.3431	91.7425	87.7832	75.8847		81.3194	90.8046	84.1783	84.4093	87.0045	90.6725	83.8176		88.6076	538.9534	12
Caldwell, Matthew					76.8627	86.4115	75.0311	100.0000	89.4109			83.1565				510.8726	6
Carlson, Riley	Y					85.7526		89.5305	90.8557							266.1388	3
Gage, Nathan											67.3521	69.4737			71.0190	207.8448	3
Watt, Charlie		100.0000											100.0000			200.0000	2
Martinez, Alex					93.2112		100.0000									193.2112	2
Aitken, George					100.0000											100.0000	1
Matthies, Emery						82.4464										82.4464	1
Male 40 - 49																	
English, Maxfield					100.0000	100.0000	100.0000	100.0000	100.0000		100.0000			100.0000	100.0000	600.0000	8
Brown, Stephen	Y	90.8264			86.6867		89.0449				88.5463	100.0000			90.4127	545.5171	6
Becker, Nick	Y	77.7778	100.0000		73.5994		72.4690	74.8470	73.0980	100.0000	74.2611	83.7375			77.3493	513.7115	10
Keeney, Daniel	Y						71.5806	75.1817	72.1339		75.5639	84.9493			75.8253	455.2348	6
Chartrand, Michael					66.9408	67.6451										134.5860	2
Burke, Daniel		100.0000														100.0000	1
Cobb, Jarred						88.6770										88.6770	1
McConville, Andrew		86.6719														86.6719	1
Abraham, Steven							82.4601									82.4601	1
Seltzer, Mark	Y						71.0535									71.0535	1
Sherriff, Graham	Y								70.6058							70.6058	1

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roadduck99@yahoo.com																	424
Male 50 - 59																	
Sheehan, Sean	Y				99.6566	100.0000	100.0000	100.0000			100.0000	100.0000			100.0000	600.0000	7
Luyckx, Peter	Y	100.0000	100.0000		100.0000		98.9048		100.0000			96.2787			97.8365	596.7414	7
Reimer, Patrick		95.8333	98.3771	100.0000	98.8644	96.4474			92.2101	100.0000	91.8594					589.5223	8
Merrill, Joseph	Y	84.5023			79.7545	76.1273		79.5162	82.7912	88.3616	79.3925	75.7161		81.4931	81.5223	498.4250	10
Richardson, Scott				89.8066		85.3320								100.0000		275.1386	3
Giammusso, Michael									90.5694						88.9617	179.5311	2
Nadzam, Kevin								70.0998	72.5278							142.6276	2
Bethea, Hardin													100.0000			100.0000	1
Acosta, Salvador	Y						91.6055									91.6055	1
Bradley, Kari	Y						87.7975									87.7975	1
Lapierre, Brian		76.0216														76.0216	1
Male 60 - 69																	
Morse, Eric			100.0000	100.0000			100.0000	100.0000	100.0000	100.0000	100.0000	100.0000			100.0000	600.0000	9
Gardner-Morse, Mack		94.6006	89.2574	89.7089	93.8863		89.0670	88.0488	89.6055	93.6692	92.0779	89.2296	100.0000			563.9428	11
Noonan, Tim	Y	87.3038	83.7052	86.4729		100.0000		75.4835	83.0228	80.1865	83.7037	82.4464				524.2085	9
Lasell, Darrel	Y	74.4904	72.8235		75.3733			71.0980	70.5496	59.3103	68.9725	72.5669		90.7907	71.1659	457.2107	10
Sainz, Manuel	Y				73.1512	83.1737	73.4940			70.3117	71.0940	71.8675	75.1201		71.6155	448.4220	8
Cote, Chris		84.9834		85.5868					83.8481		85.8228					340.2410	4
Flint, Jim	Y	100.0000			100.0000				93.0654							293.0654	3
Casey, Dennis		77.1877					72.6824				70.6741		67.6139			288.1580	4
Rohr, James	Y		59.8068				50.6070	36.9026			49.1186					196.4350	4
Flanders, Michael					91.1771		88.6251									179.8022	2
Dugan, Matthew	Y												92.5973		82.4416	175.0389	2
McMath, David														100.0000		100.0000	1
Persamiari, Nick							98.7367									98.7367	1
Gilbert, Andrew					93.3475											93.3475	1
Hamm, George							76.8120									76.8120	1
Diebold, John	Y						71.9919									71.9919	1
Male 70 - 79																	
Hogeboom, Tim	Y		64.0449				70.9592		80.9604		100.0000	80.4920	100.0000		83.7898	516.2013	7
Valentine, John	Y		100.0000		87.2511		81.8562		81.3236			79.3123			82.9108	512.6540	6
Boniface, Keith							97.1873		100.0000			100.0000			100.0000	397.1873	4
Windisch, Charlie				100.0000	100.0000		90.9006					88.8819				379.7825	4
Shanley, Jamie		84.2321							83.0470		97.2363				79.7729	344.2883	4
Martin, John	Y		93.5911				74.0731		67.9157			73.2813				308.8612	4
MacFarland, Gordon		100.0000				100.0000	100.0000									300.0000	3
Hackney, John	Y					87.7028									87.5404	175.2431	2
Howe, Bob	Y											59.0185				59.0185	1
Male 80 +.																	
Murphy, Bob	Y		100.0000				100.0000					100.0000			100.0000	400.0000	4
Ferno, Dick	Y		77.9435									80.6082				158.5517	2
Cranse, Roger	Y											67.0720				67.0720	1