

Sodom Pond Run Results

September 17, 2025

(4 mile race)

Overall Female Winner: Kristen Munson 27:41

Overall Male Winner: Eric LiPuma 21:40

Overall Non-Binary Winner: Sarah Knutson 34:42

(52 finishers)

Overall Place	Age Group Place	Name	Time
<u>Female 20-29</u>			
10	1	Constance Hammer	28:32
17	2	Aine Fannon	30:51
27	3	Sophie Bell	33:18
33	4	Hannah Roberts	35:08
<u>Male 20-29</u>			
29	1	Dylan Copping	33:30
35	2	Daniel Copping	35:27
<u>Female 30-39</u>			
12	1	Esther Erbe	29:59
23	2	Jessica Ball	32:20
30	3	Marian Wolz	33:34
48	4	Hannah Brown	39:48
<u>Male 30-39</u>			
1	1	Eric LiPuma	21:40
5	2	Peter Maurais	26:50

Sodom Pond Run Results (Cont.)

Overall Place	Place in Age Group	Name	Time
<u>Male 30-39 (Cont.)</u>			
11	3	Eric Spencer	29:27
13	4	Randy Laprade	30:17
14	5	Nick Lamson	30:30
28	6	Ben Kidder	33:25
44	7	Nathan Gage	37:47
<u>Female 40-49</u>			
7	1	Kristin Munson	27:41
22	2	Jackie Jancaitis	31:52
25	3	Katy Chabot	32:19
46	4	Jaime Gadwah	38:29
<u>Male 40-49</u>			
2	1	Maxfield English	23:44
3	2	Stephen Brown	26:15
9	3	Mark Isselhardt	28:04
16	4	Nick Becker	30:41
20	5	Daniel Keeney	31:18
<u>Female 50-59</u>			
18	1	Anne Treadwell	31:12
36	2	Xin Yang	36:00
40	3	Jeannie Dryfoos	37:25
50	4	Heidi Hales Dugan	42:53

Sodom Pond Run Results (Cont.)

Overall Place	Age Group Place	Name	Time
<u>Male 50-59</u>			
6	1	Sean Sheehan	27:08
8	2	Peter Luyckx	27:44
15	3	Michael Giammusso	30:30
<u>Female 60-69</u>			
31	1	Donna Smyers	33:44
34	2	Ann Bushey	35:15
41	3	Laura Medalie	37:34
51	4	Phyllis Tillinghast	43:03
<u>Male 60-69</u>			
4	1	Eric Morse	26:27
24	2	Matt Dugan	32:05
26	3	Joe Merrill	33:17
38	4	Manny Sainz	36:56
39	5	Darrel Lasell	37:10
<u>Non-Binary 60-69</u>			
32	1	Sarah Knutson	34:42
<u>Female 70-79</u>			
42	1	Elizabeth McCarthy	37:43
49	2	Dot Helling	40:39
<u>Male 70-79</u>			
19	1	Bill Boniface	31:16
21	2	Keith Boniface	31:37
43	3	Tim Hogeboom	37:44

Sodom Pond Run Results (Cont.)

Overall Place	Age Group Place	Name	Time
<u>Male 70-79 Cont.)</u>			
45	4	John Valentine	38:08
47	5	Jamie Shanley	39:38
<u>Male 80-89</u>			
37	1	John Hackney	36:07
52	2	Bob Murphy	43:59

Many thanks to the following volunteers whom graciously stepped in to do whatever needed doing: John Hackney, Nick Becker, Daniel Keeney, Richard Cleveland, Chris Andresen, Luke Miller, Addie Hedges, Cal Hale, Oscar Repreza, Heather Tomlins.

Tim Noonan, Race Director